



CENTRES for
HEALTH &
EDUCATION
PROGRAMMES



Striving Against Starvation
May 2020

Sponsor



Beta Charitable Trust

ORGANIZATIONAL BACKGROUND

Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organization (NGO) in Kenya. Our goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities

CHEPs envisions the underprivileged across Kenya empowered with equal access to quality health and education services, improved agriculture and environment for a dignified lifestyle. Our mission is to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community

INTRODUCTION

Kenya is currently facing severe food insecurity. With failure of rains when they were expected last year and subsequently floods that destroyed infrastructure and farms, the year 2019 saw very little food production and exhaustion of food reserves. This year, the country is experiencing the worst locust infestation in 70 years causing widespread destruction of farms adding injury to an already ailing country further potentially leading to severe famine. And now, with the fast spreading Corona virus pandemic, governments are shifting focus away from the ongoing food insecurity to preparedness for and response to the virus. Marginalized communities are quickly finding themselves at the risk of starvation.



Chakama, located in remote Kilifi County, is one of such locations where communities are living in extreme poverty and at the risk of starvation. For many years the villages in Chakama have been neglected therefore having poor accessibility due to lack of basic infrastructure such as roads. Trade is therefore minimal. They are also uneducated and unemployed, having little economic activities to earn a living. They mostly rely on subsistent farming to obtain food but due to harsh environmental and climatic factors, they grow very little. Furthermore, the little they are able to grow is commonly destroyed by free moving domestic as well as wild animals, pests, drought and floods.



In order to avert potential loss of lives, through support from Beta Charitable Trust, CHEPs distributed **14 tons** of emergency supplies to **479** of the most vulnerable households in Chakama. This included 33.25kg of food to each, 2 bottles of drinking water purification chemicals, 2 bars of soap and a 20L bucket for drinking water storage. They were also educated on ways to prevent the spread of COVID 19 including hygiene practices and social distancing.

This distribution was conducted over 2 weeks through door to door home visits and strictly adhering to safety measures to prevent COVID 19 spread including social distancing, and

hygiene. The 479 households that benefitted came from 15 villages in Chakama location with priority given to the elderly, weak and widows.

Motorcycles were used during the exercise to deliver the supplies door to door and to access the most remote and marginalized households. This was done in order to avoid crowding which would risk the spread of COVID-19 as well as to upload the highest level of dignity for the beneficiaries.



Despite difficult terrain and impassable roads, food delivery was not an option



Villagers were also educated on hand hygiene and means of preventing COVID 19 spread



We mostly used motorcycles in order to access the most marginalized households through door to door visits while maintaining hygiene and social distancing in order to avoid risking the spread of COVID-19



Public buses were also used to reach distant villages



Pickups aswell



Starving villagers living across the crocodile infested river Galana were not forgotten...but this time the water level was high and current was very strong hence supplies could not be manually carried across as we did last in March (image on the right)



We built a water raft to ferry the food across...



But the strong tide dragged it downstream...



We eventually managed to hire a motor boat from a village 100km away



It successfully ferried food across the river



We also managed to use a small canoe



To deliver the badly needed food to starving villages that had been cut off from supplies.

Photo gallery of beneficiaries

















LIST OF BENEFICIARIES

Name	Number Of People	Village
Athman Kaya	6	Kwa Mwangari
Omar Koya	4	Kwa Mwangari
Christine Tsowfa	6	Kwa Mwangari
Emma Kangangi	8	Kwa Mwangari
Habiba Charo	4	Benzaro
Mohamed Chengo	9	Benzaro
Mwanahamisi Mwangoka	9	Katama
Rama Karisa	11	Roka
Ismail Karisa	8	Roka
Issa Chengo	6	Roka
Mohamed Chengo	11	Roka
Ali Wanje	12	Roka
Ali Safari	15	Roka
Mwanakombo Chengo	9	Roka
Mohamed Kalama	5	Roka
Masoud Said	10	Matolani

