



CENTRES for HEALTH & EDUCATION PROGRAMMES

CHEPs UPDATE

Jan - Mar 2016

Empowering | Promoting Health, Education and Development | Improving lifestyles

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About Us

The Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organisation (NGO) in Kenya. Its goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

CHEPs organises health/eye care screening and treatment camps, provides assistance for emergency medical and surgical care, sponsorship and career mentorship to deserving students, emergency relief and rehabilitation efforts in drought/famine disaster affected areas of Kenya, undertakes development and humanitarian projects in underprivileged areas of Kenya.

Vision

CHEPs envisions the underprivileged across Kenya empowered with equal access to quality health and education services, improved agriculture and environment for a dignified lifestyle.

Mission

CHEPs' mission is to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community.

Our projects include:

Health care

eye camps, emergency medical treatments, limb prosthesis



Education

student sponsorship, student mentorship centre, library set up, desk, chair, solar lights & books distribution



Agriculture

farming support, irrigation projects, animal husbandry



Environment

tree planting, organizing cleanup/hygiene projects in villages

Development

microfinance & infrastructure for promotion of health and education, improving water supply through digging & rehabilitation of wells



Humanitarian

emergency relief during famine & drought



EMPOWERMENT IS OUR MOTTO

Contact us to be part of a humanitarian cause and let's make the world a better and equitable place to live in for all!

info@chepskenya.org



CHEPs medical backpack project



Hospital visit



4 CHEPs Eye camps at Lamu, Muranga, Takaungu, & Rabai, Kilifi



Kitchen farms in Wajir County

SUMMARY OF THIS QUARTER'S ACTIVITIES BY CHEPS:

Health Projects

Medical treatment: Simon Gombi sustains a fracture, and is supported by CHEPs to seek medical attention

CHEPs Backpack medical project: CHEPs volunteer Medical Practitioners continue to provide medical care to needy families through home visits in Kawangware slums.

CHEPs disabled children support CHEPs continues to support disabled children to undergo rehabilitation and acquire education in special schools.

Eye Camp #44 Held in Lamu Island during the annual cultural festival, providing eye treatment to over 588 beneficiaries.

Eye Camp #45 Held at Mjini Primary School in Mjini Village, Muranga Kenya, providing eye treatment to over 147 beneficiaries.

Eye Camp #46 Held in Takaungu, a historical Swahili village located 50km from Mombasa, providing eye treatment to over 130 beneficiaries.

Eye Camp #47 Held in Rabai, a historical town found in Kenya's Kilifi County, providing eye treatment to over 425 beneficiaries.

Education Projects

Education sponsorship

CHEPs continues to sponsor needy students to acquire education. A total of 16 currently sponsored, 10 at University & College level, 4 at Secondary school level and 2 disabled children at Special Schools.

Development Projects

Wells digging & rehabilitation

We continue to address water and sanitation problems in arid and semi arid areas. This quarter we dug 9 wells, bringing the total numbers to 242 dug and 515 rehabilitated.

Agriculture Projects

Kitchen Gardens

CHEPs continues to support farming programmes in an effort to combat hunger. 7 kitchen gardens were planted for CHEPs well beneficiaries in Wajir County.

Environment Projects

Tree planting

The number of CHEPs trees continue to grow as we work to sustain the environment. 70 trees were planted around CHEPs wells in Wajir County.

Other Activities

CHEPs feeding program

CHEPs regularly provides food to over 100 street children, with the aim of alleviating hunger among the needy.

CHEPs Hospital visit

CHEPs visited the paediatric wards of Kenyatta National hospital on 5th March 2016 to spend some time ailing children, and distribute food and toys.

Health

Medical Treatment

Simon Gombi is an 18-year-old street boy, who lives in Kawangware slums. On 17th February, while playing football he fell and fractured his right hand index finger. Being homeless, he had no guardians to run to, neither could he afford medical treatment.

CHEPs intervened and rushed Simon to hospital for treatment. He has since healed, and is back to his normal life.



