



CENTRES for HEALTH & EDUCATION PROGRAMMES

Empowering | Promoting Health, Education and Development | Improving lifestyles

CHEPs UPDATE

Jul - Sep 2015

IN THIS ISSUE

About Us

The Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organisation (NGO) in Kenya. Its goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

CHEPs organises health/eye care screening and treatment camps, provides assistance for emergency medical and surgical care, sponsorship and career mentorship to deserving students, emergency relief and rehabilitation efforts in drought/famine disaster affected areas of Kenya, undertakes development and humanitarian projects in underprivileged areas of Kenya.

Vision

CHEPs envisions the underprivileged across Kenya empowered with equal access to quality health and education services, improved agriculture and environment for a dignified lifestyle.

Mission

CHEPs' mission is to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community.

Our projects include:

Health care

eye camps, emergency medical treatments, limb prosthesis



Education

student sponsorship, student mentorship centre, library set up, desk, chair, solar lights & books distribution



Agriculture

farming support, irrigation projects, animal husbandry



Environment

trees planting, organizing cleanup/hygiene projects in villages

Development

microfinance & infrastructure for promotion of health and education, improving water supply through digging & rehabilitation of wells



Humanitarian

emergency relief during famine & drought



CHEPs education support



2 CHEPs Eye camps at Kayole & Mathari Slums



CHEPs sanitation projects

EMPOWERMENT IS OUR MOTTO

Contact us to be part of a humanitarian cause and let's make the world a better and equitable place to live in for all!

info@chepskenya.com

SUMMARY OF THIS QUARTER'S ACTIVITIES BY CHEPS:

Health Projects

Medical treatment

- Seven year old Habiba Dahir Bishar from Bangal, Tana River in Garissa county & 8 year old Nasteha Adan from Liboi, Garissa underwent eye surgery to cure reversible blindness (cataract). Their vision is now restored and they can live a normal childhood.
- Kipro, a child from Kitale, who sustained severe burns of his face after falling into burning firewood brought to Nairobi for reconstructive surgery of his eyelids after CHEPs diagnosed exposure keratitis (dryness of the eye that leads to blindness) during one of our outreaches.

Eye Camps #39 Held at Kayole, Nairobi County. This was during an educational fare that brought together students from neighbouring schools. Close to 100 students were seen and treated for various ophthalmic diseases.

Eye Camps #40 Held at Mathari slums, Nairobi County. A total of 149 slum residents were seen and treated for various ophthalmic diseases.

CHEPs Backpack medical project: Launched on 6th September 2015, the project entails a CHEPs registered Clinical Officer visiting needy households of Kawangware, and providing primary health care, free of charge, at the convenience and privacy of their homes.

Education Projects

Education sponsorship

A total of 30 students currently being sponsored, 12 of whom at Secondary school level and 18 at College and University Level.

Education support

CHEPs constructs of a classroom in Wayamajibril primary school located within Garissa country, aimed at improving access to education in the area.

CHEPs Busia Student Mentorship Centre

Weekly mentorship at the Centre ongoing

CHEPs Kawangware Student Mentorship Centre

Weekly mentorship at the Centre is ongoing. A seminar was conducted this quarter to teach the students on oral hygiene.

Agriculture Projects

Greenhouses and Irrigation

The two green houses that were installed in Garissa County, one at Al-Farooq orphanage in Garissa town and the other in Alikune village, last quarter, are progressing well in meeting the target of food production to meet the deficit faced by the communities.

Environment Projects

Tree planting

Katra, a CHEPs sponsored university student has planted 300 trees in Garissa town.

Development Projects

Wells digging & rehabilitation

CHEPs has this quarter dug 12 wells in Wajir County, and rehabilitated 32. This brings the total to 232 wells dug and 515 rehabilitated, of which 27 were dug and 42 rehabilitated this year.

Sanitation

CHEPs constructs latrines and shower cubicles at Wayamajibril primary school located within Garissa country, aimed at improving sanitation in the area.

Humanitarian

Eid Celebrations

Two goats were donated by CHEPS to Wajir special secondary and Wajir deaf primary schools.

Other Activities

CHEPs talent kids project

18 street children are being accommodated in two shelters at Kawangware slums of Nairobi. So far two of them have been admitted at Light Academy School. Plans are underway to integrate more of them into formal schools.

CHEPs disabled children support

CHEPs is supporting five disabled children to undergo daily physiotherapy and another two are sponsored in special school.

