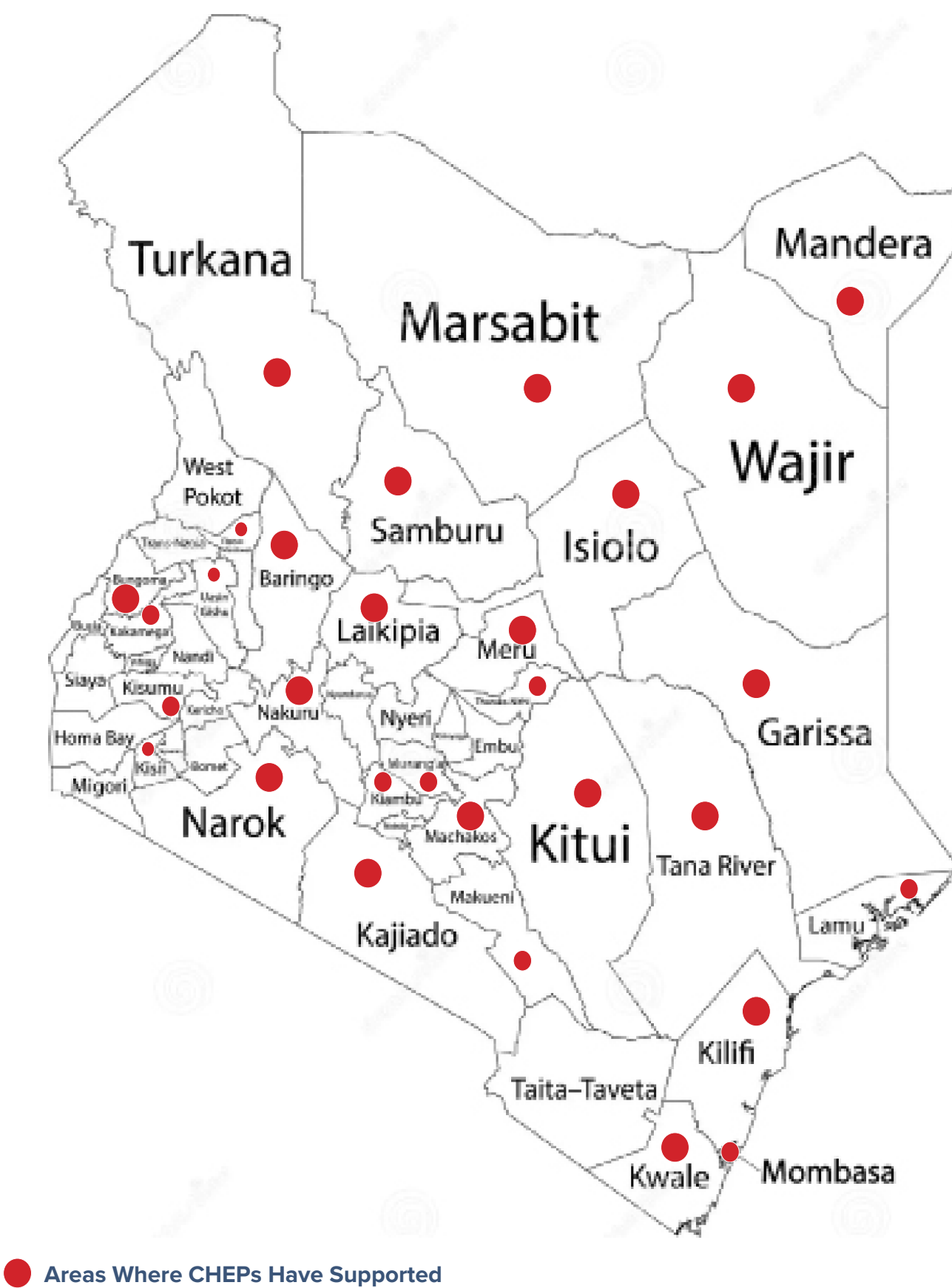


QUARTERLY REPORT



MAP OF KENYA





QUARTERLY REPORT

CHEPS UPDATE - NO.50
APRIL - JUNE 2025

FOREWORD

April - June Quarterly Report

“There are fires that consume, and fires that illuminate,” writes Brian Bolo, CHEPs Education Officer, in his poignant new collection of poetry. His words resonate deeply with the journey of Chakama—a community contending with hardship while steadily forging a path toward resilience.

