

2017



2017 THRID QUARTER REPORT



CHEPs

CENTRES for
HEALTH &
EDUCATION
PROGRAMMES

Empowering | Promoting Health, Education and Development | Improving lifestyle



CENTRES for HEALTH & EDUCATION PROGRAMMES

CHEPs UPDATE

July - Sept 2017

Empowering | Promoting Health, Education and Development | Improving lifestyles

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About Us

The Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organisation (NGO) in Kenya. Its goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

CHEPs organises health/eye care screening and treatment camps, provides assistance for emergency medical and surgical care, sponsorship and career mentorship to deserving students, emergency relief and rehabilitation efforts in drought/famine disaster affected areas of Kenya, undertakes development and humanitarian projects in underprivileged areas of Kenya.

Vision

CHEPs envisions the underprivileged across Kenya empowered with equal access to quality health and education services, improved agriculture and environment for a dignified lifestyle.

Mission

CHEPs' mission is to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community.



Our projects include:

Health care



Eye camps, emergency medical treatments, limb prosthesis

Education

Student sponsorship, student mentorship centre, library set up, desk, chair, solar lights & books distribution



Agriculture

Farming support, irrigation projects, animal husbandry



Environment

Tree planting, organizing cleanup/hygiene projects in villages



Development

Microfinance & infrastructure for promotion of health and education, improving water supply through digging & rehabilitation of wells



Humanitarian

Emergency relief during famine & drought



1 Eye Camp



20 wells dug this quarter



12.4 tonnes relief food distribution

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SUMMARY OF THIS QUARTER'S ACTIVITIES BY CHEPS:

Health Projects

CHEPs Eye Camps

Backpack: villages in Kilifi County benefited from this project

Eye Camps #59: 395 needy patients screened and treated for various eye conditions in Bungoma county.

Education Projects

School construction

CHEPs constructed a two classroom school for lower level primary in Roka village in Kilifi County

Education sponsorship

12 students currently sponsored, 6 at tertiary level, 4 at Secondary school and 2 disabled children at Special Schools.

Prize giving day

Performing Students from Chakama primary and secondary school were awarded for their hard work in school

Environment Projects

Tree planting

Monitoring of the 2000 lime trees which were planted in the last quarter in Kilifi County

Development Projects

Wells digging & rehabilitation

20 wells dug to combat water scarcity bringing the total number of CHEPs wells to 342 dug

Sanitation facility

The construction of a second modern sanitary facility ongoing at Chakama primary school and secondary school to serve over 500 students who used to relieve themselves out in the open.

Hand washing facility

Chakama secondary school borehole was connected to a new hand washing facility

Gaba united

A football team in Gaba village in Kilifi county had their jerseys sponsored by CHEPs

Humanitarian

Drought & Famine relief

12.4 tonnes of food & 2,000 litres of cooking oil distributed to drought affected areas this quarter.

Health

CHEPs Eye Camps

According to The World Health Organization (Fact sheet No. 282, August 2014):

- 285 million people worldwide have abnormal vision and 14% of them, which is close to 40 million, are completely blind.
- 80% of these 40 million cases of blindness could have been prevented.
- 90% of visually impaired people live in low-income settings.

CHEPs has over the years been on a mission to improve eyesight of destitute communities by conducting free eye camps all over Kenya.

During the camps, we screen and treat various eye ailments using a variety of medication, and correct visual impairment by giving out spectacles all free of charge. We also perform eye surgeries to treat cataract blindness also free of charge.

We have so far held a total of 59 free eye camps across the country during which:

- 14,511 people have been screened for eye conditions
- 4,925 pairs of spectacles were given out to correct visual impairment.
- 7,913 eye drops of different types were dispensed to treat eye diseases.
- 1,094 blind people have been operated for cataract to restore their vision.

CHEPs 59th free eye camp

Our 59th eye camp was held in Mateka village, Bungoma County, Kenya. Bungoma County is located in Western Kenya, 450 km from Nairobi. The village is very remote, hence residence lack access to health care, including eye care. Being predominantly elderly and needy, the villagers are very deserving of medical support. During the camp, our team managed to attend to a total of 395 patients, examining and treating them for a variety of ophthalmic ailments using eye drops and spectacles. Those who require surgery were booked for a future surgical camp. In summary:

- Total number of patients served – 395
- Spectacles given out to improve vision – 165
- Eye drops dispensed to treat various eye diseases – 200
- Cataract blindness diagnosed - 36

EYE CARE

Join us in our endeavour, to prevent blindness and restore vision on millions of reversibly blind people.