Health

Medical Treatment

Seven year old Habiba Bishar from Bangal & 8 year old Nasteha Adan from Liboi, Garissa County were born blind (with congenital cataract) and have over the years lived in that state. As a result they were unable to live a normal childhood, go to school, nor play with their friends

CHEPs sponsored and facilitated the surgeries for the two girls to restore their vision. They were successfully conducted in Kikuyu Eye hospital in July 2015. Their vision has since been restored and they can now live a normal childhood.



Habiba (left) and Nasteha (right) before surgery



Nasteha following surgery

Elly Kipro, is an 8 year old child from Kitale, who sustained severe burns of his face after falling into burning firewood 4 years ago. His face was deformed, and left eyelid destroyed. He was brought to us during the 35th CHEPs eye camp held in Kitale. Of concern to us was his missing left eyelid, which prevented him from closing the eye. This meant that his eye was exposed to dryness all the time and was at risk of going blind due to a condition known as exposure keratitis. (The action of blinking spreads a film of tears on the eye, enabling us to keep our eyes moist). In order to prevent blindness, there was need to reconstruct the eyelid to allow him to blink and close the eye.

Due to lack of capacity to perform the surgery, during the camp, CHEPs transported him to Nairobi and negotiated with Lions Hospital to undertake the surgery and waiver their charges. The hospital was kind enough to accept the proposal; however on examination it was noted that a chronic wound on his forehead posed a risk if surgery was performed. The procedure was therefore postponed, and the boy transported back to Kitale for wound care with the support of CHEPs. The surgery will be performed once the wound is healed.



Elly happy to meet CHEPs team members



Elly unable to close his left eye. Note the infected wound on his forehead

MEDICAL TREATMENT SUPPORT

We come across very many deserving cases of children suffering different conditions, but lacking access to healthcare due to financial constraints. Our ability to support such cases is limited by the availability of funds.

Assist such needy children to access health care.

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Eye Camp #39

The 39th CHEPs eye camp was held in Kayole, Nairobi County. Kayole is a low-income settlement in the outskirts of Nairobi that has an estimated population of over 89000 residents. The camp was conducted at Brown Hill Secondary School, during an educational fare that brought together students from neighbouring schools. It aimed at providing eye care to the students, who could not afford the services, thereby enhancing their education through ensuring healthy vision.

Close to 100, patients, mostly students, were seen and treated for various ophthalmic conditions. Below is a summary of activities performed by the CHEPs team:

- Reading glasses dispensed: 3
- Eye drops dispensed to treat various eye conditions: 65
- Myopia cases diagnosed and referred to suitable caregivers: 22
- Other conditions and referrals: 1



Brown Hill Secondary School



CHEPs volunteer registering patients



The team



CHEPs volunteer conducting a visual equity examination



CHEPs team members being consulted

Eye Camp #40

The 40th CHEPs eye camp was held in Mathare slums of Nairobi County. The slum, considered to be the second largest in Kenya, hosts an estimated population of over 600,000 people, with the majority lacking access to basic needs, let alone health and eye care.

A total of 149 patients of different age groups, were seen and treated for various ophthalmic conditions. Below is a summary of activities performed by the CHEPs team:

- Reading glasses dispensed to presbyopia patients: **63**
- Eye drops dispensed to treat various eye conditions: **97**
- Myopia cases diagnosed and referred to suitable caregivers: **21**
- Cataract blindness cases diagnosed and referred for surgery: **7**
- Other conditions and referrals: **10**



CHEPs eye team members being consulted



CHEPs eye team member being consulted



CHEPs team member being consulted



CHEPs team member instilling eye drops into a patient's eyes



The team

EYE CARE

Did you know?

285 million people worldwide are visually impaired.

14% of them are completely blind

80% of the blind cases are easily preventable, when captured on time, or easily reversible with simple intervention.

Join us in our endeavour, to prevent blindness and restore vision on millions of reversibly blind people.

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CHEPs Backpack medical project

Kenya's population is estimated at over 40 million. A significant proportion of the population however lives in poverty, and lacks access to basic needs including healthcare. Other than lack of resources, disease stigmatisation, e.g. HIV stigma, prevents low resource individuals from seeking healthcare. Furthermore, poor living conditions, congestion as well as lack of knowledge of disease prevention predispose low resourced communities to diseases. These result in suffering, spread of diseases as well as mortality in sever cases.

In an attempt to improve access to health care, among needy people, CHEPs has since September 6th 2015, launched the **CHEPs backpack** project, in Kawangware slums. This seeks to deliver basic health care to needy people at the convenience and privacy of their homes. It entails home visits by CHEPs volunteer medical practitioners, armed with a backpack filled with a wide variety medicines, as well as medical equipment to perform basic examinations and tests.