Hamsa Charo	6	Roka
Mansoor Karisa	6	Roka
Rashid Chome	7	Kwa Mwagandi
Khalid Juma	3	Adimaye
Mwanahamisi Shaban	9	Adimaye
Fatma Mohammed	8	Adimaye
Rehema Omar	7	Adimaye
Aisha Jumaa	6	Adimaye
Salim Baya	5	Adimaye
Yakub Menza	6	Adimaye
Halima Jumaa	5	Adimaye
Momo Ali	9	Adimaye
Halima Swaleh	8	Adimaye
Rehema Ramadhan	7	Adimaye
Said Menza	6	Adimaye
Yusuf Katana	5	Adimaye
Aisha Ali	6	Adimaye
Mohamed Bakari	5	Adimaye
Zainab Khalfan	9	Adimaye
Amina Abdallah	10	Adimaye
Abdul Mohamed	9	Adimaye
Sofia Hare	8	Adimaye
Riziki Ali	8	Adimaye
Maulid Awadh	8	Adimaye
Rashid Abdallah	9	Adimaye
Khadija Kassim	11	Adimaye
Saum Ali	9	Adimaye
Aisha Hassan	8	Adimaye
Khadija Abdallah	7	Adimaye
Mariam Ali	6	Adimaye
Habiba Ali	5	Adimaye
Salim Kitimbi	6	Adimaye
Zulfa Ali	5	Adimaye
Saumu Kassim	7	Adimaye
Mejumaa Rama	6	Adimaye
Abdulkarim Said	9	Adimaye
Mariam Hamisi	8	Adimaye
Saumu Salim	9	Adimaye
Rukia Ali	8	Adimaye
Hamisi Jira	9	Adimaye
Zuena Ibrahim	7	Adimaye
Juma Shaban	7	Adimaye
Mwanahamisi Ali	9	Adimaye
Salim Baya	8	Adimaye
Juma Mueni	9	Adimaye
Mwaruwa Amina	9	Adimaye
Abdulrazak Omar	8	Adimaye
Rukia Kadzo	8	Adimaye
Mariam Abedi	8	Gabba
Omar Kazungu	6	Gabba

Husna Charo	6	Gabba
Mariam Fikiri	4	Gabba
Said Safari	7	Gabba
Hadia Kazungu	9	Gabba
Hassan Chengo	3	Kanduru
Mbarak Kaka	6	Kanduru
Said Mohamed	9	Kanduru
Zainab Omar	7	Kanduru
Saumu Mwavuo	4	Kanduru
Rajab Onda	7	Bichome
Ramadhan Mwavuo	3	Kanduru
Khadija Issa	11	Shaka Hola
Fatuma Kazungu	14	Shaka Hola
Saumu Katana	7	Gabba
Nuru Katana	10	Gabba
Ngala Gandi	8	Kanduru
Nathaniel Mwalimu	9	Kanduru
Joyce Kaloki	6	Kanduru
Rahma Tsanga	6	Kanduru
Rahma Zawadi	7	Kanduru
Mariam Mohamed	8	Kanduru
Mwanaidi Rehema	4	Kibora
Mohamed Mare	18	Kanduru
Amina Gona	7	Kibora
Mariam Kazungu	7	Kibora
Saumu Konde	3	Kibora
Mohamed Katana	4	Kibora
Maimuna Kahunda	4	Kibora
Fatma Gona	12	Kibora
Mohamed Karisa	3	Kwa Chuye
Fatma Mramba	6	Kwa Chuye
Suleiman Ngowa	9	Kwa Chuye
Saum Katana	5	Kwa Chuye
Zubeda Kavumbi	8	Kwa Chuye
Kahindi Ngowa	8	Kwa Chuye
Khadija Mwambegu	8	Kwa Mwagandi
Ali Kazungu	9	Kwa Chuye
Fatuma Katana	6	Kwa Chuye
Maimuna Ngowa	5	Kwa Chuye
Hassan Changawa	5	Roka
Said Konde	6	Kibora
Yahya Ngala	3	Kibora
Salim Safari	10	Kibora
Yassin Karisa	4	Kibora
Omar Gona	8	Kibora
Hassan Charo	11	Kibora
Mariam Justus	10	Kwa Chuye
Mohamed Hamisi	8	Kwa Chuye
Bakari Chengo	7	Katama
Ibrahim Tom	3	Kwa Mwagandi

