



CENTRES for
HEALTH &
EDUCATION
PROGRAMMES

CHEPs UPDATE

Oct - Dec 2015

Empowering | Promoting Health, Education and Development | Improving lifestyles

IN THIS ISSUE

About Us

The Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organisation (NGO) in Kenya. Its goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

CHEPs organises health/eye care screening and treatment camps, provides assistance for emergency medical and surgical care, sponsorship and career mentorship to deserving students, emergency relief and rehabilitation efforts in drought/famine disaster affected areas of Kenya, undertakes development and humanitarian projects in underprivileged areas of Kenya.

Vision

CHEPs envisions the underprivileged across Kenya empowered with equal access to quality health and education services, improved agriculture and environment for a dignified lifestyle.

Mission

CHEPs' mission is to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community.

Our projects include:

Health care

eye camps, emergency medical treatments, limb prosthesis



Education

student sponsorship, student mentorship centre, library set up, desk, chair, solar lights & books distribution



Agriculture

farming support, irrigation projects, animal husbandry



Environment

tree planting, organizing cleanup/hygiene projects in villages



Development

microfinance & infrastructure for promotion of health and education, improving water supply through digging & rehabilitation of wells



Humanitarian

emergency relief during famine & drought



4 CHEPs sponsored students graduate from university



Blood donation drive in Lamu



3 CHEPs Eye camps at Majengo, Narok & Wasini Island

EMPOWERMENT IS OUR MOTTO

Contact us to be part of a humanitarian cause and let's make the world a better and equitable place to live in for all!

info@chepskenya.org

SUMMARY OF THIS QUARTER'S ACTIVITIES BY CHEPS:

Health Projects

Medical treatment

- Kiprop, a child from Kitale, earlier brought to Nairobi for reconstructive surgery after sustained severe burns of his face from falling into burning firewood supported by CHEPs for wound care. Now due for skin grafting.

CHEPs Backpack medical project: CHEPs volunteer Medical Practitioners continue to provide medical care to needy families through home visits.

Eye Camp #41 Held at Majengo, a giant slum in the outskirts of Nairobi County, providing eye treatment to over 200 beneficiaries.

Eye Camp #42 Held in Narok town, home to beautiful Maasai Mara, providing eye treatment to over 200 beneficiaries.

Eye Camp #43 Held in Wasini Island, providing care to over 50 beneficiaries. During the camp CHEPs also donated books and stationery to Wasini Primary School.

Blood donation drive held in Lamu, "the Island of festivals" in conjunction with Almawadah Foundation.

Jiggers eradication campaign held in Lamu, providing treatment and education to jiggers infested patients.

CHEPs disabled children support CHEPs continues to support disabled children to undergo rehabilitation and acquire education in special school.

International day of persons with disability CHEPs joins the world in marking the day by having a fun day with disabled children at Kawangware slums.

Education Projects

Education sponsorship

CHEPs continues to sponsor needy students to acquire education. A total of 30 currently sponsored, 12 at Secondary school level and 18 at College and University Level. Four students graduated from University this year.

CHEPs Kawangware Student Mentorship Centre

Weekly mentorship of needy primary school slum children continues to bear fruit.

Agriculture Projects

Kitchen Gardens

CHEPs continues to support farming programmes in an effort to combat hunger.

Environment Projects

Tree planting

The number of CHEPs trees continues to grow as we work to sustain the environment.

Development Projects

Wells digging & rehabilitation

We continue to address water and sanitation problems in arid and semi arid areas. This year we dug 28 wells and rehabilitated 42, bringing the total numbers to 233 dug and 515 rehabilitated

Well pump

Daniel Njuguna a young inventor visited Wajir to create a low cost pump for CHEPs wells

Presentations

CHEPs inspiration forum

On October 2nd 2015, we held an inspirational forum, at Kenyatta National Hospital, targeting doctors and medical students, with the aim of motivating them to excel in the competitive world of medicine, in providing the much needed health care to the general public.

Other Activities

CHEPs talent kids project

This project has unfortunately been discontinued to lack of funding. CHEPs had managed to provide rehabilitative services to over 30 street children and integrate two of them into schools.

Health

Medical Treatment

As reported last quarter, Elly Kiprop, is an 8 year old child from Kitale, who sustained severe burns of his face after falling into burning firewood 4 years ago. His face was deformed, and left eyelid destroyed, posing a risk to developing blindness of the eye due to dryness (exposure keratitis). In order to prevent this, there is need to reconstruct the eyelid to allow him to blink and close the eye.