Basic ailments are diagnosed and treated while diseases that require specialised care are referred to suitable facilities for further treatment. In addition to curative medicine, the team also deworms and provides nutritional supplements to children. Communities are also educated on disease prevention, and plans are underway to provide them with water purification chemicals so as to prevent diarrhoea, which is the second leading killer of children below the age of 5 years worldwide.



CHEPs volunteer medical practitioner during a home visit



CHEPs volunteer medical practitioner during a home visit



CHEPs volunteer medical practitioner during a home visit



CHEPs volunteer medical practitioner during a home visit

BACK PACK MEDICAL PROJECT

When quality medical care is not accessible to the poorest of the poor, CHEPs takes it to them. This however requires constant supply of both pharmaceutical and non-pharmaceutical products which are given free of charge to the beneficiaries.

Join us in providing healthcare to the destitute.

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Education

CHEPs Kawangware Student Mentorship Centre

Kawangware mentorship centre is currently in its 4th year of operation. It provides a forum for the mentorship of slum children in academics, career guidance, life skills and social empowerment. The mentors that run the centre are CHEPs sponsored university students who are pursuing different courses ranging from medicine and engineering to law and education. This provides a variety of skills and experience to cater for all career aspirations among the mentees.

This quarter's seminar was on oral hygiene conducted by volunteer dental students from University of Nairobi. The mentees were taught on the importance of good oral hygiene and how best to maintain it.



Oral hygiene seminar in progress



All students received free toothpaste and toothbrushes courtesy of CHEPs

STUDENT MENTORSHIP CENTRE

Help the young slum students to attain mentorship/education as they grow up to become better individuals.

Be a part of improving lives of these young students

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Student Sponsorship Programme

In Kenya, primary school education has since 2003 been free of charge, after the government abolished tuition fees in public primary schools. This provided access to millions of children who could initially not afford primary school education. Secondary and tertiary education is however not free, leading to many smart children being locked out due to financial constraints.

CHEPs strives to support such smart needy students across the country by sponsoring their secondary and tertiary education. The programme currently supports a total of 30 students, of which 12 are at secondary school level and 18 at College &

University Level, coming from diverse backgrounds and races. This aims at combating poverty by provision of education.

The college and university level students are required to undertake community service projects of their choice, which are closely supported and monitored by CHEPs. This unique approach ensures a ripple effect in the empowerment, where for each supported student, a community benefits from services rendered by the student. Ultimately, once the student is educated and empowered, his/her family as well as community benefits from his/her support.

Below is the testimony of one of our university students:

Dorise Ngonga Akoth, Bachelor of Education Arts, with IT at Maseno University



"My name is Dorise Akoth Ng'ong'a (Zainabu), I am 19 years old. I come from a family of seven siblings. My dad lost his job with Posta Telecommunications Nakuru in 1989 and was unable to get employed thereafter. He eventually gave up and left the task of bread winning for my mother who was a secretary in a school in Nakuru. Later in 2003 she also lost her job due to computer illiteracy plunging my family into real poverty.

We were forced to move to the village and start peasant farming because in town we were almost becoming a street family. My parents struggled and even sold their piece of land to educate my older siblings up to form four and none had any dream to proceed to a college.

My life through high school was a real struggle since I was repeatedly sent home due to unpaid tuition fees and could hardly keep up with others in class. Our school clerk could sometimes hide me while sending others with arrears home because she understood my background, the Principal realized this and tried to also keep me because of my good performance. Later he also got tired and I was forced to stay home for the whole of form three second term.

When I was joining form four, I was introduced to CHEPs by my sister Fatuma Adhiambo who is also sponsored by CHEPs (Egerton University). CHEPs paid all my fees including my exams registration. I managed to score B (plain) in my Kenya

Certificate of Secondary Education examination. The organization helped me realize my dream of joining university, and I am now a student in Maseno University pursuing Education arts (English Literature) also through CHEPs sponsorship.

My gratitude and thanks cannot be expressed by mere words. Long live CHEPs!

EDUCATION SPONSORSHIP

For the sustainability of this programme, there is need for constant availability of funds, which has of late proven to be a challenge. This has made it difficult to not only admit new students into the program but also risks the continuity of the current 30 students on board.

CHEPs believes that education is the key to elimination of poverty. Join us in this endeavour, one bright student at a time.