Over the past quarter, CHEPs has remained a steady flame in the darkness, igniting transformative action, one person, one child, one family at a time, in spaces once cloaked in despair. Where the shadows of hunger, illiteracy, illness, and exclusion once loomed, our intentional and inclusive projects are slowly unraveling the threads of hopelessness.

Children are stepping into classrooms, the sick are accessing care, elders are regaining dignity, the disabled are receiving functional support, and trees are being planted to heal a wounded land. These moments are not isolated—they’re signs of renewal. Little ones laughing along dusty roads, once a rare sight, now symbolize a community awakening. With students, women’s groups, and local leaders stepping forward, our flames of change continue to glow brighter.

CHEPs is guided by a simple yet powerful truth: when compassion meets action, even the smallest fire can light the way. The Chakama story demonstrates that despite great challenges, there’s possibility of transformation towards resilience. Let this report stand as testimony to the flames we’ve kindled—not to destroy, but to illuminate the journey forward. Like showers softening parched soil after a brutal drought, CHEPs’ ongoing efforts are beginning to reshape the landscape. We are deeply grateful to all those who walk this path with us. Together, we build resilience—one spark at a time.

Best regards



Muhsin Sheriff

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VISION FOR ALL

SITUATION

- 2.2 billion people worldwide have vision impairment
- Half of these cases are preventable and correctable
- The most common cause of distant vision impairment is refractive error, affecting 88.4 million people
- Cataract blindness affects 94 million people
- The most common cause of near vision impairment is presbyopia, affecting 826 million people
- 90% of visually impaired people live in low-income settings
- A large proportion of visually impaired people in low-income settings are unable to access ophthalmic services

ACHIEVEMENTS THIS QUARTER

9

Number of eye camps

3,950

Number of patients screened

3075

Number of patients provided with eye medical treatment

400

Number of reading glasses provided

712

Number of cataract surgeries done



FROM BLINDNESS TO BRIGHTNESS

“My name is Onkokoro Njui, and for many years, I lived in darkness. Cataracts took away my sight slowly, until one day, I could no longer see the faces of my children or the path to my own home.

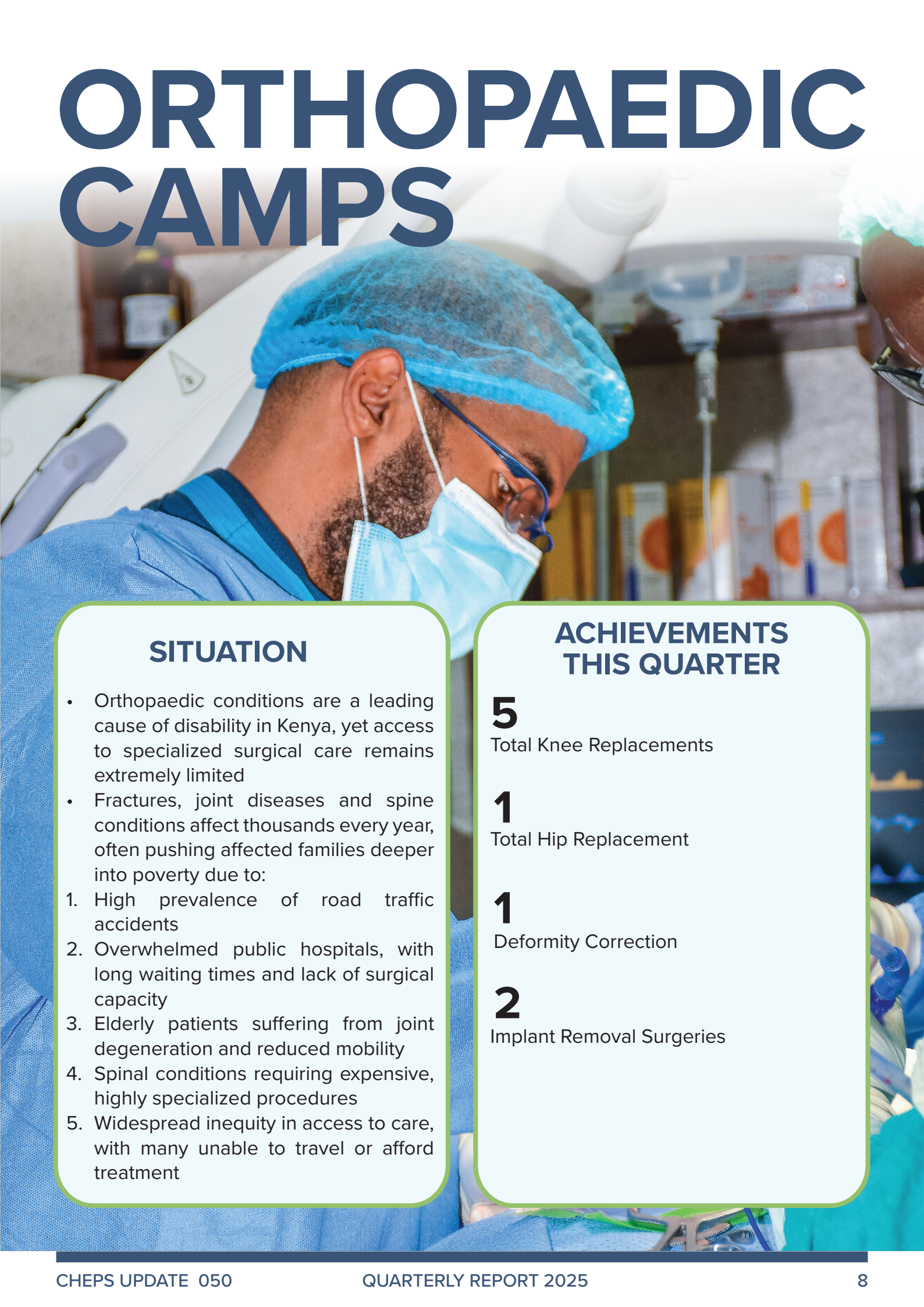
Life was hard. I depended entirely on others to help me move around, cook, and even dress. I felt like a burden to my family. I lost hope that I would ever see again.