CHEPs had taken him to Nairobi, for surgery, at Lions Hospital in September 2015 but the surgery could not be performed due to the infected wound on his forehead, which would risk infecting his eyelid. We were forced to return him to Kitale for wound treatment.

His wound has since improved but is still not satisfactory and now needs skin grafting to treat it effectively, for which plans are underway.

We hope that after skin grafting he can undergo reconstructive surgery for his eyelid. We welcome you to join our efforts in supporting Elly.



Elly unable to close his left eye. Note the infected wound on his fore head



Elly now able to open his eyes

MEDICAL TREATMENT SUPPORT

We come across very many deserving cases of children suffering different conditions, but lacking access to healthcare due to financial constraints. Our ability to support such cases is limited by the availability of funds.

Assist such needy children to access health care.

info@chepskenya.org

CHEPs Backpack medical project

Kenya's population is estimated at over 40 million. A significant proportion of the population however lives in poverty, and lacks access to basic needs including healthcare. Other than lack of resources, disease stigmatisation, e.g. HIV stigma, prevents low resource individuals from seeking healthcare. Furthermore, poor living conditions, congestion as well as lack of knowledge of disease prevention predispose low resourced communities to diseases. These results in suffering, spread of diseases as well as mortality in severe cases.

In an attempt to improve access to health care, among needy people, CHEPs has since September 2015, provided basic healthcare to needy families in Kawangware slums through visits by our volunteer medical practitioners. During the visits, basic ailments are treated by providing medication free of charge. Cases that require specialized care are referred to suitable health care facilities and supported.



CHEPs volunteer medical practitioner during visit



CHEPs volunteer medical practitioner during a home visit

BACK PACK MEDICAL PROJECT

When quality medical care is not accessible to the poorest of the poor, CHEPs takes it to them. This however requires constant supply of both pharmaceutical and non-pharmaceutical products which are given free of charge to the beneficiaries.

Join us in providing healthcare to the destitute.

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CHEPs Eye Camps

According to The World Health Organization (Fact sheet No. 282, August 2014):

- 285 million people worldwide have abnormal vision and 14% of them, which is close to 40 million, are completely blind.
- 80% of these 40 million cases of blindness could have been prevented.
- 90% of visually impaired people live in low income settings.

CHEPs has over the years been on a mission to improve eyesight of destitute communities by conducting free eye camps all over Kenya.

During the camps, we screen and treat various eye ailments using a variety of medication, and correct visual impairment by giving out spectacles all free of charge. We also perform eye surgeries to treat cataract blindness also free of charge.

We have so far held a total of 43 free eye camps across the country during which:

- 9601 people have been screened for eye conditions
- 3342 pairs of spectacles were given out to correct visual impairment.
- 5222 eye drops of different types were dispensed to treat eye diseases.
- 598 blind people have been operated for cataract to restore their vision.

Eye Camp #41

The 41st CHEPs eye camp was held in Majengo, a giant slum in the outskirts of Nairobi County. During the camp, the team examined and treated a total of 203 men, women and children for eye diseases.

Below is a summary of activities performed by the CHEPs team:

- Reading glasses dispensed to correct visual defects: **81**
- Eye drops dispensed to treat various eye conditions: **102**
- Myopia cases diagnosed and referred to suitable caregivers: **37**
- Cataract blindness cases diagnosed and referred for surgery: **11**
- Other conditions and referrals: **5**



Eye camp in session



Child being examined



Needy woman consulting CHEPs team member



The team

Eye Camp #42

The 42nd CHEPs eye camp in Narok town. The county is located within the Great Rift Valley, covering an area of 17,944 sq KM, and having a population of 850,920 residents. Narok is home to Maasai Mara, a world renowned game reserve that hosts The Great Migration, considered the 8th wonder of the world. It however also hosts many eye diseases including Trachoma, an eye infection that is estimated to affect 30% of the population and if left untreated leads to blindness.

A total of 2226 patients of different age groups, were seen and treated for various ophthalmic conditions. Below is a summary of activities performed by the CHEPs team:

- Reading glasses dispensed to presbyopia patients: 75
- Eye drops dispensed to treat various eye conditions: 202
- Allergic conjunctivitis: 113
- Myopia: 8
- Trachoma: 9
- Cataract blind cases diagnosed and referred for surgery: 20
- Other conditions and referrals: 25

We acknowledge HAIDCO LTD for sponsoring this camp, and invite you to partner with us in our efforts to prevent blindness and restore vision in millions of reversibly blind needy people.



