



CHEPs

CENTRES for
HEALTH &
EDUCATION
PROGRAMMES

Empowering | Promoting Health, Education and Development | Improving lifestyle



COVID-19

PREVENTION PROGRAMME



CENTRES for
HEALTH &
EDUCATION
PROGRAMMES

REUSABLE FACE MASKS PRODUCT

Betacharita

Building

www

.betacharita

Update # 31: July – September 2020

TABLE OF CONTENT

TABLE OF CONTENT	2
ACKNOWLEDGMENT.....	3
WHAT IS CHEPS ABOUT?	4
About Us	4
Vision.....	4
Mission.....	4
OBJECTIVES	5
Key Objectives.....	5
PROJECTS	5
IMPACT	6
CHEPS COVID-19 PREVENTION PROGRAMME	8
DEVELOPMENT.....	13
Water supply.....	14
THE PROJECT	14
Construction of shallow wells Mnazini, Tana River County	14
EDUCATION	21
HUMANITARIAN	25
STRIVING AGAINST STARVATION	26
EMERGENCY RELIEF	31
RAMADHAN FOOD RELIEF.....	35
COVID-19 PREVENTION.....	39
THE HAND WASHING TANKS	41
FACE MASK DISTRIBUTION IN CHAKAMA, KILIFI COUNTY	43
FACEMASK DISTRIBUTION IN BUSIA COUNTY	46
HOUSING FOR ELDERLY IN CHAKAMA	48
EID FOOD PACK DISTRIBUTION	52
CONTACT INFORMATION.....	53

ABOUT US

The Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organisation (NGO) in Kenya. Its goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

VISION

CHEPs' envisions the underprivileged across Kenya empowered with equal access to quality health and education services, improved agriculture and environment for a dignified lifestyle.

MISSION

CHEPs' mission is to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community.

PROJECTS

Health care: eye camps, emergency medical treatment, limb prosthesis

Education: student sponsorship, student mentorship centre, set up libraries, solar lights, books' distribution to students, classrooms and desks for schools

Agriculture: farming support, irrigation projects, animal husbandry

Environment: tree planting, organizing clean up/hygiene projects in villages

Development: microfinance and infrastructure for promotion of health and education, improving water supply through digging & rehabilitation of wells, improving sanitation by building latrines in rural areas

Humanitarian: emergency relief during famine & drought, welfare of street children, feeding programmes

IMPACT

To date CHEPs has achieved the following:

Sr.No	Indicators of activity progress	Units
1	Number of people provided with food support in emergencies:	214,876
2	Number of villages provided food support in emergencies:	63
3	Amount of food distributed in emergencies: (tons)	446
4	Number of eye camps organized:	98
5	Number of people screened for eye conditions:	40,465
6	Number of people provided eye glasses for refractive errors:	13,354
7	Number of people provided with eyedrops for various eye conditions:	29,607
8	Number of cataract blind people operated to see again:	4,931
9	Number of individuals assisted for emergency medical treatment:	77
10	Number of amputees provided with limb prosthesis:	28
11	Number of students ever supported with fees:	154
12	Number of students currently supported with fees:	9
13	Number of university students ever supported with fees:	85
14	Number of university students currently supported with fees:	3
15	Number of disabled students ever supported with fees:	15
16	Number of disabled students currently supported with fees:	3
17	Number of boarding schools in rural areas supported in food for fees project:	13
18	Number of students benefited from food for fees project:	524
19	Amount of food distributed in food for fees project:	Over 40 tons
20	Number of student mentorship centres set up:	3
21	Number of books distributed:	4809
22	Number of schools/institutions given books:	22
23	Number of libraries set up for schools/communities:	4
24	Number of classrooms constructed:	9
25	Number of sanitary facilities constructed:	46

26	Number of desks given to schools:	730
27	Number of solar lights given to schools:	2504
28	Number of solar lights given to institutions:	42
29	Number of trees planted:	13380
30	Number of wells dug:	363
31	Number of wells rehabilitated:	557
32	Number of dried wells re-dug:	50
33	Number of 'berkets' water storage tanks constructed:	2
34	Number of kitchen gardens supported:	329
35	Number of farmers supported	409
36	Number of large irrigation (greenhouse)/farming projects:	3
37	Number of goats distributed to poor families:	90
38	Number of official presentations made at scientific conferences:	6
39	Number of workshops, seminars & community presentations:	8
40	Number of conferences and workshops organized:	3
41	Number of clothes distributed:	1600
42	Number of schools/institutions given clothes:	10
43	Number of water filters distributed	200
44	Number of families received water purification chemical	2900
45	Number of families received water buckets for water storage	2750
46	Number of households educated on COVID-19	3000
47	Number of masks produced	Over 20000
48	Number of masks distributed	Over 11000