Then I heard about a free eye surgery camp organized by CHEPs in Narok. At first, I was afraid—afraid of being disappointed, and afraid of the surgery itself. But the CHEPs team welcomed us with kindness and explained everything clearly. They examined my eyes and told me I had cataracts—and that they could help me.

The surgery was quick and painless. When the bandage was removed the next day, I cried tears of joy. For the first time in years, I could see again. I saw the sky, the faces of my grandchildren, and the colours of the land I love.

I thank God, and I thank CHEPs for giving me back my sight. You have given me my life back. Now I can walk on my own, cook for my family, and live with dignity. May God bless you for what you are doing for people like me.”

ORTHOPAEDIC CAMPS



SITUATION

- Orthopaedic conditions are a leading cause of disability in Kenya, yet access to specialized surgical care remains extremely limited
- Fractures, joint diseases and spine conditions affect thousands every year, often pushing affected families deeper into poverty due to:
 1. High prevalence of road traffic accidents
 2. Overwhelmed public hospitals, with long waiting times and lack of surgical capacity
 3. Elderly patients suffering from joint degeneration and reduced mobility
 4. Spinal conditions requiring expensive, highly specialized procedures
 5. Widespread inequity in access to care, with many unable to travel or afford treatment

ACHIEVEMENTS THIS QUARTER

5

Total Knee Replacements

1

Total Hip Replacement

1

Deformity Correction

2

Implant Removal Surgeries

FIRST EVER DONOR VISIT

The Lamu eye and orthopaedic camps was graced by Mr. Mohamed Visram and representatives from the Visram Foundation and Beta Charitable Trust, who traveled from the UK to witness the program in action.

They joined the team in theatre, witnessed the surgical work firsthand and pledged continued support.



MEMORABLE CONCLUSION

The camp closed with a sunset dhow sail hosted by Deputy Governor Dr. Mbarak Bahjaj, followed by a donor-hosted dinner attended by Governor H.E. Issa Timamy, Deputy Governor Dr. Bahjaj, Chief of Staff Mr. Abdunassir Issa, and County Secretary Amb. Ali Abbass. Local leadership expressed deep appreciation and pledged further collaboration.



CARE FOR DISABLED

A woman wearing a black headwrap and a light blue shirt is holding a baby. They are standing in front of a wall made of reddish-brown mud bricks. Some laundry is hanging on a line to the right.