CHEPs in partnership with HAIDCO LTD conducts eye camp



Eye examination in progress



Child treated for trachoma



Eye camp in progress



CHEPs team member instilling eye drops for patient



Medication and spectacles dispensed free of charge



The team



Happy to see clearly again

Eye Camp #43

CHEPs held a mini-eye camp in Wasini Island, Kwale County. The island lies off the southern Indian Ocean coast of Kenya and has for a long time been neglected resulting in high poverty and poor development. The team was able to provide care to more than 40 needy residents, of whom 30 were given spectacles to correct visual impairment and 10 were treated with eye drops, all free of charge.

The team also had an opportunity to donate books and stationary to over 100 students at Wasini Primary School.



Distribution of notebooks and pencil colors



The team



Team member shares a word with students



Donation of books

EYE CARE

Join us in our endeavour, to prevent blindness and restore vision on millions of reversibly blind people.

You too can be a part of this!!! Partner with us in correcting visual defects and preventing preventable blindness among needy communities.

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Blood donation drive in Lamu

Blood is a very valuable body fluid that is necessary for life. A person having a deficit of blood requires blood transfusion to prevent disease progression and death. There however is a worldwide shortage of blood and blood products resulting in millions of preventable deaths. This is because blood cannot be manufactured, and must be obtained from donations by other healthy human beings to benefit those who require it.

It is therefore necessary to encourage regular blood donations, as a mother who bleeds excessively during childbirth, for

example, could easily be saved from complications and death with a simple blood transfusion.

As always, CHEPs identifies areas of need and supports interventions to provide solutions. We supported a blood donation drive on 2nd December 2015 in conjunction with Almawadah Foundation in Lamu.



As always CHEPs does not turn a blind eye. In collaboration with Almawadah Foundation, CHEPs supported a Jiggers eradication campaign in Lamu, on 2nd of December. During the campaign, jiggers infested people were treated to remove the pests from their bodies. The public was also educated on means to prevent and treat the condition.



Jiggers eradication campaign

Thousands of rural Kenyans are suffering from jiggers infestation in their bodies. The menace has grown out of control, leading in rapid spread, and causing deformity in the limbs of the victims. This is more common in needy people, leading in their inability to walk thus resulting in lost productivity and poor education standard, which in turn result in further poverty, thereby creating a vicious cycle.



CHEPs disabled children support

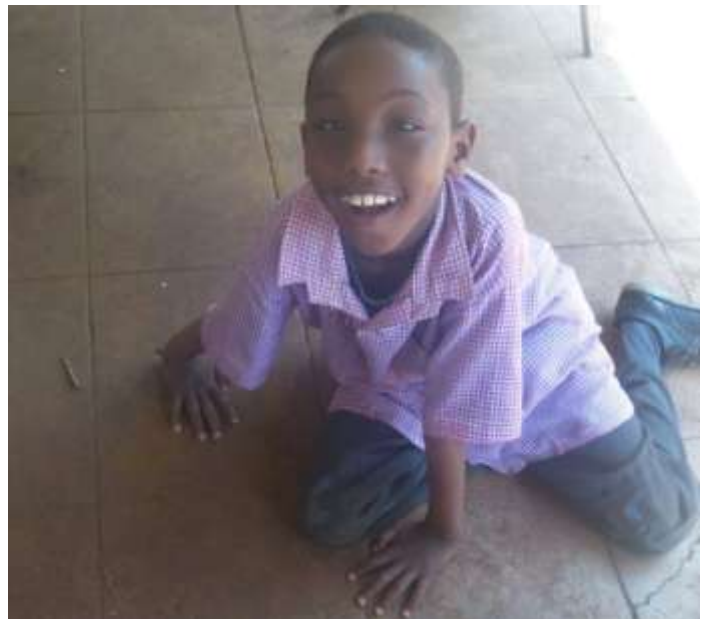
The World Health Organization estimates that over one billion people worldwide live with disability, of whom around 200 million are unable to function normally. Statistics have shown that the numbers are rising. Majority of such people don't live a normal life and many a times are isolated from society, which often neglects them, and perceives them as a burden.

As always, CHEPs does not turn a blind eye, and believes that every disable person has a right to living a normal life without discrimination. We endeavour to extend assistance giving priority to children of disability. We support such children to receive rehabilitative physiotherapy and medical attention as well as sponsor their education in special school. We also periodically support the families with supplies such as food, to reduce the burden on them.