You too can be a part of this!!! Partner with us in correcting visual defects and preventing preventable blindness among needy communities.

info@chepskenya.org

CHEPs medical backpack

The CHEPs backpack medical project continues, in an attempt to provide medical services to the large proportion of people who lack access to basic healthcare.

This project was launched in September 2015, and provides basic healthcare to needy families in Kawangware slums through home-to-home visits by our volunteer medical practitioners.

During the visits, basic ailments are treated by providing medication free of charge. Cases that require specialized care are referred to suitable health care facilities and supported.



Back pack medical project

When quality medical care is not accessible to the poorest of the poor, CHEPs takes it to them. This however requires constant supply of both pharmaceutical and non-pharmaceutical products which are given free of charge to the beneficiaries.

Join us in providing healthcare to the destitute.

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Sanitation awareness

CHEPs took an initiative to call the village elders in villages in Kilifi County to emphasize to them the importance of proper disposal of faecal waste by the villagers so as to curb the spread of cholera, since its spread was being noticed and reported in different counties in Kenya. The village elders took the alarming information to their respective villages and the villagers were reported to have taken the warning seriously thus improved their sanitation.

With the help of posters being circulated in the villages, majority if not all of the villagers including the young, knew the basic things which they had to do so as to avoid any contamination.



Meeting with the village elders

Sanitation awareness

Join us in our endeavour, to prevent the spread of cholera among other water borne diseases.

You too can be a part of this!!! Partner with us in improving sanitation status in the poor communities

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Environment

Tree Planting

The global rate of deforestation is alarmingly high. It is estimated that the world uses 25% more forest resource than can be sustained every year. Forests are quickly being cleared by human activities including settlement, timber harvest, and energy production, and being replaced by desert.

This is leading to severe climate changes that are resulting in harsh conditions such as the drought experienced in Kenya this year. The Sustainable Development Goal 15 (SDG15) aims to ensure environmental sustainability by reversing the loss of environmental resources.

In keeping with this global goal, CHEPs strives to preserve the environment by planting trees. We have so far planted over 13,300 trees in rural parts of Kenya, with emphasis in arid and semi-arid areas.

This quarter CHEPs are still monitoring the progress of the 2000 lime fruit trees planted in Chakama, Kilifi County in the last quarter. These trees are expected to not only sustain the environment, but also empower the community economically through the sale of lime fruits, a unique approach! Furthermore, because the community's major source of income is charcoal burning, an economically viable tree is less likely to be cut down, hence ensuring sustainability.



Kitchen garden

CHEPs introduced a kitchen garden in Chakama secondary school. The garden will in the long run help the school, students can slowly appreciate the science of agriculture.

ENVIRONMENTAL SUSTAINABILITY

The future generation needs us to preserve the environment for their survival! Let's reverse the environmental damage we have done.

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Development

Wells digging

It is reported that lack of access to safe drinking water is the number one crisis worldwide, with over 1 billion people facing this predicament. Things are quickly getting worse with the fast growing human population.

The situation in Kenya is no different with 17 million out of the 40 million people living in the country lacking access to this valuable resource. Other than thirst, lack of water also leads to hunger as most Kenyans rely on agriculture for their sustenance.

CHEPs aims to alleviate the problem by digging wells and boreholes so as to improve supply of this precious commodity that is not only needed for drinking and farming, but also for improved hygiene and sanitation.

CHEPs has so far dug 342 wells. This year alone, CHEPs has dug 20 wells to ensure access to water, provided opportunities for subsistent farming, and tree plantation, thereby addressing thirst, improving food security and ensuring environmental sustainability.

The wells are also capped to ensure that neither people, animals nor dirt would not fall in, ensuring safety and hygiene.

