



CENTRES for
HEALTH &
EDUCATION
PROGRAMMES

Empowering | Promoting Health, Education and Development | Improving lifestyles

Ramadhan (July 2014) Food Distribution to orphans, widows and destitute elderly

Northeast Kenya

Sponsored by Beta Charitable Trust UK

The Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organisation (NGO) in Kenya. Its goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

The Centres for Health and Education Programmes (CHEPs) partnered with [Beta Charitable Trust UK](#) for distribution of food during the Muslim holy month of Ramadhan. The target groups were orphans, widows and destitute elderly of Garissa, Wajir & Mandera Counties in North Eastern Kenya. These were the areas most affected by drought and famine in 2011. Considering high mortality and morbidity in these areas, these special vulnerable groups still require food handouts for their sustenance. Last year BCT had fully sponsored Ramadhan food distribution in these areas. This year again their support helped provide food relief to these groups during the important month of fasting. The beneficiary institutions, children and elderly expressed joy and gratitude on receiving this much needed assistance. The food provided included, rice, flour, oil, sugar, beans, dates etc.

| Institution | Location | Number of beneficiaries |
|--------------------------|----------------|-------------------------|
| Ummul Kheir Girls Centre | Garissa | 140 |
| Al-Hidaya orphanage | Rhamu, Mandera | 240 |
| Ihtisam Orphanage | Wajir | 100 |
| Widows and elderly | Wajir | 100 |
| TOTAL | | 580 |



Ummul Kheir Girls Centre _Garissa



Al-Hidaya orphanage_Mandera



Ihtisam orphanage_Wajir





Packing food parcels for widows and elderly
_Wajir



CHEPs is grateful to Beta Charitable Trust for being a reliable partner in this humanitarian cause.