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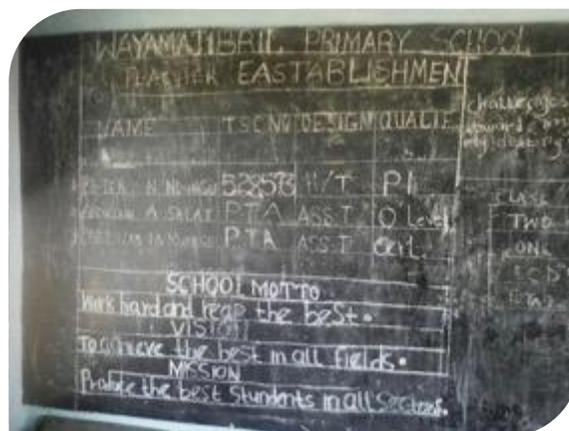
Education support

The Second Millennium Developmental Goal, (MDG-2), set by the United Nations, following the millennium summit in the year 2000, aims to achieve universal primary education by the year 2015. In an effort to accomplish the same, the government of Kenya introduced free primary education in January 2003. This however meant massive increase in enrolment leading to congestion in public schools.

CHEPs has since embarked to support access to education by supporting hard hit schools. Such support includes construction of classrooms and latrines, provision of school furniture, distribution of books, supplying solar lights to students in rural areas that have no access to electricity, and setting up of mentorship centres to mentor needy students.

CHEPs recently constructed a classroom in Wayamajibril primary school located within Garissa country, over 100km from Garissa town. This was undertaken on request of the area Assistant chief, and following needs assessment by a CHEPs team member. The construction was financially supported by Qfatima, a charitable organization based in United Kingdom.

The project has now been completed and handed over to the community. CHEPs wishes to express its heartfelt gratitude to Qfatima for supporting the needy people of Wayamajibril.



The school motto, vision and mission.



The site before ground breaking



Completed classroom, front elevation



Completed classroom, side elevation



Completed classroom, interior view

EDUCATION SUPPORT

Many schools in rural areas lack basic infrastructure including classrooms, furniture, books and stationery. Such schools struggle to provide education to overwhelming numbers of students.

CHEPs believes that education is the key to elimination of poverty. Join us in supporting these school, they need your help.

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Agriculture

Greenhouses and Irrigation

According to the World Food Program, Close to 800 million people worldwide lack access to food. Furthermore, Sub-Saharan Africa has the highest prevalence of hunger occurring in 1 in 4 people! In Kenya, it is estimated that 40% of the population lacks sufficient food, and the worst hit is the North Eastern region.

CHEPs strives to improve food security in the region by implementing irrigation and farming projects. This includes setting up of farms, greenhouses, and household kitchen

gardens, as well as providing water for irrigation through digging of wells and boreholes.

Last quarter, CHEPs set up two large green houses in Garissa County. One was done in Alikune village 150 km from garissa town, to provide food for residents and the second one was installed in Al-Farooq orphanage in Garissa town which houses over 400 orphans.

This quarter's evaluation has shown very high yield of food from the projects, which are fulfilling their aim of meeting the food deficit of the communities.



Alfarooq orphanage children picking kales from the CHEPs kitchen garden and greenhouse



Watermelon grown in the CHEPs greenhouse



Watermelon being served to the orphans at Al-farooq orphanage

FARMING SUPPORT

800 million people worldwide and over 40% of Kenyans are food insecure. The prevalence of food insecurity is much higher in CHEPs areas of activity such as North Eastern Kenya.

CHEPs believes in empowering people to grow their own food rather than distributing relief food. This is more effective and sustainable.

Your assistance is needed in feeding the hungry.

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Environment

Tree Planting

The Millennium Development Goal 7 (MDG7) aims to ensure environmental sustainability by reversing the loss of environmental resources.

In keeping with this global goal, CHEPs strives to preserve the environment by planting of trees. We have so far planted over 11000 trees in rural parts of Kenya, with emphasis in arid and semi-arid areas. Trees are also planted around CHEPs wells to ensure ease of watering.

This quarter, Katra Dahir a CHEPs sponsored student at University of Nairobi pursuing a Bachelor of Science degree in Mathematics and Physics, planted 300 trees in Garissa, her home town. This was part of her community service project, which is required for sponsorship, and was funded by CHEPs.





Seedlings that were planted

ENVIRONMENTAL SUSTAINABILITY

The future generation needs us to preserve the environment for their survival! Lets reverse the environmental damage we have done.