Hand x-ray showing fracture of his index finger



Simon Gombi receiving treatment in hospital

MEDICAL TREATMENT SUPPORT

We come across very many deserving cases of people suffering different conditions, but lacking access to healthcare due to financial constraints. Our ability to support such cases is limited by the availability of funds.

Assist such needy people to access health care.

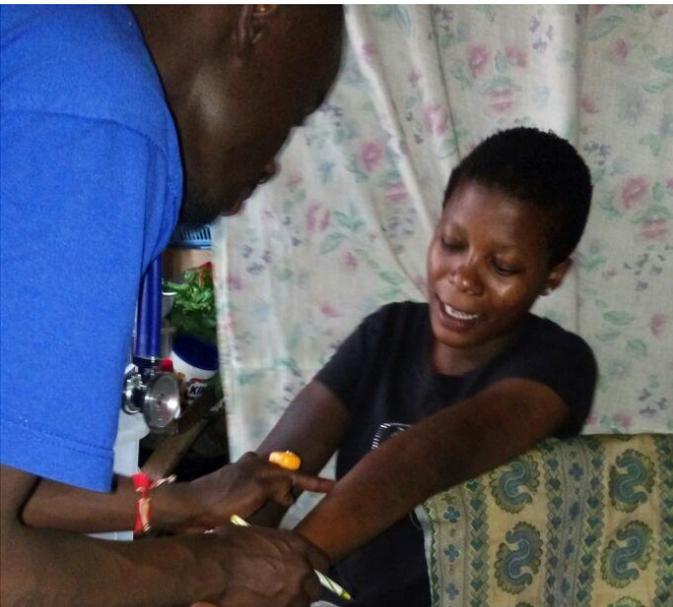
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CHEPs Medical Backpack project

The CHEPs medical backpack project continues, in an attempt to provide medical services to the large proportion of people who lack access to basic healthcare.

This project provides home-based healthcare to needy families in Kawangware slums through visits by our volunteer medical practitioners. During the visits, basic ailments are treated by providing medication free of charge. Cases that require specialized care are referred to suitable health care facilities and supported.





CHEPs disabled children support

The World Health Organization estimates that over one billion people worldwide live with disability, of whom around 200 million are unable to function normally. Statistics have shown that the numbers are rising. Majority of such people don't live a normal life and many a times are isolated from society, which often neglects them, and perceives them as a burden.

CHEPs continues to support five disabled children to undergo regular physiotherapy and another two children to attend daily special school. The children were initially locked up in their homes, and were progressively deteriorating and regularly fall sick. The children's families and school administration report major improvement in the children including gained milestones such as ability to sit, walk, talk and follow instructions. Furthermore we have recorded a reduction in the frequency of the children falling sick. CHEPs envisions to see these children acquire skills to become self sufficient members of society.



Shariff enjoying himself in special school



Noel, a CHEPs volunteer with Abdulmalik, a disabled child

BACK PACK MEDICAL PROJECT

When quality medical care is not accessible to the poorest of the poor, CHEPs takes it to them. This however requires constant supply of both pharmaceutical and non-pharmaceutical products which are given free of charge to the beneficiaries.

Join us in providing healthcare to the destitute.

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Kevin Mutuku being fitted with splints to straighten his legs

DISABLED CHILDREN SUPPORT

Persons of disability did not choose to be in their state. Society discriminates them yet they deserve to live a normal and complete life like any other person.

Join us in assisting disabled children acquire skills to become self-sufficient.

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CHEPs Eye Camps

According to The World Health Organization (Fact sheet No. 282, August 2014):

- 285 million people worldwide have abnormal vision and 14% of them, which is close to 40 million, are completely blind.
- 80% of these 40 million cases of blindness could have been prevented.
- 90% of visually impaired people live in low income settings.

CHEPs has over the years been on a mission to improve eyesight of destitute communities by conducting free eye camps all over Kenya.

During the camps, we screen and treat various eye ailments using a variety of medication, and correct visual impairment by giving out spectacles all free of charge. We also perform eye surgeries to treat cataract blindness also free of charge.