SITUATION

Access to physiotherapy in remote areas remains a challenge especially for patients with chronic conditions and mobility limitations. In this quarter, both stationary and mobile services addressed a range of conditions:

- Musculoskeletal Conditions
 1. Lower back pain
 2. Muscle sprains
 3. Osteoarthritis
 4. Tendonitis
 5. Delayed/regressed milestones
- Neurological Conditions
 1. Cerebral palsy
 2. Sciatica
 3. Stroke

ACHIEVEMENTS THIS QUARTER

Stationary Clinic:

- New clients: 75
- Revisits: 287

Monthly Breakdown:

- April: 98 visits
- May: 118 visits
- June: 146 visits

Mobile Outreach:

- Reached 50+ households in remote villages
- Boosted awareness and clinic attendance

Supporting Growth: The Rehabilitation Story of Zacharia

One of the most notable success stories from this quarter is that of Zacharia, a 19-month-old boy and the seventh child in his family. Unlike his six siblings, Zacharia exhibited stunted growth, which deeply concerned his mother.

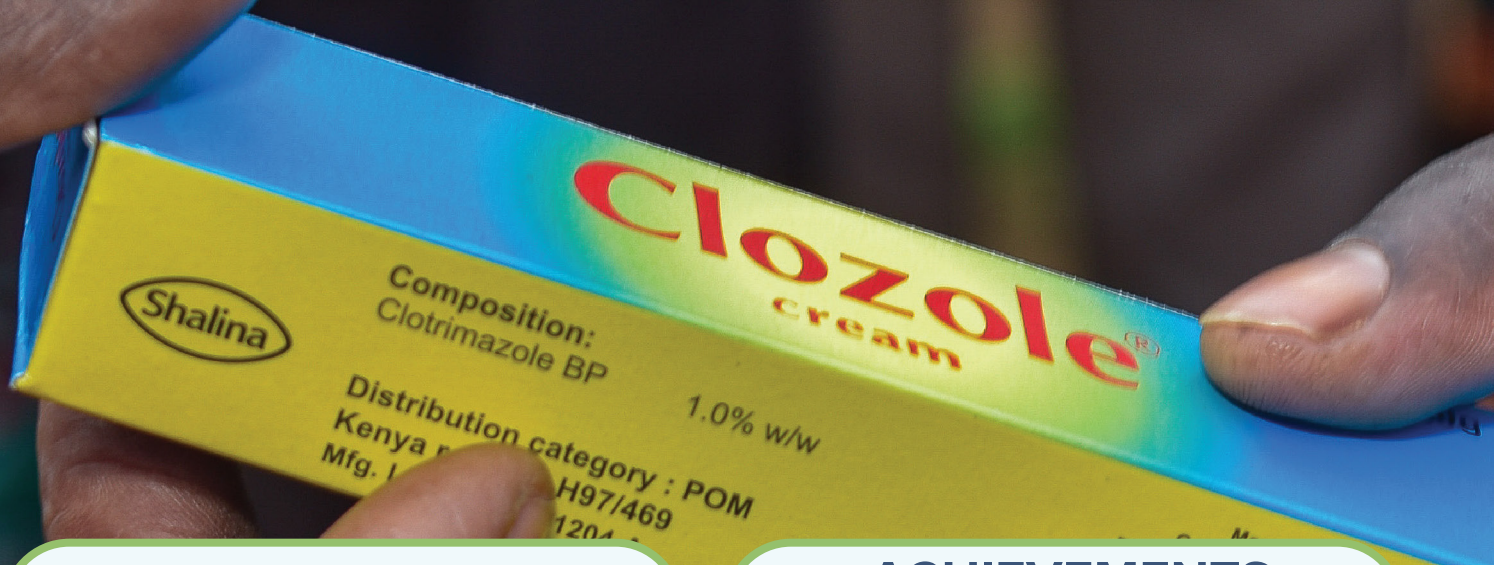
She first visited our clinic in September 2024, where Zacharia was diagnosed with Down's Syndrome, alongside other complications including:

- Poor feeding
- Delayed developmental milestones (he only began sitting at 11 months)
- Frequent illness

Since then, Zacharia has been receiving consistent physiotherapy and has made remarkable progress. He is now able to walk with support of parallel bars, made from branches from nearby trees, installed outside the family's mud hut, a significant milestone in his development.