So far CHEPs is supporting five disabled children to undergo daily physiotherapy and another two are sponsored in special school. The children were initially locked up in their homes, and were progressively deteriorating and regularly fall sick. The children's families and school administration report major improvement in the children including gained milestones such as ability to sit, walk, talk and follow instructions.

Furthermore we have recorded a reduction in the frequency of the children falling sick.

CHEPs envisions to see these children acquire skills to become self sufficient members of society.



Shariff at school



Lawrence learning how to walk



Kevin Mutuku being fitted with splints

International day of persons with disability

This annual event is marked globally on 3rd December. This year, CHEPs joined the world in celebrating the day by spending time with disabled children in Kawangware. CHEPs members took time off to play with the children, and share with them food. They also gave out gifts including toothbrushes and other amenities in an effort to put a smile on the often neglected children of disability.



DISABLED CHILDREN SUPPORT

Persons of disability did not choose to be in their state. Society discriminates them yet they deserve to live a normal and complete life like any other person.

Join us in assisting disabled children acquire skills to become self-sufficient.

info@chepskenya.org

Education

CHEPs Kawangware Student Mentorship Centre

Kawangware mentorship centre is currently in its 4th year of operation. It provides a forum for the mentorship of slum children in academics, career guidance, life skills and social empowerment. The mentors that run the centre are CHEPs sponsored university students who are pursuing different courses ranging from medicine and engineering to law and education. This provides a variety of skills and experience to cater for all career aspirations among the mentees (children).

The community continues to give positive feedback on improved academic performance and seriousness among their children.



Abdulrahim Bwanika, a medical student at the University of Nairobi during a mentorship session



CHEPs team and students share some snacks during regular get togethers.



Group photo of mentors with their mentees

STUDENT MENTORSHIP CENTRE

Help the young slum students to attain mentorship/education as they grow up to become better individuals.

Be a part of improving lives of these young students.

info@chepskenya.org

Student Sponsorship Programme

CHEPs strives to support smart needy students across the country by sponsoring their secondary and tertiary education. The programme currently supports a total of 30 students, of which 12 are at secondary school level and 18 at College & University Level, coming from diverse backgrounds and races. This aims at combating poverty by provision of education.

The college and university level students are required to undertake community service projects of their choice, which are closely supported and monitored by CHEPs. This unique approach ensures a ripple effect in the empowerment, where for each supported student, a community benefits from services rendered by the student. Ultimately, once the student is educated and empowered, his/her family as well as community benefits from his/her support.

This year, we are proud to announce the graduation of 4 CHEPs sponsored students. We are proud of their achievement, and hope that having been empowered, they will now transform their lives, those of their families and communities.

Below are their testimonials:

Omar Bakar Omar, Bachelor of Science, Actuarial science with IT at Maseno University



"I was born in Ndau village in Lamu county on 1st september 1990. I studied my primary education at Sir Ali bin Salim primary school in Malindi, where I scored 183 out of 500 marks in my Kenya Certificate of Primary Education. The low marks frustrated my mum and she decided to sell her personal items (ornaments) to take me to a private school, to repeat the year. This gave me a second chance as I worked hard and managed to score 397 out of 500.

I was lucky to get admission to a national school, Nakuru High School. My mum really struggled to pay my fees, and would be forced to take loans which she would then struggle to repay throughout the year before taking another one when school fees was due for payment. This was the trend throughout my four years in high school. By the grace of the Almighty, I managed to score an A plain in my national examinations (KCSE).

I managed to secure admission to study actuarial science at Maseno University. I was linked to CHEPs by Mr. Hussein Omar and they were ready to sponsor me fully for the degree course. This gave both my mum and I relief since life was becoming tougher with two siblings joining high schools.

My university journey was very smooth as CHEPs was there paying my fees. I graduated on 11th December 2015 with a Bachelor of Science degree in Actuarial Science with IT (Upper Division).

Throughout my university life, I was required by CHEPs to perform community service. This taught me the discipline of community service and now I will dedicate all my life to help others.

I hope CHEPs will continue with the good work to my fellow Kenyans who come from poor families like myself. May Almighty God give them more strength forever.

Special thanks go to Almighty God for keeping me safe and alive. My parents, friends and family for their motivation and moral support. Dr Muhsin, Madam Ramila and CHEPs at large for their motivation and financial support.