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Development

Wells digging & rehabilitation

Lack of access to safe drinking water is the number one crisis worldwide. It is estimated that 1 billion people all over the world face this predicament, more than 80% of whom live in rural areas. It is feared that the crisis is fast growing with the increasing population. The situation in Kenya is no different. With 80% of its land found in arid and semi arid areas, recurrent droughts, increased water demand and poor management of water supply have led to 17 million out of the 40 million people living in the country lacking access to this valuable resource. Most Kenyans rely on agriculture directly or indirectly, and lack of access to water leads to hunger in addition to thirst. Northern Kenya is the hardest hit having an average annual rainfall lower than 200 mm of the country's average 630 mm.

CHEPs aims to alleviate the problem by providing water to the worst affected communities by digging wells and boreholes, so as to improve supply of this precious commodity that is not only needed for drinking, but also for improved hygiene and sanitation.

CHEPs targets the most destitute, and marginalized in the communities who may be denied access to water by other community members. They include the minority clans, elderly, disabled, widows, orphans. Also supported are institutions such as schools and orphanages.

CHEPs has so far dug 232 and rehabilitated and cupped 515 wells out of which 27 wells were dug and 42 were rehabilitated this year. These wells have ensured access to water by marginalized individuals; elderly and disabled persons no longer require to walk long distances; Women and girls also feel safer having their own well; Students get more time off from fetching water which they can use for education and other useful activities.

These wells also provide opportunities for subsistent farming, and tree plantation, thereby improving food security and environmental sustainability respectively. In the areas that CHEPs has dug wells using this strategy, despite the frequent drought, people have not suffered from lack of water and food.

Wells dug this quarter

12 wells were dug this quarter



Well number D221 dug with support from BCT

Zeinab Humow of Jogoo village is a needy single parent after reportedly being abandoned by her husband. She was very delighted to have her own well and declared that she will use the water for domestic use and tree planting.



Well number D222 dug with support from BCT.

Adan Garat of Bahati village is a needy widow who sells vegetables at the village market to sustain her family. She was very grateful to receive her well. The well will support her vegetable business as well as provide her family with water for domestic use.



Well number D224 dug in memory of Late Noorali Merali & Lailabai Noorali Merali

Nuria Hussein of Jogoo village is a destitute divorcee with young school going children. She lacked access to water, forcing her to seek the precious commodity from neighbours. This was proving to be a very tedious activity, which was undertaken by her children at the expense of education time.



Well number D223 dug with support from BCT.

Omar Billow of Bahati village is a young unemployed man who does menial jobs to earn an income. He used to travel far to fetch water, and was grateful to have his own well. His CHEPs well has not only provided him water for domestic use, but a new business opportunity. He is now supplying water to local kiosks and homes at a nominal fee.



Well number D225 dug in memory of Munawer Ukera who lived and died serving the orphans and needy

Sultana Mohamed of Jogoo village is a poor and elderly woman, who resides in Jogoo village. She lives with her orphaned grandchildren. She lacked access to water, forcing her to seek the precious commodity from neighbours. This often caused fighting between her grandchildren and the neighbourhood children. She was very delighted to receive her own well as it would solve many challenges she initially faced.



Well number D226 dug for the isaale thawaab of Marhumins of Gulamhusein Nazerali Dewji

Halima Adan, a resident of Makaror village is a needy and ailing woman, who takes care of her divorced daughter and small grandchildren. She lacked access to water, forcing her to seek the precious commodity from neighbours who often denied it to her. CHEPs intervened and dug a well for her and her family. On handing over of her well, Halima was truly grateful that her water problems were now solved.



Well number D228 dug in loving memory of Late Yusufali G. Dharsi and Late Mrs. Rubab Y. Dharsi.

Mohamed Hujale is a poor widower whose wife died recently leaving behind young children. He is unemployed and does odd jobs to feed the children. Previously, he used to fetch water from a neighbour's well about 500 metres away and was very happy to have his own well. He will use the water for domestic consumption as well as for his few goats. He also intends to grow shade trees now that he has adequate water supply



Well number D227 donated by Fatema Jaffer Gulam & Abbas Bandali, in commemoration of the thirst of the martyrs, who gave their lives in the tragedy of karbala

Suldana Ali Dahiye is a needy young woman whose family recently settled in Makoror village after losing their livestock during past droughts. The husband is unemployed and cuts firewood to fend for the family. Before CHEPs came in to help, the family used to fetch water from a neighbour's well. Their CHEPs well is providing them water for drinking, domestic use and also for growing shade trees within their compound



Well number D229 dug with support from Riara University Muslim Student Association (RUMSA)

Maryan is a destitute woman married to an unemployed husband. She and her family recently settled in Makoror Village of Wajir County after losing their livestock in a recent famine. They have since lacked access to water, as there is no well near their homestead forcing them to walk long distances in search of the precious commodity. On handing over of the well to Maryan and her family, she expressed heartfelt gratitude, and declared that she would utilize the water for domestic needs, farming as well as growing trees.