We have so far held a total of 47 free eye camps across the country during which:

- 10,891 people have been screened for eye conditions
- 3815 pairs of spectacles were given out to correct visual impairment.
- 6049 eye drops of different types were dispensed to treat eye diseases.
- 623 blind people have been operated for cataract to restore their vision.

Eye Camp #44

Held in Lamu island during the annual cultural festival. Lamu also known as "The Island of festivals" is a UNESCO world heritage site that attracts tourists from all over the world. It however also faces a range of medical challenges including prevalent eye diseases.

The CHEPs team ran a three days camp within the Island and performed as follows:

- Number served: **588**
- Reading glasses dispensed to correct visual defects: **285**
- Eye drops dispensed to treat various eye conditions: **521**
- Cataract blind cases diagnosed: **60**
- Cataract surgeries performed by team to restore vision: **25**
- Chalazion surgery to prevent damage to the eye cornea: **2**

Most of the beneficiaries of cataract surgery were elderly, who had lived in a state of blindness for many years, but could not access treatment as it was not available locally and they could not afford to travel for it.

We thank Beta Charitable Trust and Crescent Pharma LTD for sponsoring the camps. We furthermore acknowledge donations of some eye drops from Globe Pharmacy LTD and Harleys LTD.



Visual acuity examination in progress



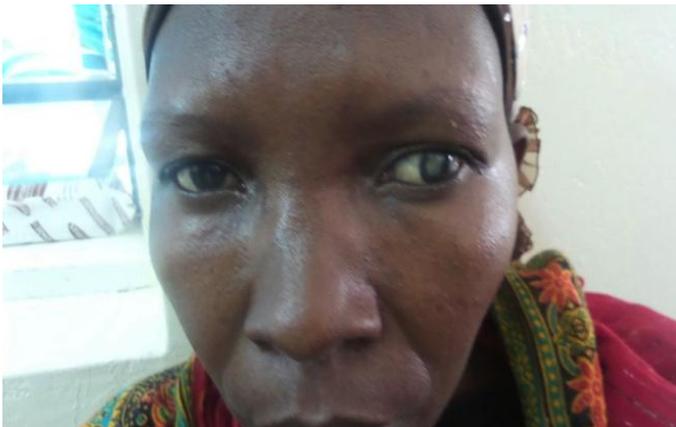
Ophthalmoscopy examination in progress



Eye camp in session



CHEPs outpatient clinic team



Cataract patient before surgery (Left eye)



CHEPs surgeon prepares to commence surgery



Cataract surgery ongoing



Some of the patients following surgery



CHEPs Surgical team

Eye Camp #45

Our 45th eye camp was held at Mjini Primary School, in Muranga, Kenya. The community in the area is needy, and faced with many eye diseases. This is the reason why it is the 3rd time CHEPs has held an eye camp in the area, the last two being in January 2013 and April 2015 respectively.

Below is a summary of activities performed by the team:

- Number served: **147**
- Reading glasses dispensed to correct visual defects: **51**
- Eye drops dispensed to treat various eye conditions: **102**
- Myopia cases referred for distant glasses: **12**
- Cataract blind cases diagnosed and referred for surgery: **8**

We thank Beta Charitable Trust UK for sponsoring this camp. We furthermore acknowledge donations of some eye drops from Globe Pharmacy LTD and Harleys LTD.

Eye Camp #46

Our 46th eye camp was held in Takaungu, a historical Swahili village located 50km from Mombasa, and estimated to have a population of around 2000 people, majority of whom live below the poverty index.

The team conducted a one-day eye camp in the village and performed as follows:

- Number served: **130**
- Reading glasses dispensed to correct visual defects: **65**
- Eye drops dispensed to treat various eye conditions: **105**
- Myopia cases referred for distant glasses: **5**
- Cataract blind cases diagnosed and referred for surgery: **15**



Eye camp in progress



Spectacles and medication dispensed free of charge



Ready for the eye camp



Eye camp in progress



The team



The team

We thank Beta Charitable Trust UK for sponsoring this camp.