Ramadhan Chome	6	Kwa Mwagandi
Ali Charo	5	Kibora
Ibrahim Karissa	13	Kibora
Mariam Mwaringa	6	Kibora
Zainab Mohamed	9	Kibora
Rehema Ali	9	Kibora
Yusuf Chome	9	Kibora
Khadija Kitsao	9	Kibora
Mariam Charo	6	Kibora
Mariam Suleiman	8	Kibora
Hamza Mohamed	6	Kibora
Daudi Shambaro	8	Kibora
Mohamed Guyo	10	Kibora
Ibrahim Abdu	10	Kibora
Issack Goricha	11	Kibora
Abdi Goricha	10	Kibora
Daudi Mathe	9	Kibora
Rukia Abdi	5	Kibora
Rahma Omar	6	Kibora
Ralia Boda	6	Kibora
Ramadhan Ibrahim	7	Kibora
Maryamu Abdu	4	Kibora
Madina Gedel	8	Kibora
Halima Abdulla	8	Kibora
Muslima Mohamed	7	Kibora
Madina Omar	5	Kibora
Mawata Hassan	3	Kibora
Mumina Hassan	6	Kibora
Dokotu Noko	7	Kibora
Diramu Elema	7	Kibora
Mumina Osman	5	Kibora
Maryamu Dukale	10	Kibora
Hagana Baba	3	Kararacha
Rahma Elema	8	Kararacha
Hageyo Kansin	4	Kararacha
Galgalo Kare	4	Kararacha
Alia Gabo	8	Kararacha
Fatuma Bakora	10	Kararacha
Fatuma Abdula	5	Kararacha
Diradi Bakora	6	Kararacha
Gabane Dido	10	Kararacha
Amina Yusuf	6	Kararacha
Abdi Abdula	4	Kararacha
Eshe Abdi	3	Kararacha
Ramalan Abdula	4	Kararacha
Warabo Jogan	7	Kararacha
Ibado Galolo	7	Kararacha
Hadibia Abdi	6	Kararacha
Alima Warado	4	Kararacha
Alia Ahmed	6	Kararacha

Halima Doko	5	Kararacha
Bocha Doko	6	Kararacha
Hajila Issaa	7	Kararacha
Amina Komoli	9	Kararacha
Diram Molid	8	Kararacha
Mamud Ware	9	Kararacha
Karare Ibrahim	9	Kararacha
Amina Ibrahim	8	Kararacha
Madina Abdi	8	Kararacha
Harale Abdi	8	Kararacha
Zainab Manke	6	Kararacha
Umar Abdulla	6	Kararacha
Madina Kanghir	4	Kararacha
Mariya Kanghir	7	Kararacha
Rahma Abdi	9	Kararacha
Ramadhan Loni	3	Kararacha
Jilo Abdi	6	Kararacha
Hagale Koro	9	Kararacha
Mumina Lawale	7	Kararacha
Nawe Ijema	4	Kararacha
Hawa Gare	7	Kararacha
Nur Mohamed	3	Kararacha
Ibrahim Kaye	11	Kararacha
Halima Hussein	14	Kararacha
Hayara Golisa	7	Kararacha
Sofia Ahmed	10	Kararacha
Abdala Karo	8	Kararacha
Eshe Abdi	9	Kararacha
Mumina Ismail	6	Kararacha
Hussein Shoba	6	Kararacha
Zeinab Ahmed	7	Kararacha
Hussein Buki	8	Kararacha
Muslima Ahmed	4	Kararacha
Isnino Garbito	18	Kararacha
Maryam Husssein	7	Kararacha
Rukia Kale	7	Kararacha
Ralia Ahmed	3	Kararacha
Shabalo Mamud	4	Kararacha
Maka Kararo	4	Kararacha
Habona Maka	12	Kararacha
Isack Karo	3	Kararacha
Homo Yakub	6	Kararacha
Sake Ijema	9	Kararacha
Rukia Ismail	5	Kararacha
Zainab Abadiba	8	Kararacha
Osman Haji	8	Kararacha
Aden Mahamud	8	Kararacha
Salado Mahamud	9	Kararacha
Fatuma Salado	6	Kararacha
Hassan Mahamed	5	Kararacha