Well number D230 dug In Memory of Gulamhussein Kurji, Fatmabai Kurji, Fazal Rawji, Sakinabai Fazal Rawji, Mohamedali Fazal Rawji and Mohamed Jaffer Fazal Rawji

Abdia is a member of a destitute family whose husband is sickly and unemployed, hence unable to support the family. They therefore depend on hand-outs from relatives and well-wishers for their daily needs. Before CHEPs came in to help, they were forced to walk long distances to fetch water. On completion, it was handed over to Abdia's husband as she was in hospital accompanying her sick child who had been admitted for treatment. He was very delighted and expressed his gratitude to the donors. He reported that his children would no longer need to walk long distances to fetch water.



Well number D231 dug In Memory of Mohamedali Fazal Rawji

Jamila is an elderly woman who lives with her divorced daughter and grandchildren in Jogoo village. The family is destitute and lacks access to water forcing them to fetch it from neighbouring wells. This often caused conflict among them, thereby limiting their access to this valuable commodity. On completion of the well, it was handed over to the family, which was extremely happy to receive their own well.



Well number D232 dug In Memory of Mohamedali Fazal Rawji

Hussein is young farmer who currently grows trees and vegetables. He relied on drawing water from a neighbour's well in order to water his plants. This limited water supply was however preventing growth of his farming activities. CHEPs intervened and dug him a well within his compound. It was handed over to a delighted Hussein who vowed to diversify his farming activities and grow his yield to meet family's need as well as sell to generate income. CHEPs is grateful to BCT for funding this.

WATER SUPPLY

Water is life, and without it there can be no survival. Many communities are forced to walk very long distances in search of this valuable commodity. Join us in bringing life to communities that are threatened by thirst.

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Sanitation Project

According to United Nations statistics:

1. 2.5 billion people (37% of global population) to date lack access to adequate sanitation
2. Such people are forced to practice open defecation, which has been shown to cause diseases such as cholera.
3. Every 20 Seconds, a child dies due to poor sanitation.
4. 80% of diseases in developing countries are caused by unsafe water and poor sanitation.
5. Access to good sanitation and safe water could save 1.5 million children per year.

It is due to the above statistics that CHEPs has embarked to support access to safe water and sanitation for needy communities in Kenya. Such support includes digging of boreholes and wells, construction of sanitary facilities, educating communities on hand washing, hygiene, and disease prevention.

CHEPs aims to save millions of lives through provision of safe water and suitable sanitation facilities.

CHEPs has recently completed the construction of two latrines and two shower cubicle at Wayamajibril primary school located within Garissa country, over 100km from Garissa town. This was undertaken on request of the area Assistant chief, and following needs assessment by a CHEPs team member. It was reported that students either practice open defecation, or walk more than 2km to the village to relieve themselves.

The project has now been completed and handed over to the community.



One of the latrines with two cubicles



Another latrine



Rear elevation



Side elevation

SANITATION

37% of people worldwide lack access to adequate sanitation. Many of such people practice open defecation which causes life threatening disease outbreaks such as cholera.

Join us in putting an end to open defecation.

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Other Activities

Eid celebrations

CHEPs donated 2 goats to Wajir Special Secondary and Wajir Deaf Primary schools. This was during the Muslim Eid celebration. The aim was to give the often-neglected children reason to celebrate during the festive period. The goats were received by the Principal Mrs. Ruth and her students who expressed heart felt gratitude for the donation.



The head teacher receiving the goats



Tasty goat meat served with rice



The teachers and students enjoying the goat meat

CHEPs talent kids project

It is estimated that there are 100 million street children worldwide, 250,000 in Kenya of whom 60,000 live in Nairobi which makes up 0.1% of the country's area.

These children lack the basic necessities of life, and are unhealthy and malnourished. They are commonly forced into child labor, sexual abuse and prostitution, crime and illicit drugs among other social challenges. Furthermore, they contribute significantly to insecurity at their young as well as mature age.

They are commonly perceived as a menace and are usually ignored and separated from community. The social and economic challenges that surround them are highly complex and turning a blind eye only fuels this rapidly growing calamity.

CHEPs however never turns a blind eye. In our spirit of supporting the poorest of the poor, we support street children by providing them shelter, food and clothing.