Abdullahi Hassan Abdi, Bachelor of Science in Public Health at Jomo Kenyatta University



"I had the dream of becoming a public health practitioner. In my high school years I realized that my interest lies on a diverse environment of health care; epidemiology and disease control, food quality control, water quality control, health promotion, prevention of environmental hazards, disaster management etc. For this reason I found Public health as the right career choice for me. This was inspired by the many public health challenges faced by many people in this country and especially the area I come from (Wajir, North East Kenya) and the fact that public health deals with community causes of disease and thus solving long term health challenges.

However, having come from a needy family and with the many siblings sharing the meager family resource it was challenging for me to join University but luckily enough CHEPs Kenya came to my rescue and sponsored my Public health training. Today I am the Public health graduate I dreamt to be, having graduated in December 2015.

I therefore take this opportunity to thank CHEPs Kenya for the opportunity they gave me to realize my dream. It is really touching that someone will come to your help when you are close to giving up on something that you wanted to achieve. Once again **THANK YOU CHEPs Kenya** and all well wishers for the support.

Abdirahman Abubakar Abdi, Bachelor of Law at University of Nairobi



My name is Abdirahman Abubakar, a lawyer by profession. I graduated from the University of Nairobi on December 4th 2015 with a Second class Honours Upper Division. Currently I work with Amnesty International, an organization that aims to end injustice and grave human rights abuses around the world.

CHEPs has played a very instrumental role in my personal and professional life. With the grace of Allah, I was able to land a sponsorship opportunity from CHEPs at a time when my father was struggling to pay my fees. CHEPs has ensured that my studies at the university were never interrupted by paying the school fees as promptly as I informed them. This has made me to focus solely on my studies without worrying about whether I will be able to sit for the end of semester examinations or not.

In addition to paying my school fees, CHEPs has also played the critical role of a concerned guardian. Not only have they encouraged me to study hard and smart but they have also inspired and motivated me by regularly checking my academic performance at the end of every semester. I have dutifully been sending my academic transcripts at the end of every academic year as was required of me with due explanation of my performance. This has challenged me to produce good grades and improve on where I slipped.

CHEPs has also given me the opportunity to create and nurture the spirit of giving back to the community. From June 2013 to April 2015, I was a volunteer at the mentorship centre in Kawangware where I tutored students in mathematics. The program required commitment, sacrifice and dedication; values of which I had learnt and practised during my volunteering experience. Above that, the interaction with the exceptional pool of talented teachers who also volunteered at the Centre inspired my growth both intellectually and personally.

CHEPs were not interested in academics only but saw to it that we develop and excel not only in the classrooms but also in all

other spheres of life. I have attended and participated in both the first and the second annual conferences organized by CHEPs. Through these conferences I was able to build a wide vast of professional networks and personal friends. I was also able to learn a host of brilliant ideas from other students also sponsored by CHEPs.

I must say that CHEPs has been in my life at all critical stages and has defined who I am today. On a wider spectrum, CHEPs has not just paid my school fees, it has also contributed immensely to both my personal and professional life. I can't thank them enough.

Khalid Amarjit Dhillon, Diploma in Cabin Crew & Airhostess at Nairobi Aviation College



"My name is Khalid Amarjit and I am 23years old. My mum Zuwena Said, is a single parent in Arusha,Tanzania. My father passed away in the year 1999, plunging my family into poverty. My mum sold everything at home, one after the other, from TV and refrigerators, to her own clothes just to keep me going to school, until she was left with nothing to sell. Eventually we were forced to begin begging to survive. She was later diagnosed with HIV and things turned from bad to worse as her health began to deteriorate. She would sometimes take her Anti-retroviral drugs on an empty stomach because we couldn't afford to get food every day, predisposing her to the drugs' side effects. With time I went into depression, and would just sit on my own and cry, thinking how my life would be with no education, when my mum is going to die, and how I would survive in this world having no family. In 2012 I was forced to drop out of college, where I was studying a Certificate in Aeronautical Engineering, due to accumulated tuition fees arrears. CHEPs Kenya came to my aid and helped me resume my studies to completion and progress to studying a diploma course in Cabin Crew services at The Nairobi Aviation College. I graduated from the program in December 2015, and am now ready to face the world. I thank CHEPs for assisting me at my time of need and I will never forget their contribution to my life".

EDUCATION SPONSORSHIP

CHEPs believes that education is the key to elimination of poverty. For the sustainability of this programme, there is need for constant availability of funds, which has of late proven to be a challenge. This has made it difficult to not only admit new students into the program but also risks the continuity of the current 30 students on board.