Abdi Game	5	Kararacha
Hagabe Gojam	6	Kararacha
Hadija Gojam	3	Kararacha
Fatum Ibrahim	10	Kararacha
Korich Roba	4	Kararacha
Kulisa Godane	8	Kararacha
Adamo Kulwa	11	Kararacha
Raho Isema	10	Kararacha
Hawoke Raho	7	Kararacha
Haroba Racho	9	Kararacha
Muslima Guyo	8	Kararacha
Hararo Racho	9	Kararacha
Sena Adan	9	Kararacha
Rahma Ali	8	Kararacha
Hane Adan	8	Kararacha
Habona Make	8	Kararacha
Hamida Racho	6	Kararacha
Sadia Musa	6	Chambuu
Sato Hasii	4	Chambuu
Rahima Mohamed	7	Chambuu
Mumina Musa	9	Chambuu
Jamila Ahmed	3	Chambuu
Zeinab Haji	6	Chambuu
Hamida Ibrahim	9	Chambuu
Amina Salado	7	Chambuu
Eshe Omari	4	Chambuu
Hadiramu Shambaro	7	Chambuu
Hawe Bakari	3	Chambuu
Ramadhan Changwe	11	Chambuu
Mumina Hussein	14	Chambuu
Ralia Roba	7	Chambuu
Kamila Maulid	10	Chambuu
Muslima Hussein	8	Chambuu
Esha Boru	9	Chambuu
Bore Yusuf	6	Chambuu
Hawe Hussein	6	Chambuu
Habare Maulid	7	Chambuu
Madina Hassan	8	Chambuu
Habib Bakero	4	Chambuu
Muslima Hassan	18	Chambuu
Hakolosho Karo	7	Chambuu
Chuluke Bakora	7	Chambuu
Hashono Konko	3	Chambuu
Ramadhan Dokota	4	Chambuu
Senabo Kulisa	4	Chambuu
Hadho Kulisa	12	Chambuu
Fadhumo Ismail	3	Chambuu
Habatha Osman	6	Chambuu
Zainab Bakari	9	Chambuu
Ralia Golis	5	Chambuu

Hadicha Mzee	8	Chambuu
Esha Chuluke	8	Chambuu
Fathum Ali	8	Chambuu
Gabo Saidi	9	Chambuu
Fadhum Hassan	6	Chambuu
Makka Dabale	5	Chambuu
Hadada Lami	5	Chambuu
Aesha Futuk	6	Chambuu
Hamishsa Bocha	3	Chambuu
Ehsa Omari	10	Chambuu
Hadada Kodobo	4	Chambuu
Halima Jele	8	Chambuu
Limo Bocha	11	Chambuu
Naima Boche	10	Chambuu
Nuru Saidi	8	Chambuu
Ramdhan Mohamed	7	Chambuu
Mumina Dokota	7	Chambuu
Halima Kota	9	Chambuu
Kashora Nono	8	Chambuu
Galgalo Bora	9	Mwanza
Shunita Wotich	7	Mwanza
Mumina Zelema	9	Mwanza
Hageno Dara	8	Mwanza
Amina Sufi	9	Mwanza
Ina Dado	9	Mwanza
Hagana Jama	8	Mwanza
Hageyo Uren	8	Mwanza
Hawo Ismail	8	Mwanza
Mumina Mahmud	6	Mwanza
Muslima Abi	6	Mwanza
Halima Hussein	4	Mwanza
Godantu Guyo	7	Mwanza
Hawe Nuru	9	Mwanza
Halima Guyo	3	Mwanza
Hawo Dandi	6	Mwanza
Rahma Walo	9	Mwanza
Madina Walo	7	Mwanza
Adel Daud	4	Mwanza
Esha Daud	7	Mwanza
Madina Roba	3	Mwanza
Amina Nuri	11	Mwanza
Muslima Uren	14	Mwanza
Hawo Musa	7	Mwanza
Habona Kuno	10	Mwanza
Shadira Sango	8	Mwanza
Halima Nuri	9	Mwanza
Ralia Gababo	6	Mwanza
Hawo Muas	6	Mwanza
Maryam Daud	7	Mwanza
Fatuma Shambaq	8	Mwanza