Eye Camp #47

Our 47th eye camp was held in Rabai, a historical town found in Kenya's Kilifi County, estimated to have a population of over 120,000 people, most of whom live below the poverty index. The camp was hosted within Khadija Primary School, which has a student population of 300 students.

The CHEPs team ran a two days eye camp in order to accommodate the school community as well as villagers. On the first day, all the school students and staff members were screened and treated for eye ailments.

The team also took the opportunity to educate the students on healthy living, life skills as well as career guidance. The students were very excited to interact with CHEPs team members, and were motivated to aspire for careers in health sciences.

The second day was reserved for the villagers who were pleased to access our services free of charge, as the closest eye facility is over 30km away and also too expensive for most of them.

Below is a summary of activities performed by the CHEPs team:

- ➔ Number served: **425**
- ➔ Reading glasses dispensed to correct visual defects: **72**
- ➔ Eye drops dispensed to treat various eye conditions: **99**
- ➔ Myopia cases referred for distant glasses: **8**
- ➔ Cataract blind cases diagnosed and referred for surgery: **18**



Day 1: Consultation ongoing



Day 1: Eye camp in session



Day 1: CHEPs team member gives a talk to the students



Day 2: Eye camp in session



Day 2: Medication and spectacles dispensed free of charge



The team

We thank Beta Charitable Trust UK for sponsoring this camp.

EYE CARE

Join us in our endeavour, to prevent blindness and restore vision on millions of reversibly blind people.

You too can be a part of this!!! Partner with us in correcting visual defects and preventing preventable blindness among needy communities.

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Education

Student Sponsorship Programme

CHEPs strives to support smart needy students across the country by sponsoring their secondary and tertiary education. The programme currently supports a total of **16** students, of which 10 are at College & University Level, 4 are at secondary school level & 2 are disabled children at special schools, all coming from diverse backgrounds and races. This aims at combating poverty by provision of education.

The college and university level students are required to undertake community service projects of their choice, which are closely monitored and supported by CHEPs. This unique approach ensures a ripple effect in the empowerment, where for each supported student, a community benefits from services rendered by the student. Ultimately, once the student is educated and empowered, his/her family as well as community benefits from his/her support.

Last year, 4 CHEPs sponsored students graduated. We are proud of their achievement, and hope that having been empowered, they will now transform their lives, those of their families and communities.



Abdirahman Abubakar Abdi, from Garissa County, sponsored by CHEPs to pursue a Bachelor of Law degree at University of Nairobi.

Currently working with Amnesty international, a human rights advocacy organization.



Omar Bakar Omar, from Lamu County, sponsored to pursue Bachelor of Science in Actuarial science with IT at Maseno University.

Currently working with Viva Africa, a renown international legal and financial consulting firm.



Abdullahi Hassan Abdi, from Wajir County, sponsored to pursue a Bachelor of Science degree in Public Health at Jomo Kenyatta University.

Currently working as a Public Health Officer (PHO) for Wajir County



Khalid Amarjit Dhillon, from Arusha Tanzania, sponsored to pursue a Diploma in Cabin Crew & Air-hosting at Nairobi Aviation College

Below is the testimony of one of our current students:



Opembe Tsische, Bachelor of Clinical Medicine in Comprehensive Ophthalmology and Cataract Surgery at Jomo Kenyatta University.

"My name is Opembe David Tsische (Dawood). I was born in the year 1989 in a polygamous family where my father had seven wives, my mother being the 7th, and 32 children. My father passed on in the year 1995 when I was in nursery school. On his passing, my father's small shop in Ngong and a tiny piece of land in Butere was shared across the family leaving each unit with a negligible amount of property

My mother is not educated and had no formal job. She was forced to relocate to our rural home where she opted to start brewing illicit alcohol (chang'aa) for our survival. At that point, my elder brother was mentally sick and my elder sister opted to get married. My third born brother dropped out of school at class 8 together with my 5th born sister. My 4th born sister had managed to get to form 4.