CHEPs believes that education is the key to elimination of poverty. Join us in this endeavour, one bright student at a time.

info@chepskenya.org

Agriculture

Farming and Irrigation

According to the World Food Program, Close to 800 million people worldwide lack access to food. Furthermore, Sub-Saharan Africa has the highest prevalence of hunger occurring in 1 of every 4 people! In Kenya, it is estimated that 40% of the population lacks sufficient food, and the worst hit region is North East Kenya.

CHEPs strives to improve food security in the region by implementing irrigation and farming projects. This includes setting up of farms, greenhouses, and household kitchen gardens, as well as providing water for irrigation through digging of wells and boreholes.

This quarter, kitchen gardens were planted for Mohamed Hujale and Hussein Sheik both from Makaror village. They were provided with pesticide and seeds of kales, spinach, tomatoes, and cowpeas and trained on farming by CHEPs personnel.

The Kitchen garden of Mohamed was however destroyed by squirrels and birds since it lacked fencing. The beneficiary was subsequently supported in replanting it and trained on improvising a fence using old clothes and mosquito nets.

The beneficiaries expressed gratitude for the support and training. They look forward to making their first harvest soon which will save them the cost of purchasing vegetables. Furthermore, they expect that the trees will provide the much needed shade other than improving their environment.



The garden planted



Fenced using old mosquito net



Crops already grown

Wajir Special School for the Deaf Farm

This is a special school for the disabled located in Hodhan location, of Wajir East. CHEPs built a school farm measuring 240 square feet in order to provide the disabled children with their daily supply of vegetable. The students are encouraged to take an active role in the farm's maintenance in order to provide them an extra-curricular activity. It will also provide a facility for vocational training in agriculture.

We acknowledge support from Riara University Muslim Students Association who sponsored the fencing of the farm.



The farm fenced and ready for planting as soon as the school re-opens

FARMING SUPPORT

800 million people worldwide and over 40% of Kenyans are food insecure. The prevalence of food insecurity is much higher in CHEPs areas of activity such as North Eastern Kenya.

CHEPs believes in empowering people to grow their own food rather than distributing relief food. This is more effective and sustainable.

Your assistance is needed in feeding the hungry.

info@chepskenya.org

Environment Tree Planting

The Millennium Development Goal 7 (MDG7) aims to ensure environmental sustainability by reversing the loss of environmental resources.

In keeping with this global goal, CHEPs strives to preserve the environment by planting of trees. We have so far planted over 11000 trees in rural parts of Kenya, with emphasis in arid and semi-arid areas. Trees are also planted around CHEPs wells to ensure ease of watering.

This quarter CHEPs planted 10 neem trees in Wajir County. They were strategically planted near CHEPs wells to ensure availability of water for them.



Receiving the trees



Planting the trees

ENVIRONMENTAL SUSTAINABILITY

The future generation needs us to preserve the environment for their survival! Let's reverse the environmental damage we have done.

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Development

Wells digging & rehabilitation

It is reported that lack of access to safe drinking water is the number one crisis worldwide, with over 1 billion people facing this predicament. Thing quickly getting worse with the fast growing human population.

The situation in Kenya is no different with 17 million out of the 40 million people living in the country lacking access to this valuable resource. Other than thirst, lack of water also leads to hunger as most Kenyans rely on agriculture for their sustenance.

CHEPs aims to alleviate the problem by digging wells and boreholes so as to improve supply of this precious commodity that is not only needed for drinking and farming, but also for improved hygiene and sanitation.

CHEPs has so far dug 233 and rehabilitated and cupped 515 wells. This year alone, CHEPs has dug 28 wells and rehabilitated 42 to ensure access to water, provided opportunities for subsistent farming, and tree plantation, thereby addressing thirst, improving food security and ensuring environmental sustainability.

Well dug this quarter



Well number D233 dug for the isaale thawaab of Marhumeen of Ahmed HajiAli Muraj & Fazal Visram

Mohamed Shillow, a resident of Makoror village is a needy, elderly, widower who has young children. He was a pastoralist but lost his animals in recent droughts forcing him to settle in this village. Lack of water in the vicinity forced him and his family to walk very long distances in search of water for drinking and domestic use. This was a major challenge, considering his advanced age. Furthermore, the exercise of fetching water was compromising on his children's education as they were doing it at the expense of school time.

CHEPs came in to alleviate the situation and dug for the family a well to provide them the scarce commodity. The well was also capped to ensure that he nor his children are not at danger of

falling in while fetching water. Furthermore, the capping would ensure that dirt would not fall in, keeping the water clean.