COVID-19

PREVENTION PROGRAMME

CHEPs COVID-19 PREVENTION PROGRAMME

The world is currently facing a major pandemic. COVID-19 a disease caused by a novel strain of Corona virus is fast spreading, and wreaking havoc worldwide. More than 38 million cases had been recorded by the time of writing this report, and an excess of 1million deaths documented. In Kenya, numbers of infections had exceeded 38,000 and mortalities close to 650. The greatest concern with the ongoing pandemic is the uncontrollable mass outbreaks that have led to mass mortalities as witnessed in a number of countries. Health systems have been stretched beyond limits in developed countries that have the best health care, and economies brought to their knees not sparing economic giants.

Kenya is struggling to limit the spread of the diseases as the numbers continue to rise exponentially. The economy has suffered greatly as businesses have shut down and as mass layoffs are experienced across the country. The worst affected victims are marginalized rural communities who even before COVID-19 were threatened by starvation after their farms were destroyed by locusts and floods. Kenya this year experienced the worst locust invasion in 70 years, as millions of desert locust swarms swept across the country destroying hundreds of thousands of hectares of farm land. A second wave is currently ongoing, even larger than the first.

As government apparatus struggle to contain the spread of COVID-19, marginalized communities are finding themselves neglected. Not only are they at risk of starvation from the above reasons, they are also the most vulnerable to the disease. With more urgent needs among such communities including food, little importance is given to COVID-19 prevention strategies such as the use of face masks and hand washing among such communities.



An elderly villager in Chakama, Kilifi County, sitting in his home, living in extreme poverty

FACE MASKS PRODUCTION AND DISTRIBUTION

COVID-19 may be transmitted by infected persons even in the absence of symptoms of disease. While social distancing and good hand hygiene are important methods to prevent virus transmission, guidelines recommend that healthy individuals should wear masks in public to limit its spread. Studies suggest that if people wear a mask in public, then COVID-19 transmission could be halted. Governments including that of Kenya have therefore set directives making it mandatory for masks to be worn in public. Such directives have however not been adhered to by most rural inhabitants who not only cannot afford the masks but also have other more pressing priorities including lack of food and drinking water. Such communities are therefore at risk of rapid spread of the disease and subsequently devastating morbidity and mortality.

Communities, in the areas that we operate, live under very harsh conditions, and lacks access to essential needs including clean water, food, healthcare, electricity, sanitation and accessibility. They are living in extreme poverty and at the risk of starvation. Disease outbreaks such as COVID-19 could lead to devastating consequences and must be prevented at all costs.

This quarter, CHEPs distributed over 8000 reusable face masks to vulnerable villagers in rural Kenya free of charge. In order to avoid crowding, which would risk further spread of the disease, we distributed them to

“Nyumba Kumi” representatives who thereafter distributed them to their respective 10 households that they each represent.



CHEPs Tailors producing masks



CHEPs Programmes Manager inspecting mask production

DISTRIBUTION OF MASKS TO COMMUNITIES





WATER SUPPLY



Water supply

Lack of access to safe drinking water is the number one crisis worldwide. 3 out of 10 people worldwide or 2.1 billion, lack access to safe, readily available water at home, and 6 out of 10, or 4.5 billion people, lack safely managed sanitation. The situation in Kenya is no different. With a population of 47 million, 37 percent of Kenyans still rely on unimproved water sources, such as ponds, shallow wells and rivers, while 70 percent of Kenyans use unimproved sanitation solutions. These challenges are especially evident in the rural areas and the urban slums. Only 9 out of 55 public water service providers in Kenya provide continuous water supply, leaving people to find their own ways of searching for appropriate solutions to these basic needs. Most Kenyans rely on agriculture directly or indirectly, and lack of access to water leads to hunger in addition to thirst. Northern Kenya is the hardest hit having an average annual rainfall lower than 200 mm of the country's average 630 mm.

CHEPs therefore aims to alleviate the problem by providing water to the worst affected communities by digging wells, so as to improve supply of this precious commodity that is not only needed for drinking, but also for improved hygiene and sanitation.