I completed primary school in the in the year 2004, and can recall an incident one day before sitting my final Kenya Certificate of Primary Education (KCPE) examinations, my mother was arrest for selling illicit alcohol and she had to spend a night in custody. By the grace of God, I managed to sit my examination and emerged among the top in my school with a score of 397 out of the total 500 marks (mean grade of A-). I secured admission to prestigious National schools St. Peters Mumias Boys' high school and Kakamega Boys school but was unable to join them because I could not afford the tuition fees. I instead joined a cheaper school St. Teresas Kabula secondary school and struggled through with accumulating arrears.

Fortunately I was a talented footballer, and that prevented the school from sending me home, as they needed me to compete for the school. I survived that way up to form 3 but when I got to form 4, in 2008, I realised that I would not be allowed to register for my Kenya Certificate of Secondary Education (KCSE) exams with the accumulated arrears. I was forced to transfer to another cheaper school to sit my examinations. Throughout my final year I kept being sent home due to school fees as the new school did not value my soccer skills as the older one did.

I eventually sat my KCSE after a difficult year and scored a mean grade of C+. My dream was to become a doctor, but my grade would not get me admission into a medical school. I however managed to secure admission at Kenya Medical Training College to pursue a diploma in clinical medicine, with the help of well-wishers who sponsored my course.

On completion of my diploma in the year 2013 I did my internship at Kenyatta National Hospital where I met Dr. Faraj, who introduced me to CHEPs. I began to volunteer once a week at the CHEPs Kawangware Mentorship Centre and during medical camps whenever I was available. Little did I know it was a door opener to another level of education.

I never thought I will ever join University, but just as a surprise I was offered an opportunity to study ophthalmology and cataract surgery. I couldn't deny this chance having enjoyed my experiences in eye camp held by CHEPs.

I thank The Almighty for CHEPs that I am now in the University, which is a dream come true for me and a surprise to those who knew where I came from. If it wasn't for these great humble people who sacrifice alot for me I don't know where I could be because my family did forsake me. As people saw my need I am studying to someday serve their needs."

EDUCATION SPONSORSHIP

CHEPs believes that education is the key to elimination of poverty. For the sustainability of this programme, there is need for constant availability of funds, which has of late proven to be a challenge. This has made it difficult to not only admit new students into the program but also risks the continuity of the current students on board.

Join us in this endeavour, one bright student at a time.

info@chepskenya.org

Development

Wells digging & rehabilitation

It is reported that lack of access to safe drinking water is the number one crisis worldwide, with over 1 billion people facing this predicament. Things are quickly getting worse with the fast growing human population.

The situation in Kenya is no different with 17 million out of the 40 million people living in the country lacking access to this

valuable resource. Other than thirst, lack of water also leads to hunger as most Kenyans rely on agriculture for their sustenance.

CHEPs aims to alleviate the problem by digging wells and boreholes so as to improve supply of this precious commodity that is not only needed for drinking and farming, but also for improved hygiene and sanitation.

CHEPs has so far dug 242 and rehabilitated and capped 515 wells. Between January and March 2016 alone, CHEPs dug 9 wells to ensure access to water, provided opportunities for subsistent farming, and tree plantation, thereby addressing thirst, improving food security and ensuring environmental sustainability.

The wells are also capped to ensure that neither people, animals nor dirt would not fall in, ensuring safety and hygiene.

Wells dug this quarter

Well D234 dug for Yussuf Jibril, of Hudhile village.



Well number D234, dug in loving memory of Rosemin Dattoo, Gulamali S Dattoo and Sakina Dattoo.

Well D235 dug for Yunis Mohammed of Hudhile village.



Well number D235 dedicated to Khurshidbanu Abdulhusein Akbar Takim.

Well D236 dug for Dekah Ahmed of Hudhile village.



Well number D236 sponsored by Anisa, B.R, S.R and Z.S.

Well D239 dug for Abdikadir Khalif of Makoror village.



Well number D239 donated by Bande Khuda.

Well D237 dug for Hassan Muhumed of Bangal village, Wajir County.