On handing over the well to the family, Mohamed and his family were very grateful. CHEPs wishes to thank the donor for sponsoring this well.

WATER SUPPLY

Water is life, and without it there can be no survival. Many communities are forced to walk very long distances in search of this valuable commodity. Join us in bringing life to communities that are threatened by thirst.

Water is life, and without it there can be no survival. Many communities are forced to walk very long distances in search of this valuable commodity. You too can be a part of this!!!

info@chepskenya.org

Supporting innovation

Daniel Njuguna is a young inventor from Kiambu, Kenya. He has over the years invented a number of gargets including security equipment, automatic control systems, and even a rain detector. He has featured repeatedly on national television for his inventions.

Daniel was able to propose an economical water pumping solution to CHEPs wells; a rope and washer pump built using cheap and readily available material. With CHEPs support, he travelled 700km to Wajir, where over 720 CHEPs wells are located, to build a trial rope and washer pump. This provides an innovative yet cost effective solution to the challenge that elderly and sickly beneficiaries of CHEPs wells face while they draw water using the conventional rope and bucket technique.

The trial pump is undergoing monitoring and evaluation to judge its success and decide whether to implement the same for other wells.





Water being pumped out of the well

Presentations

CHEPs Inspiration forum

CHEPs believes that motivation is needed to transform the world, and for there to be motivation, there needs to be inspiration. CHEPs seeks to inspire people through the CHEPs inspiration forum, during which motivational presentations are made to relevant audiences.

On October 2nd 2015, we held an inspirational forum, at Kenyatta National Hospital, targeting doctors and medical students, with the aim of motivating them to excel in the competitive world of medicine, in providing the much needed health care to the general public. CHEPs hosted guest speaker Dr. Fuad Sheriff gave an inspiring talk to young titled "A paradigm shift in health care delivery".

Dr Sheriff is a renown Cardiologist based in the United States. He is a Fellow of the American College of Physicians with vast experience in managing patients with non-communicable diseases, especially heart diseases. He also serves as the Vice Chair and member of Leadership council of Primary Connection which consists of 30 medical offices comprising 200 physicians with a base of 200,000 patients .He is also recipient of multiple local and international awards. In addition he has participated in various community medical outreach programs

He shared from his years of experience many ideas, with the young medics, and managed to introduce to them a new mindset of selfless service delivery.





Other Activities

CHEPs talent kids project

We have closed down our CHEPs street children project.

Despite the fact that...

- There are 100 million street children worldwide,
- In Kenya they are 250,000 of whom 60,000 live in Nairobi.
- These children lack the basic necessities of life, and are unhealthy and malnourished.
- They are commonly forced into child labor, sexual abuse and prostitution, crime and illicit drugs among other social challenges.
- They contribute significantly to insecurity at their young as well as mature age.
- They are commonly perceived as a menace and are usually ignored and separated from community.

...we have been forced to reconsider the project due to lack of funding.

CHEPs maintains a policy of supporting the poorest of the poor. Despite the lack of funding, we have over the last 2 years been supporting more than 20 street children by providing them shelter (in rented premises), food, clothing, and daily literacy and numeracy classes. Furthermore we managed to integrate

two children into schools in Kenya including Light Academy and Jaffery Academy schools.

The aim of the program was to rehabilitate the children, and integrate them into schools and vocational training centres so as to empower them to become self sufficient members of the society.

Without funding, the program was however not sustainable. Sadly, apart from one child who Nairobi Jaffery Academy kindly agreed to sponsor, we have been forced to allow the others to return to the streets as efforts to integrate them into children homes was unsuccessful.