Hawata Bakari	4	Mwanza
Esha Mohamed	18	Mwanza
Amina Komoro	7	Mwanza
Ralia Ofe	7	Mwanza
Haboko Dame	3	Mwanza
Kaltuma Sufi	4	Mwanza
Sadia Bashir	4	Mwanza
Hashore Bakar	12	Mwanza
Lakiti Kolde	3	Mwanza
Hagona Ali	6	Mwanza
Awo Dube	9	Mwanza
Madina Ali	5	Mwanza
Muslima Gababdu	8	Mwanza
Rukia Kuno	8	Mwanza
Hamida Ismail	8	Mwanza
Safote Abdi	9	Mwanza
Shobole Sufi	6	Mwanza
Gedal Bakari	5	Mwanza
Yatano Bakari	5	Mwanza
Galgalo Omar	6	Mwanza
Mumina Gurache	3	Mwanza
Halima Kuno	10	Mwanza
Esha Yusuf	4	Mwanza
Habiba Soye	8	Kararacha
Maka Hussein	11	Kararacha
Saadia Mohamed	10	Kararacha
Ramoda Shamba	8	Kararacha
Maka Mohamed	7	Kararacha
Bakari Dado	5	Kararacha
Sumfia Abdi	7	Kararacha
Maryam Dande	7	Kararacha
Hadida Galgalo	4	Kararacha
Alia Isa	5	Kararacha
Aslia Abdulkadir	4	Kararacha
Ralia Issa	6	Kararacha
Rahima Hassan	6	Kararacha
Hadija Momaed	7	Kararacha
Madina Hassan	6	Kararacha
Hawe Hassan	6	Kararacha
Ashira Komoli	5	Kararacha
Habona Abdula	7	Kararacha
Gijiba Ijema	7	Kararacha
Mahmud Gijiba	5	Kararacha
Amina Nur	7	Kararacha
Shafia Abdi	9	Kararacha
Zeitun Ibrahim	8	Kararacha
Bero Mohamed	9	Kararacha
Zeinab Mohamed	9	Kararacha
Hadija Kansin	8	Kararacha
Guyat Kansin	8	Kararacha

Sioe Kachor	8	Kararacha
Rahima Kore	6	Kararacha
Muslima Jare	8	Kararacha
Rahima Jare	6	Kararacha
Momina Jare	4	Kararacha
Fadum Mohamed	5	Kararacha
Godana Nuri	9	Kararacha
Moming Nuri	5	Kararacha
Muslima Jarso	6	Kararacha
Maka Mohamed	8	Kararacha
Habibo Hukicha	7	Kararacha
Hadija Mohamed	7	Kararacha
Hassan Jare	5	Kararacha
Ruba Pote	5	Kararacha
Fatuma Dokote	7	Kararacha
Hawo Adan	4	Kararacha
Ralia Jare	6	Kararacha
Habibo Bakare	6	Kararacha
Hadija Kolomo	9	Kararacha
Boda Yusuf	4	Kararacha
Esha Kokota	2	Kararacha
Roba Jare	9	Kararacha
Bakero Kasen	7	Kararacha
Amina Hadibo	5	Kararacha
Rahma Hassan	4	Kararacha
Hadara Bakero	7	Kararacha
Neendre Kitsao	7	Shaka Hola
Nyevu Kalama	9	Shaka Hola
Masha Kalama	8	Shaka Hola
Kitsao Kalama	9	Shaka Hola
Taabu Kazungu	9	Shaka Hola
Sidi Kenga	8	Shaka Hola
Kadzo Mangi	8	Shaka Hola
Dhababu Kenga	8	Shaka Hola
Chengo Bondo	6	Shaka Hola
Kitsao Kalume	6	Shaka Hola
Charo Katama	4	Shaka Hola
Taabu Ngonga	7	Shaka Hola
Pola Mwangi	9	Shaka Hola
James Kadenge	3	Shaka Hola
Karisa Zero	6	Shaka Hola
Kanke Baya	9	Shaka Hola
Eunice Mangi	7	Shaka Hola
Katana Nyonje	4	Shaka Hola
Kaingu Kayaa	7	Shaka Hola
Christin Chengo	3	Shaka Hola
Kapendezo Mwaro	11	Shaka Hola
Mwaro Mwangi	14	Shaka Hola
Jumwa Mwaro	7	Shaka Hola
Jumwa Ndunya	10	Shaka Hola