MEDICAL SUPPORT



SITUATION

- Access to basic healthcare services in Chakama remains a challenge due to long distances to health facilities, stock-outs of essential medicines and limited outreach coverage
- Rising demand for treatment of common illnesses such as respiratory infections, gastrointestinal conditions and eye diseases further strained the capacity of local health centers
- Vulnerable groups including children, pregnant and single mothers, orphans, disabled and the elderly face the greatest risks
- To address these gaps, CHEPs conducted several community-based medical outreaches and delivered essential medical supplies to three under-resourced dispensaries

ACHIEVEMENTS THIS QUARTER

- Conducted a one-day medical outreach in Adimaye village, providing care to 105 patients with conditions such as respiratory infections, skin disorders, eye infections, and mild fevers
- Supplied essential products, donated by some pharmaceuticals to three health facilities in Chakama Ward
- Received positive feedback from facility in-charges, who acknowledged the donation helped cushion them against stock-outs during peak patient periods
- Several needy patients were supported with SHA and transport to Malindi for better care during emergencies



EDUCATION

A young man with short dark hair is shown in profile, looking towards the right. He is holding a piece of white chalk and is in the process of drawing a simple figure on a blue chalkboard. The figure appears to be a person with a head, torso, and limbs. The background is a solid blue color.

SITUATION

- Limited access to reading materials for children and adults in Kibora
- Inadequate number of age appropriate books in rural communities
- Low enrolment and poor attendance rates at Kwamwagandi Primary
- Lack of structured mentorship and recreational activities for youth
- Limited access to menstrual hygiene products and Sexual Reproductive Health and Rights (SRHR) information among schoolgirls
- Students lacked opportunities for reading outside school
- Insufficient classroom furniture impacting learning environments
- Limited cognitive stimulation tools for early learners
- Need for sustained access to community-based reading and learning spaces

ACHIEVEMENTS THIS QUARTER

- Expanded Mobile Library reaching 140 individuals weekly in Kibora, fostering consistent reading habits
- Received 170 storybooks in English and Kiswahili to improve access to reading materials
- Community engagement and school feeding programme boosted School enrollment
- Engaged 8 youth in a combined basketball and life skills mentorship initiative
- Provided sanitary pads and SRHR education to 618 girls in local schools
- Enabled 150 students to borrow books for home reading and learning responsibility
- Donated 70 classroom furniture sets to Kwamwagandi Primary
- Supplied 10 sets of early learning toys for young learners' development
- Marked 1 year of CHEPs Community Library in Chakama with 300 participants



There's something luminous about Angel Nasibu, as if her spirit burns with a soft flame meant to endure. Her laughter is rare, and when it comes, it comes whole, unfiltered, like something precious breaking the surface. She often sits near the librarian, as though proximity alone might make her wiser. She's the kind of child you want to see win, because you sense that when she does, she'll reach back and bring others with her.

Most afternoons in Gaba are quiet. Dust floats in the sunlight like memory. Children scatter home singing as if the day itself was something worth celebrating. And on such afternoons, when the heat has settled and there isn't much to do, Angel waits. Whenever the project officer passes by, she stops him with the same insistence, "I want to learn how to read." She says it like a promise she's making to herself.

The first time, she could barely sound out a sentence. Her voice caught on nearly every word, her fingers trembling slightly as she followed the letters with care. But the project officer didn't rush her.

Between meetings, forms and the long walk of duty, he begins to make time. A few minutes here, a lesson there. Nothing official. Just a thread pulled across time, dust and attention. She stumbled through the words like stones

in a river until she learned where to step.

The girl who once waited by the side walk now steps into the community library with confidence. Today, she is still there; one of the most enthusiastic and frequent visitors to the Community Library, always with the same hunger. She sits in the reading corner with other children like her, some older, some younger, all of them seekers. They trade books like treasures. And Angel? She devours them.

In her mid-term exam, she scored the highest in both English Activities and Kiswahili. In class she even helps fellow students read. In places like Chakama, when a child says "I want to learn how to read," it is a declaration. It is the future, knocking on the present. At the heart of every thriving community lies imagination and the power to dream beyond scarcity.

In Chakama, that power now pulses through the humble walls of our community library, a space defined by equity, possibility and collective memory. From this central hub, radiates the idea that sees education as a right to be preserved, protected and nurtured holistically. Here, the library became a spring board, supporting student mentorship programmes, ensuring education doesn't end with enrollment.