CONSTRUCTION OF SHALLOW WELLS IN MNAZINI, TANARIVER THIS QUARTER

Mnazini is a remote village in Garsen, Tana River County is located 582Km from Nairobi. The community is a needy one living in extreme poverty. With more than 2000 people calling Mnazini home, they all used to depend on ONLY 6 (one is now broken down) shallow wells for water till recently when we intervened and dug for them over 10 wells. Children used to be seen carrying jerrycans everyday in search of water. CHEPs wells project intends to improve water supply and encourage farming thus address the problem of food insecurity.



Map of Kenya showing Garsen, the sub county where Mnazini is found

As always, CHEPs strive to improve the accessibility of water and improve sanitation in the marginalized communities. Mnazini shallow wells project is expected to help reduce the spread of water-borne and water-related diseases through providing access to clean and safe water and good sanitation practices aimed at improving the livelihood of beneficiaries.

Beneficiary families which were in despairing need of water were identified prior to the construction of the wells during a community meeting. The well digging was successful and adequate water is now readily available in the homestead of the beneficiaries.



Typical houses in the village



Digging in progress



A shallow well



Capping in progress

WELLS DUG THIS QUARTER



HOUSING



CHEPS/002/2020
HOUSING PROJECT
DONATED BY :-

 Beta Charitable Trust

IMPLIMENTED BY :-

 CHEPS

www.ChepsKenya.org

HOUSING FOR ELDERLY AND WIDOWS IN CHAKAMA

Shelter is one of the basic necessities for a human being. According to the United Nations:

- 100 million people worldwide are homeless
- 1.6 billion lack adequate and secure housing
- 100,000 people die every year due to lack housing
- The housing deficit in Kenya stands at 2 million and continues to grow by 200,000 annually.

The worst affected are the elderly who are commonly neglected by their children who move to towns leaving them in the villages. Some societies including those living in Kilifi even accuse the elderly of witchcraft and isolate or even murder them.

CHEPs has so far constructed 2 homes for elderly and widows and are in the process of constructing more similar homes.

THIS QUARTER WE BUILT A NEW HOME FOR SAUMU AND ALI KAZUNGU

Mr and Mrs Kazungu are an elderly couple who live in Chakama, with their 6 grandchildren in extreme poverty. Over the years they took up menial jobs in people's farms to earn a living so as to feed themselves and their grandchildren. Their two daughters left them in the village, with the responsibility of raising grandchildren as they moved to towns in search of jobs. The wife suffered from tuberculosis a while back which was never treated, and as a result, to date ails from chest problems. She has therefore been sickly for many years, as is visibly wasted, a condition that has been aggravated by their state of poverty. Due to their old age and poor health, they are no longer able to work in people's farms, and now mostly rely on handouts from neighbors who themselves live in poverty. This has therefore meant that they and their grandchildren hardly manage a meal a day, let alone other needs.

Our local volunteers paid them a visit on learning of their condition and found them in their rundown mud house huddled to a corner, as 3 out of the 4 walls as-well-as half of the roof had collapsed. They basically live in the open with neither privacy, basic comfort, nor dignity and rely on each other's warmth to keep warm as they huddle together during the cold night in pitch darkness. They are too weak to rebuild the house and cannot afford to hire labor as well as purchase material for the same. Through support from Beta Charitable Trust, we constructed for them a decent house complete with a toilet.



CHEPs volunteer delivers food and clothes to Saumu

CHEPs volunteer covering their home with old banners



A new home for Saumu and Kazungu under construction



A brand new home ready for occupation



The elderly couple escorted to their new home by CHEPs volunteer Yusuf Mapenzi



The couple inside their new home



Their grandchildren couldn't hide their joy as they played around their new home till night fall.

SOLAR LIGHT

The CHEPs' solar lamps initiative is committed to enable students, institutions and homes without electricity to get access to light for studying and income generation activities. This project enables them to replace the kerosene lantern with solar lighting devices thus providing better illumination and smoke/pollution free indoor environment as well as creating opportunities for better livelihoods both at the individual and communal level.

In remote villages lacking electricity and abundance of polluting and dangerous sources of lighting such as kerosene lamps/candles, CHEPs has resorted to light up homes of needy elderly villagers using solar lights.

This quarter we lit up the home of Dama Ziro a 70 year old widow who recently lost her husband of over 40 years. On learning of her loss, CHEPs donated a solar lighting kit to Dama in an attempt to comfort her as she grieved the loss of her husband. We hope that she will feel a bit less lonely having some light at night.