Literacy session in progress



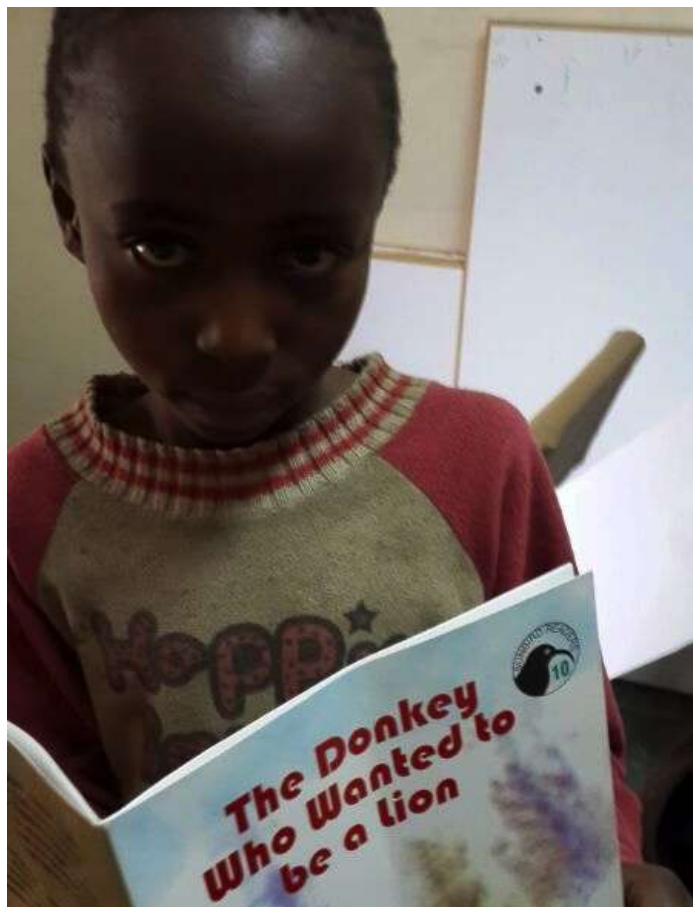
CHEPs Ex-CEO spends time with the street children



CHEPs volunteer Noel (in red) shares food with the children



Moses (a street child) tries out new clothes donated by CHEPs



Bravin reads a book bought for him by CHEPs



CHEPs volunteers share a photo with some of the street children

CHEPS TALENT KIDS

Street children are commonly described as a representation of the most marginalized, discriminated and neediest persons in the world. The social and economic challenges that surround them are highly complex and turning a blind eye only fuels this rapidly growing calamity.

Join us in our efforts to restore hope in these children and curbing many social challenges affecting communities.

info@chepskenya.org

Impact

To date CHEPs has achieved the following:

Sr.No	Indicators of activity progress	Units
1	Number of people provided with food support in emergencies:	129,000
2	Number of villages provided food support in emergencies:	37
3	Amount of food distributed in emergencies:	Over 140 tons
4	Number of eye camps organised:	43
5	Number of people screened for eye conditions:	9,601
6	Number of people provided eye glasses for refractive errors:	3,342
7	Number of people provided with eyedrops for various eye conditions:	5,222
8	Number of cataract blind people operated to see again:	598
9	Number of individuals assisted for emergency medical treatment:	29
10	Number of amputees provided with limb prosthesis:	28
11	Number of students ever supported with fees:	137
12	Number of students currently supported with fees:	30
13	Number of university students ever supported with fees:	82
14	Number of university students currently supported with fees:	18
15	Number of disabled (deaf) students ever supported with fees:	13
16	Number of disabled (deaf) students currently supported with fees:	6
17	Number of boarding schools in rural areas supported in food for fees project:	13
18	Number of students benefited from food for fees project:	524
19	Amount of food distributed in food for fees project:	Over 40 tons
20	Number of student mentorship centres set up:	3
21	Number of books distributed:	1714
22	Number of schools/institutions given books:	16
23	Number of libraries set up for schools/communities:	3
24	Number of desks given to schools:	429
25	Number of solar lights given to schools:	2504
26	Number of solar lights given to institutions:	41
27	Number of trees planted:	11,300
28	Number of wells dug:	233
29	Number of wells rehabilitated:	515
30	Number of dried wells re-dug:	50
31	Number of 'berkets' water storage tanks constructed:	2
32	Number of new farmers/kitchen gardens supported:	320
33	Number of large irrigation/farming projects:	3
34	Number of goats distributed to poor families:	50
35	Number of official presentations made at scientific conferences:	6
36	Number of workshops, seminars & community presentations:	6
37	Number of conferences and workshops organized:	2
38	Number of clothes distributed:	470
39	Number of schools/institutions given clothes:	10

OUR APPRECIATION AND APPEAL

We thank all organizational & individual well-wishers for their moral and material support which has helped CHEPs carry out these projects. Through this support CHEPs hopes to achieve its mission “to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community”

Our communities are in need of all manners of support. CHEPs believes in empowering communities to become self sufficient, rather than providing relief support. This is a more effective and sustainable approach. As demonstrated by this report and many others that can be accessed through our website, there is need for constant availability of funds to empower needy communities and provide them with basic human needs. Join us in our endeavour to empowering destitute communities to become self-sufficient.

Please contact us on info@chepskenya.org to partner with us in making a difference.

Visit our website www.chepskenya.org or follow us on facebook.com/chepskenya.org to get regular updates.