WASH

SCHOOL'S SUPPORT

SITUATION

- CHEPs continued to address hygiene and sanitation gaps in Chakama schools
- Many schools still lack consistent access to handwashing facilities and hygiene supplies, posing a public health risk
- The need for infection prevention, especially in the context of dry weather and limited water access, called for urgent school-based WASH interventions

ACHIEVEMENTS THIS QUARTER

- Distributed 25, ten-litre handwashing buckets and 15 litres of handwashing soap to three primary schools: Kwa Mwangandi, Kibora and Raukani
- Reached over 1,000 learners with improved handwashing access
- Conducted health talks in all beneficiary schools, reinforcing hand hygiene before meals and after using toilets
- Worked with Community Health Promoters (CHPs) to integrate hygiene messaging into school health clubs
- Noted positive feedback and active participation from school administrators in sustaining hygiene stations

WASH

DIARRHEA OUTBREAK RESPONSE

SITUATION

- Chakama Location experienced a significant rise in river water levels due to seasonal rains upstream
- This led to widespread contamination of surface water sources used for drinking, including rivers, shallow wells and water pans
- This led to increase in waterborne illnesses, particularly diarrhoea, which was most severe among children under five, persons living with disabilities (PLWDs) and other vulnerable groups
- The need for household water treatment and access to rehydration solutions became urgent, prompting CHEPs to scale up its public health intervention focused on water chlorination solutions and ORS distribution

ACHIEVEMENTS THIS QUARTER

- Distributed 2,473 bottles of water chlorination solutions and 3,000 sachets of Oral Rehydration Salts (ORS) across 23 most affected villages within Chakama Location
- Conducted door-to-door outreach, school health sessions and public barazas, reaching over 2,000 individuals with health education on water treatment and dehydration management
- Demonstrated proper usage of water chlorination solutions for safe drinking water and ORS preparation for managing diarrhoea at the household level
- Worked alongside Community Health Promoters and local public health and other health workers to reinforce hygiene and handwashing practices, especially in areas most affected by rising river water and contaminated sources

WELLS

A photograph of a person in a patterned shirt and dark pants filling several yellow plastic jerrycans at a hand-operated water pump. The pump is mounted on a concrete structure. The ground is dry and dusty, and there are some blue pipes and debris nearby.

SITUATION

- 3 in 10 people worldwide lack access to safe, readily available drinking water at home
- 6 in 10 people lack access to safely managed sanitation services
- The global water crisis remains the number one challenge in public health and development
- 37% of Kenyans (population 54 million) rely on unimproved water sources (ponds, shallow wells, rivers)
- 70% of Kenyans use unimproved sanitation solutions
- Out of 55 public water service providers, only 9 offer a continuous water supply
- Many communities are left to find alternative, often unsafe water sources
- Most Kenyans depend on agriculture, directly or indirectly
- Water scarcity contributes to hunger as well as thirst due to reduced food production

ACHIEVEMENTS THIS QUARTER

- **Community Needs Assessment**
 1. Conducted through a community meeting
 2. Three beneficiary families identified as being in urgent need of water
- **Well Construction**
 1. Wells successfully constructed at the homesteads of the 3 selected families
 2. Reliable and adequate water now readily available at each homestead
- **Impact on Surrounding Community**
 1. Each well serves over 100 nearby villagers
 2. Villagers no longer need to walk long distances to fetch water
 3. Improved daily access to clean water for both the beneficiaries and their neighbors



HALIMA BAHOLA'S TESTIMONY

“My name is Halima Bahola, and I have lived in Garsen all my life. For many years, water has been one of our biggest challenges. There are very few sources of clean water here, and every day, I used to walk long distances under the hot sun just to fetch enough water for cooking, drinking and cleaning. The wells that were available were far, and it was exhausting, especially for women and children like me.

But recently, a well was dug by CHEPs just near my homestead. I cannot explain the relief it has brought me and my family. Now, I no longer have to wake up before sunrise or walk for hours to get water. I have more time for my children, my home and even rest. The water is clean and safe and it has made such a big difference in our daily life.

I am so grateful to CHEPs for thinking of us and for bringing this essential resource closer to our doorstep. May they continue to torch more lives like they have touched mine.”