CHEPs currently maintains two shelters that accommodate 15 homeless children in Kawangware slums of Nairobi. In addition to food and clothing, the children receive lessons in literacy, numeracy & drawing everyday. The aim of the program is to rehabilitate the children, and integrate them into schools and vocational training centres so as to empower them to become self sufficient members of the society.

So far CHEPs has secured and is sponsoring two children in Light Academy School. Plans are underway to have admit some children into vocational training.



CHEPs volunteer, Noel (left), takes a "selfie" with one of the street children.



Noel takes some of the children shopping

CHEPs disabled children support

The World Health Organization estimates that over one billion people worldwide live with disability, of whom around 200 million are unable to function normally. Statistics have shown that the numbers are rising. Majority of such people don't live a normal life and many a times are isolated from society, which often neglects them, and perceives them as a burden.

As always, CHEPs does not turn a blind eye, and believes that every disable person has a right to living a normal life without discrimination. We endeavour to extend assistance giving priority to children of disability. We support such children to receive rehabilitative physiotherapy and medical attention as well as sponsor their education in special school. We also periodically support the families with supplies such as food, to reduce the burden on them.

So far CHEPs is supporting five disabled children to undergo daily physiotherapy and another two are sponsored in special school. The children were initially locked up in their homes, and were progressively deteriorating and regularly fall sick. The children's families and school administration report major improvement in the children including gained milestones such as ability to sit, walk, talk and follow instructions. Furthermore we have recorded a reduction in the frequency of the children falling sick.

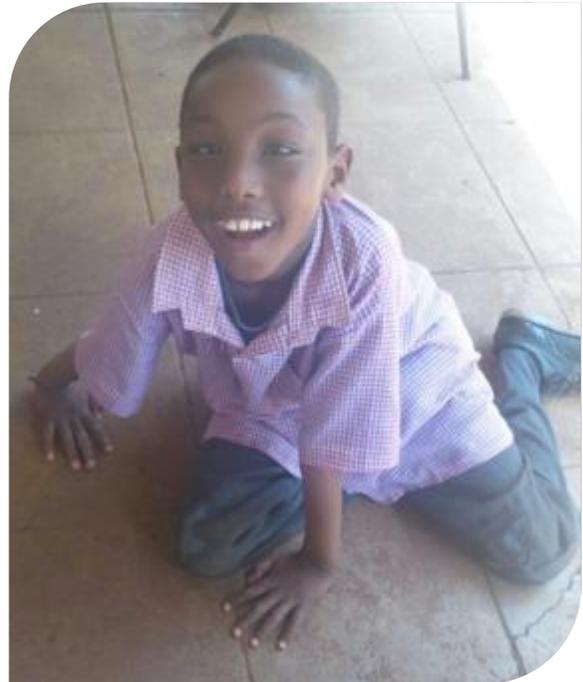
CHEPs envisions to see these children acquire skills to become self sufficient members of society.

CHEPS TALENT KINDS

Street children are commonly described as a representation of the most marginalized, discriminated and neediest persons in the world. The social and economic challenges that surround them are highly complex and turning a blind eye only fuels this rapidly growing calamity.

Join us in our efforts to restore hope in these children and curbing many social challenges affecting communities.

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Sharif Hussein enjoying himself at school sponsored by CHEPS.

CARANDA SCHOOL FOR THE MENTALLY HANDICAPPED
 CONFIDENTIAL SCHOOL REPORT FOR NURSERY CLASSES

NAME: SHARIF INKREW AGE: 11 YRS
 TERM: N/A DATE: 30/6/15
 CLASS: NURSERY TEACHER: A. K. K. K.

SUBJECT/SKILL	PERFORMANCE
READING ACTIVITIES	- Follows simple instructions
NUMBERS ACTIVITIES	Can manipulate various pre-number materials
WRITING SKILLS	- Manipulates various learning materials
PERCEPTUAL SKILLS	- Can grasp, hold and release objects
ART/CRAFT	- Can manipulate / play with various learning materials
PHYSICAL EDUCATION	- enjoys outdoor activities - capable of holding and throwing a ball.
MUSIC AND MOVEMENTS	- enjoys listening to music. - can make dancing movements while sitting
ADL	- Has not acquired much of the daily living skills such as feeding, washing, etc.
BEHAVIOUR	Good. He is a very social boy.

TEACHER'S COMMENTS: Sharif is doing well. Can acquire more with time.