Kazungu Kiriga	8	Shaka Hola
Mangi Mwaro	9	Shaka Hola
Jumwa Kahindi	6	Shaka Hola
Karisa Kenga	6	Shaka Hola
Caharo Masha	7	Shaka Hola
Kadzo Kashutu	8	Shaka Hola
Bendear Karisa	4	Shaka Hola
Kasicha Mzungu	18	Shaka Hola
Nzigo Baya	7	Shaka Hola
Rehema Charo	7	Shaka Hola
Grabred Menza	3	Shaka Hola
Masha Charo	4	Shaka Hola
Garama Charo	4	Shaka Hola
Sidi Fondo	12	Shaka Hola
Safari Wanje	3	Shaka Hola
Mtawali Wanje	6	Shaka Hola
Wanje Karisa	9	Shaka Hola
Kakola Kadenge	5	Shaka Hola
Changawa Mae	8	Shaka Hola
Kahindi Kazungu	8	Shaka Hola
Karisa Mjela	8	Shaka Hola
Juma Charo	9	Shaka Hola
Mangale Ngombe	6	Shaka Hola
Kazungu Kombe	5	Shaka Hola
Kache Karisa	5	Shaka Hola
Stuma Unda	6	Shaka Hola
Kadenge Kalume	3	Roka
Ali Chengo	10	Roka
Changawa Chengo	4	Roka
Matata Chengo	8	Roka
Kakal Karisa	11	Roka
Mwakombe Charo	10	Roka
Chengo Kadenge	8	Roka
Mtawali Chengo	7	Roka
Karisa Hare	7	Roka
Thomas Chengo	9	Roka
Dama Changawa	8	Roka
Elina Kadzo	9	Roka
Dama Kazungu	9	Roka
Dama Kiti	8	Roka
Safari Kiti	8	Roka
Bayo Kifola	8	Roka
Charo Katana	6	Roka
Kangombe Kigwala	6	Roka
Halima Kingi	4	Roka
Emanuel Charo	7	Roka
Kutana Gapo	9	Roka
Abdulkadir Bakari	3	Roka
Fathum Abdulkadir	6	Roka
Yusuf Abdulkadir	9	Roka

Mohamed Abdulkadir	7	Roka
Issa Bakero	4	Roka
Bakero Guyo	7	Roka
Hadija Huyu	3	Roka
Ismail Abdulkadir	11	Roka
Muslima Ijema	14	Roka
Maka Abdulkadir	7	Roka
Hamida Abdulkadir	10	Roka
Idi Godana	5	Kwa Mwagandi
Mishi Said	12	Mifundani
479 Households	3425 Beneficiaries	15 Villages

Acknowledgement

Once again, we are grateful to Beta Charitable Trust for sponsoring this relief food distribution. The support went a long way in providing much needed relief to the 479 needy families in Chakama. The situation on the ground remains desperate as families have lost their source of food due to locusts and floods destruction of farms, as well as the ongoing COVID-19 lockdowns. This food that we provided them will last a short while, yet the current uncertainties are expected to last much longer meaning the families will go hungry very soon. Furthermore, there are many more families that we did not manage to serve with the limited resources. We look forward to further support.