CHEPs volunteers console with Dama



CHEPs Programmes Manager fitting a solar lighting kit in Dama's home



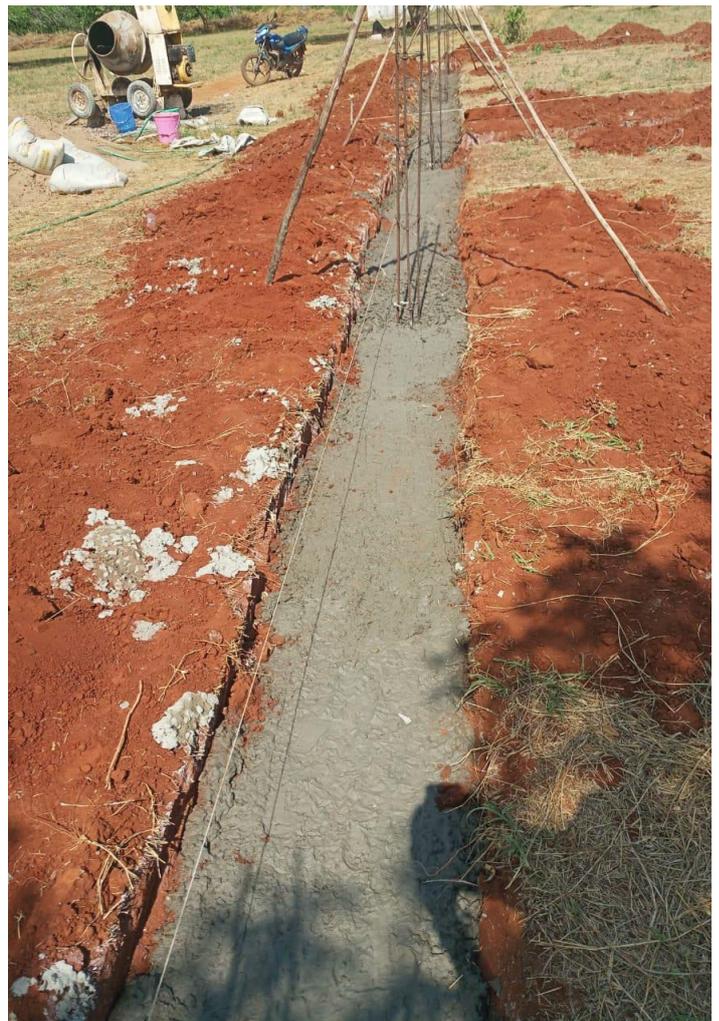
EDUCATION



CONSTRUCTION OF CLASSROOM IN CHAKAMA SECONDARY SCHOOL

Chakama secondary school is located in Chakama, a remote location within Kenya's Kilifi County. The community is a very needy one, living under very harsh conditions, and lacking essential needs including food, healthcare, water, electricity, and education. Chakama secondary school is the only secondary school serving the 38 villages of Chakama and hosting up to only 200 pupils. This therefore means that the majority of secondary school pupils are left out and forced to either travel far for secondary education or drop out altogether.

CHEPS aims to combat poverty among them by enhancing their literacy. To do so, we are increasing the learning capacity by constructing two additional classrooms for Chakama Secondary School. This brings the total classrooms that we have constructed in Chakama to 10. We have completed construction and intend to also construct for the secondary school additional facilities including computer and science laboratories, a library, administration block, dining hall among other amenities.