CLASS TEACHER'S SIGNATURE: [Signature]
 HEADTEACHER'S SIGNATURE: [Signature] 3/3/2015
 CLOSING DATE: 1-4-15 OPENING DATE: 6/5/15

Sharif's report form

JACARANDA SCHOOL FOR THE MENTALLY HANDICAPPED
 CONFIDENTIAL SCHOOL REPORT FOR NURSERY CLASSES

NAME: Cynthia AGE: 5 YRS
 TERM: N/A DATE: 28-7-2015
 CLASS: Nursery TEACHER: Alice

SUBJECT/SKILL	PERFORMANCE
PRE-READING ACTIVITIES	Cynthia is trying very hard to say the alphabet with teacher's assistance. Also her speech is improving.
PRE-NUMBERS ACTIVITIES	She is learning numbers 1-10 which she can recite with teacher's assistance.
PRE WRITING SKILLS	Can scribble freely with teacher's assistance.
PERCEPTUAL SKILLS	Her walking has improved as a result of improved eye-sight.
ART/CRAFT	Can colour shapes with assistance.
PHYSICAL EDUCATION	She likes swinging, ascending stairs & sliding.
MUSIC AND MOVEMENTS	Loves listening to music
A.D.L	she can feed herself with no problem.
BEHAVIOUR	she is a very well behaved and pleasant girl.

TEACHER'S COMMENTS: Let her continue learning numbers and the alphabet at home.

CLASS TEACHER'S SIGNATURE: A.
 HEADTEACHER'S SIGNATURE: [Signature] 3/3/2015
 CLOSING DATE: 31st July 2015 OPENING DATE: 2-9-15

Cynthia's report form



Cynthia Abishan at special school sponsored by CHEPs

DISABLED CHILDREN SUPPORT

Persons of disability did not choose to be in their state. Society discriminates them yet they deserve to live a normal and complete life like any other person.

Join us in assisting disabled children acquire skills to become self-sufficient.

info@chepskenya.org

Impact

To date CHEPs has achieved the following:

Sr.No	Indicators of activity progress	Units
1	Number of people provided with food support in emergencies:	129,000
2	Number of villages provided food support in emergencies:	37
3	Amount of food distributed in emergencies:	Over 140 tons
4	Number of eye camps organised:	40
5	Number of people screened for eye conditions:	9,027
6	Number of people provided eye glasses for refractive errors:	3,156
7	Number of people provided with eyedrops for various eye conditions:	4,908
8	Number of cataract blind people operated to see again:	598
9	Number of individuals assisted for emergency medical treatment:	21
10	Number of amputees provided with limb prosthesis:	28
11	Number of students ever supported with fees:	137
12	Number of students currently supported with fees:	30
13	Number of university students ever supported with fees:	82
14	Number of university students currently supported with fees:	18
15	Number of disabled (deaf) students ever supported with fees:	13
16	Number of disabled (deaf) students currently supported with fees:	6
17	Number of boarding schools in rural areas supported in food for fees project:	13
18	Number of students benefited from food for fees project:	524
19	Amount of food distributed in food for fees project:	Over 40 tons
20	Number of student mentorship centres set up:	3
21	Number of books distributed:	1714
22	Number of schools/institutions given books:	16
23	Number of libraries set up for schools/communities:	3
24	Number of desks given to schools:	429
25	Number of solar lights given to schools:	2504
26	Number of solar lights given to institutions:	41
27	Number of trees planted:	11,195
28	Number of wells dug:	232
29	Number of wells rehabilitated:	515
30	Number of dried wells re-dug:	50
31	Number of 'berkets' water storage tanks constructed:	2
32	Number of new farmers/kitchen gardens supported:	317
33	Number of large irrigation/farming projects:	3
34	Number of goats distributed to poor families:	50
35	Number of official presentations made at scientific conferences:	6
36	Number of workshops, seminars & community presentations:	6
37	Number of conferences and workshops organized:	2
38	Number of clothes distributed:	470
39	Number of schools/institutions given clothes:	10

OUR APPRECIATION AND APPEAL

We thank all organizational & individual well-wishers for their moral and material support which has helped CHEPs carry out these projects. Through this support CHEPs hopes to achieve its mission “to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community”

Our communities are in need of all manners of support. CHEPs believes in empowering communities to become self sufficient, rather than providing relief support. This is a more effective and sustainable approach. As demonstrated by this report and many others that can be accessed through our website, there is need for constant availability of funds to empower needy communities and provide them with basic human needs. Join us in our endeavour to empowering destitute communities to become self-sufficient.

Please contact us on info@chepskenya.org to partner with us in making a difference.

Visit our website www.chepskenya.org or follow us on facebook.com/chepskenya.org to get regular updates.