WELLS DUG THIS QUARTER

Well D320 dug for Halima Jimale Keyley of Mau Mau village, Wajir County, Kenya



Well D321 dug for Idhoy Muhammed of Hudhile village, Wajir County, Kenya



Well D322 dug for Ali Salat of Hudhile village, Wajir County, Kenya



Well D323 dug for Haret Maalim of Bangal village, Wajir County, Kenya



Well D324 dug for Abdow Issa of Hudhile village, Wajir County, Kenya



Well d319 dug for Nugloy Abdille of Bahati village, Wajir County, Kenya





Well D325 dug for Ugas Abdikadir of Hudhile village, Wajir County, Kenya



Well D329 dug for Elema Abdi of Bulla Isiolo village, Wajir County, Kenya



Well D326 dug for Barwago Muhammed of Wagalla village, Wajir County, Kenya



Well D330 dug for Olow Ali of Bulla Jogoo village, Wajir County, Kenya



Well D327 dug for Mohamed Saman of Bulla Makoror village, Wajir County, Kenya



Well D331 dug for Rahma Jirow of Mau Mau village, Wajir County, Kenya



Well D328 dug for Ali Siyad of Hudhile village, Wajir County, Kenya



Well D332 dug for Mumina Abdullahi of Bulla Makoror village, Wajir County, Kenya



Well D333 dug for Farhiya Issa of Bulla Makoror village, Wajir County, Kenya



Well D337 dug for Mumin Hassan of Bulla Makoror village, Wajir County, Kenya



Well D334 dug for Batula Sambur of Bangal village, Wajir County, Kenya



Well D338 dug for Shale Kodow of Mau Mau village, Wajir County, Kenya



Well D335 dug for Muhumed Antar of Bangal village, Wajir County, Kenya



Well D336 dug for Ahmed Abey of Bulla Makoror village, Wajir County, Kenya

WATER SUPPLY

Water is life, and without it there can be no survival. Many communities are forced to walk very long distances in search of this valuable commodity. Join us in bringing life to communities that are threatened by thirst.

Water is life, and without it there can be no survival. Many communities are forced to walk very long distances in search of this valuable commodity. You too can be a part of this!!!

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Sanitation

It is reported It is reported that:

- 2.5 billion people (37% of global population) to date lack access to adequate sanitation
- Every 20 Seconds, a child dies due to poor sanitation
- 80% of diseases in developing countries are caused by unsafe water and poor sanitation
- Access to good sanitation and safe water could save 1.5 million children per year

Proper human waste disposal systems are unheard of in many remote parts of Kenya. Many people are forced to walk long distances to access latrines, practice open defecation, or even use 'flying toilets'. This poses great danger to the communities due to the high likelihood of water and food contamination, leading to outbreaks of diarrhoea diseases that often lead to mass mortality.

Chakama Secondary School sanitary facility

Chakama secondary school, is located in remote Kilifi, and hosts over 200 pupils in an environment that lacks a proper sanitary facility. Students are forced to urinate and defecate in the open, exposing themselves to water and food contaminations, which can lead to severe disease.

This quarter, CHEPs is constructing a modern sanitary facility for the students. This provided the students with a facility to dispose their waste safely and protect them from diarrheal diseases.

Sanitary facility constructed by CHEPs in August 2017:

Hand washing facility

This quarter we also constructed a hand washing facility for the primary school students to encourage hand-washing practice among them, in order to further

mitigate diarrheal diseases

SANITATION

Open defecation poses great danger to the communities due to the high likelihood of water and food contamination, leading to outbreaks of diarrhoea diseases that often lead to mass mortality. You too can be a part of this hygiene drive!!!

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Education

Student Sponsorship Programme

CHEPs continues to support smart needy students across the country by sponsoring their secondary and tertiary education. The programme currently supports a total of **12** students, of which 6 are at College & University Level, 4 are at secondary school level & 2 are disabled children at special schools, coming from diverse backgrounds and races. This aims at combating poverty by provision of education.

Our latest addition is a student pursuing Bachelor of Clinical Medicine in Comprehensive Ophthalmology and Cataract surgery. This student is not only expected to uplift his status and that of his family, but also contribute to improving ophthalmic services in the country. He will also improve the capacity of CHEPs in providing eye care to needy communities in Kenya.

Below is a student being awarded for her outstanding performance. She is one of the students being sponsored by CHEPs



Chakama primary and secondary school prize giving

CHEPs aim at motivating the students in the country to work hard in school. This quarter, CHEPs participated in the prize giving of Chakama primary and secondary school. The performing students were awarded some trophies as a gesturing the tribute for their hard work

Roka School

CHEPs does not turn a blind eye to the suffering of needy communities in Kenya. We aim to combat poverty among them by enhancing their literacy. To do so, we constructed for the children of Roka village a school within their village since they had to undergo learning process under a tree. Once education is accessible, literacy will improve, and the community members will be better educated to face the world. This we believe is the first step to eradicating poverty in the community.