HUMANITARIAN



SITUATION

- Several households in Chakama Location remained exposed to risks associated with poverty, inadequate shelter and lack of basic necessities
- Elderly individuals, vulnerable adults and infants faced challenges related to personal dignity, health and environmental exposure
- Structural weaknesses in homes and the absence of essential non-food items continued to affect the well-being of these populations
- CHEPs identified the need for targeted humanitarian support to cushion these groups and improve their living conditions

ACHIEVEMENTS THIS QUARTER

- Distributed over 120 pairs of flip-flops to elderly individuals across seven villages
- Provided assorted clothing and shoes to vulnerable adults
- Supplied baby diapers to families with infants and young children
- Donated mattresses to selected vulnerable households to enhance comfort and reduce health risks
- Renovated two structurally weak homes using durable banner materials, improving privacy and shielding occupants from wind and rain
- Collaborated with CHPs, village elders, and local leaders to ensure fair, needs-based distribution across Kanduru, Gaba, Bichome, Kibora, Zowerani, Raukani, and Kathama villages

ENVIRONMENT

SITUATION

- Chakama Location continued to face environmental degradation, deforestation and extreme dry weather conditions, contributing to poor soil health and rising temperatures
- Schools and community areas lack adequate tree cover
- Students and residents had minimal exposure to environmental education and greening initiatives
- CHEPs scaled up its tree planting efforts to promote ecological restoration, shade creation, and environmental awareness especially among school children

ACHIEVEMENTS THIS QUARTER

- Planted 6,600 neem and Moringa seedlings
- Distributed 60 kilograms of Acacia seedballs in collaboration with Seedballs Kenya across targeted schools, the CHEPs shamba and key community sites
- Promoted climate action and environmental learning by engaging schoolchildren and local communities in hands-on tree planting and care
- Strengthened the CHEPs demonstration shamba as a learning site through the planting of 1,500 Neem seedlings and planting of 10 kg Acacia seedballs

GALLERY



Cataract surgery at eye camp in Kitui



A patient smiles after an eye surgery



Medical outreach in Adimaye village



CHEPs CEO handing over medical supplies



A WASH sensitization meeting at Balagha



Villagers joyful after receiving water chlorination solution



BCT donor visit at the CHEPs tailoring unit



Students pose for a photo after receiving reusable pads



Learner plants a neem tree at Raukani ECD



Chakama student during basketball training in Malindi



CHEPs CEO listening to a child reading a storybook



Our education officer shares some biscuits before a library session

ABOUT CHEPs

The Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organisation (NGO) in Kenya. Its goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

VISION

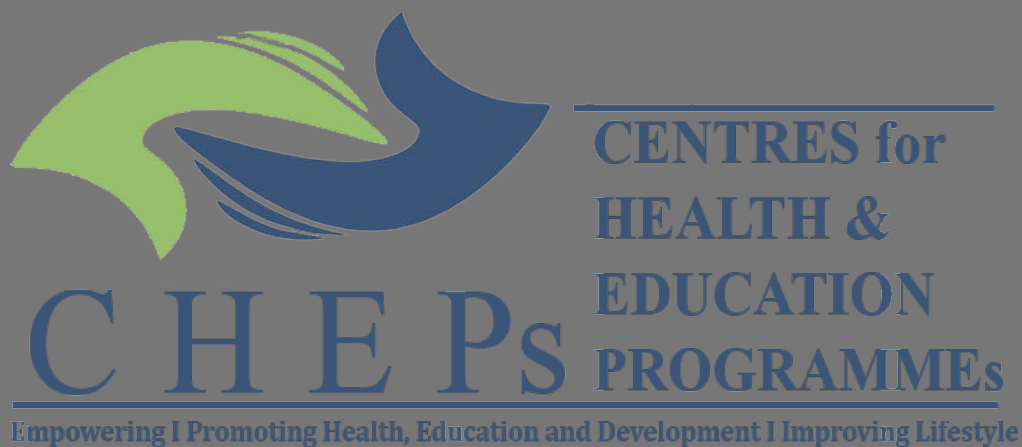
CHEPs' envisions the underprivileged across Kenya empowered with equal access to quality health and education services, improved agriculture and environment for a dignified lifestyle.

MISSION

CHEPs' mission is to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community.

CONTACT INFORMATION

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