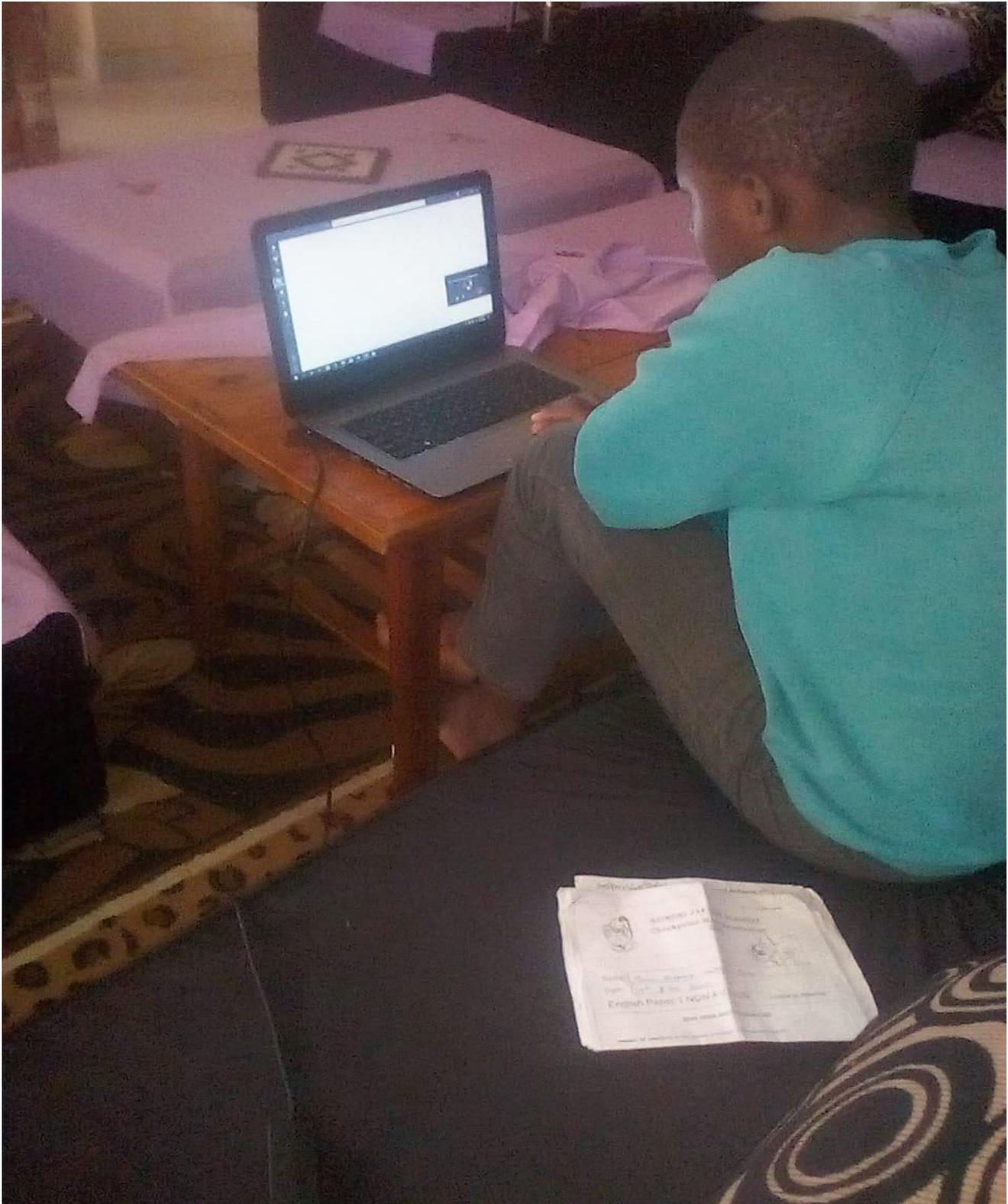


EDUCATION SUPPORT

Kenya is struggling to limit the spread of COVID -19 as the numbers continue to rise exponentially. Among measures put in place to limit spread is the closure of schools and the shifting of academic activities to online virtual platforms. Children living in rural and needy areas are however disadvantaged since they cannot afford neither the necessary electronic devices such as tablets or laptops, nor that internet connectivity. They are therefore left behind in the learning curricular and will be expected to sit the same national examinations as those who have access. They are therefore at risk of failing their examinations and not qualify for tertiary education. This simply aggravates the problem and accelerates the cycle of poverty.

Marrion Nabwire a needy child living in Nairobi's Kawangware slums is one such student. CHEPs has been supporting her throughout her primary and secondary education, and she is now preparing to sit her O-Level examinations. Coming from a very needy background, her parents were unable to secure a laptop for her. CHEPs therefore intervened and purchased a brand new laptop for her with good specification that would enable her to continue learning virtually.

“I am so grateful for this laptop. It will enable me attend all classes and do all the assignments on time. I used to attend classes on my mother’s “smartphone” but with alot of difficulty because the phone is of minimum specifications. Now I will catch up with the class and complete all the assignments that are due.”Marrion commented on receiving her laptop



Marrion attending virtual classes

CONTACT INFORMATION

Centres for Health & Education Programmes

P. O. Box 23608-00100 Nairobi, Kenya

info@chepskenya.org

www.chepskenya.org