We intend to undertake this in phases, beginning with the ongoing construction of two low-cost nursery level classrooms for early child development, and a toilet facility. We intend to thereafter progress to primary school, one classroom after another, until we have a fully-fledged school.



EDUCATION SPONSORSHIP

CHEPs believes that education is the key to elimination of poverty. For the sustainability of this programme, there is need for constant availability of funds, which has of late proven to be a challenge. This has made it difficult to not only admit new students into the program but also risks the continuity of the current 30 students on board. Join us in this endeavour, one bright student at a time.

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Humanitarian

Drought & Famine Relief

This year over 2.6 million Kenyans suffered from extreme thirst and hunger due to severe drought. Scattered animal carcasses and malnourished people were a common scene. Having lost their source of food and water with the drying of their crops, and water sources, masses of people risked losing their lives if no intervention was put in place.

CHEPs responded through distribution of emergency relief food and drinking water. While we managed to distribute 48 tonnes of food to over 2800 households and over 300,000 L of water to more than 5500 households last quarter, this quarter we distributed 12.4 tonnes of food to 819 households

Food distribution this quarter

CHEPs strives to improve food security in the region by implementing short-term interventions such as feeding programs and relief food and water distribution, and long-term interventions such as kitchen gardens, community farms and providing the communities with seeds so as to practice crop farming in order to promote self-reliance. In order to avert the problem these communities face, CHEPs in collaboration with Humanity First distributed food to 819 households living in some of the worst affected villages in Kilifi. Some 70 muslim students in a madrasa in Gaba village also benefited from the distribution, they were stocked with food that will last them weekends for 7 weeks.





Our impact to date

Sr.No	Indicators of activity progress	Units
1	Number of people provided with relief food:	159,775
2	Number of villages provided with relief food:	76
3	Amount of relief food distributed:	Over 261 tons
4	Number of eye camps organised:	59
5	Number of people screened for eye conditions:	14,511
6	Number of people provided eye glasses for refractive errors:	4,760
7	Number of people provided with eyedrops for various eye conditions:	7,878
8	Number of cataract blind people operated to see again:	1,130
9	Number of individuals assisted for emergency medical treatment:	32
10	Number of amputees provided with limb prosthesis:	28
11	Number of students ever supported with fees:	137
12	Number of students currently supported with fees:	16
13	Number of university students ever supported with fees:	83
14	Number of university students currently supported with fees:	10
15	Number of disabled students ever supported with fees:	15
16	Number of disabled students currently supported with fees:	3
17	Number of boarding schools in rural areas supported in food for fees project:	13
18	Number of students benefited from food for fees project:	524
19	Amount of food distributed in food for fees project:	Over 40 tons
20	Number of student mentorship centres set up:	3
21	Number of books distributed:	2,809
22	Number of schools/institutions given books:	16
23	Number of libraries set up for schools/communities:	4
24	Number of classrooms constructed:	5
25	Number of sanitary facilities constructed:	26
26	Number of desks given to schools:	453
27	Number of solar lights given to schools:	2,504
28	Number of solar lights given to institutions:	41
29	Number of trees planted:	13,380
30	Number of wells dug:	343
31	Number of wells rehabilitated:	537
32	Number of dried wells re-dug:	50
33	Number of 'berkets' water storage tanks constructed:	2
34	Number of new farmers/kitchen gardens supported:	329
35	Number of large irrigation/farming projects:	3
36	Number of goats distributed to poor families:	50
37	Number of official presentations made at scientific conferences:	6
38	Number of workshops, seminars & community presentations:	8
39	Number of conferences and workshops organized:	3
40	Number of clothes distributed:	470
41	Number of schools/institutions given clothes:	10

OUR APPRECIATION AND APPEAL

We thank all organizational & individual well-wishers for their moral and material support which has helped CHEPs carry out these projects. Through this support CHEPs hopes to achieve its mission “to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community”

Our communities are in need of all manners of support. CHEPs believe in empowering communities to become self sufficient, rather than providing relief support. This is a more effective and sustainable approach. As demonstrated by this report and many others that can be accessed through our website, there is need for constant availability of funds to empower needy communities and provide them with basic human needs. Join us in our endeavour to empowering destitute communities to become self-sufficient.

Please contact us on info@chepskenya.org to partner with us in making a difference.

Visit our website www.chepskenya.org or follow us on facebook.com/chepskenya.org to get regular updates.