Well number D237 dug in memory of Late Asgherali M. A. Somji & Late Sughrabai Asgherali Somji.

Well D240 dug for Issack Gurey of Makoror village.



Well number D240 sponsored by The World Federation of KSIMC.

Well D238 dug for Dayib Abey of Makoror village.



Well number D238 sponsored by Bande Khuda.

Well D241 dug for Mohamed Ahmed of Bangal village.



Well number D241 sponsored by The World Federation of KSIMC.

Well D242 dug for Mohamed Shimbi of Bangal village.



Well number D242 sponsored by The World Federation of KSIMC.

WATER SUPPLY

Water is life, and without it there can be no survival. Many communities are forced to walk very long distances in search of this valuable commodity. Join us in bringing life to communities that are threatened by thirst.

Water is life, and without it there can be no survival. Many communities are forced to walk very long distances in search of this valuable commodity. You too can be a part of this!!!

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Agriculture

Farming and Irrigation

According to the World Food Program, Close to 800 million people worldwide lack access to food. Furthermore, Sub-Saharan Africa has the highest prevalence of hunger occurring in 1 of every 4 people!

In Kenya, it is estimated that 40% of the population lacks sufficient food, and the worst hit region is North East Kenya.

CHEPs strives to improve food security in the region by implementing irrigation and farming projects. This includes setting up of farms, greenhouses, and household kitchen gardens, as well as providing water for irrigation through digging of wells and boreholes.

7 Kitchen gardens planted this quarter to combat extreme hunger

A total of 7 families were introduced to subsistent farming this quarter. They were provided with pesticide and seeds of kales, spinach, tomatoes, watermelon and cowpeas and trained on farming by CHEPs personnel. This is aimed at combatting

extreme hunger in the famine prone arid areas where communities are mostly pastoralists.

Kitchen garden planted for Yunis Muhamed of Hudhile village, sponsored by Nathani Family.



The gardens planted and enclosed in mosquito nets to prevent destruction by grazing animals

Kitchen garden planted for Hassan Muhamed of Bangal village, sponsored by Somji Family.



The gardens enclosed with mosquito nets to protect the garden from destruction by grazing animals

Kitchen garden planted for Dayib Abey of Makoror village, sponsored by World Federation of KSIMC



Kitchen garden planted for Abdikadir Khalif of Makoror village, sponsored by World Federation of KSIMC



Kitchen garden and 10 trees planted for Mohamed Shimbir of Bangal village, sponsored World Federation of KSIMC



Kitchen garden planted for Issack Gurey of Makoror village, sponsored by World Federation of KSIMC



FARMING SUPPORT

800 million people worldwide and over 40% of Kenyans are food insecure. The prevalence of food insecurity is much higher in CHEPs areas of activity such as North Eastern Kenya.

CHEPs believes in empowering people to grow their own food rather than distributing relief food. This is more effective and sustainable.

Your assistance is needed in feeding the hungry.

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Kitchen garden planted for Mohamed Ahmed of Bangal village, sponsored World Federation of KSIMC



Environment

Tree Planting

The Sustainable Development Goal 15 (SDG15) aims to ensure environmental sustainability by reversing the loss of environmental resources.

In keeping with this global goal, CHEPs strives to preserve the environment by planting of trees. We have so far planted over 11000 trees in rural parts of Kenya, with emphasis in arid and semi-arid areas.

This quarter CHEPs planted 70 trees in Wajir County. They were strategically planted near CHEPs wells to ensure availability of water for them.



Some of the trees being planted

ENVIRONMENTAL SUSTAINABILITY

The future generation needs us to preserve the environment for their survival! Let's reverse the environmental damage we have done.

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Other Activities

CHEPs feeding program

It is estimated that there are more than 100 million street children worldwide. In Kenya they account for over 250,000 of whom 60,000 live in Nairobi. These children lack the basic necessities of life, and are unhealthy and malnourished. They are commonly forced into child labor, sexual abuse and prostitution, crime and illicit drugs among other social challenges. They are commonly perceived as a menace and are usually ignored and separated from society. Furthermore, they contribute significantly to insecurity at their young as well as mature age.

CHEPs maintains a policy of supporting the poorest of the poor. In this spirit, we run a feeding program to support street children in Kawangware. Over 100 street children are regularly provided with hot meals, in an aim to alleviate extreme hunger among them. The team takes the opportunity to also talk to the children in various topics including life skills, sexuality as well as dangers of drug abuse.





CHEPS FEEDING PROGRAM

Street children are commonly described as a representation of the most marginalized, discriminated and neediest persons in the world. The social and economic challenges that surround them are highly complex and turning a blind eye only fuels this rapidly growing calamity.

Join us in our efforts to restore hope in these children and curbing many social challenges affecting communities.

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Kenyatta National Hospital visit

On 5th March 2016, CHEPs joined The Muslim Students of University of Nairobi to visit paediatric wards at Kenyatta National Hospital. The two teams spent time with over 400 children suffering various ailments including terminal ones like cancer. We distributed to them toys and snacks as well as played with them with the aim of putting a smile on their faces. We hope that such activities will enhance the patients' morale, thereby reducing their suffering, as well as speeding up their recovery process.



Impact

To date CHEPs has achieved the following:

Sr.No	Indicators of activity progress	Units
1	Number of people provided with food support in emergencies:	129,000
2	Number of villages provided food support in emergencies:	37
3	Amount of food distributed in emergencies:	Over 140 tons
4	Number of eye camps organised:	47
5	Number of people screened for eye conditions:	10,891
6	Number of people provided eye glasses for refractive errors:	3,815
7	Number of people provided with eyedrops for various eye conditions:	6,049
8	Number of cataract blind people operated to see again:	623
9	Number of individuals assisted for emergency medical treatment:	30
10	Number of amputees provided with limb prosthesis:	28
11	Number of students ever supported with fees:	140
12	Number of students currently supported with fees:	16
13	Number of university students ever supported with fees:	83
14	Number of university students currently supported with fees:	11
15	Number of disabled students ever supported with fees:	15
16	Number of disabled students currently supported with fees:	3
17	Number of boarding schools in rural areas supported in food for fees project:	13
18	Number of students benefited from food for fees project:	524
19	Amount of food distributed in food for fees project:	Over 40 tons
20	Number of student mentorship centres set up:	3
21	Number of books distributed:	1714
22	Number of schools/institutions given books:	16
23	Number of libraries set up for schools/communities:	4
24	Number of classrooms constructed:	3
25	Number of sanitary facilities constructed:	8
26	Number of desks given to schools:	429
27	Number of solar lights given to schools:	2504
28	Number of solar lights given to institutions:	41
29	Number of trees planted:	11,370
30	Number of wells dug:	246
31	Number of wells rehabilitated:	516
32	Number of dried wells re-dug:	50
33	Number of 'berkets' water storage tanks constructed:	2
34	Number of new farmers/kitchen gardens supported:	327
35	Number of large irrigation/farming projects:	3
36	Number of goats distributed to poor families:	50
37	Number of official presentations made at scientific conferences:	6
38	Number of workshops, seminars & community presentations:	6
39	Number of conferences and workshops organized:	2
40	Number of clothes distributed:	470
41	Number of schools/institutions given clothes:	10

OUR APPRECIATION AND APPEAL

We thank all organizational & individual well-wishers for their moral and material support which has helped CHEPs carry out these projects. Through this support CHEPs hopes to achieve its mission “to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community”

Our communities are in need of all manners of support. CHEPs believes in empowering communities to become self sufficient, rather than providing relief support. This is a more effective and sustainable approach. As demonstrated by this report and many others that can be accessed through our website, there is need for constant availability of funds to empower needy communities and provide them with basic human needs. Join us in our endeavour to empowering destitute communities to become self-sufficient.

Please contact us on info@chepskenya.org to partner with us in making a difference.

Visit our website www.chepskenya.org or follow us on facebook.com/chepskenya.org to get regular updates.