



CENTRES for
HEALTH &
EDUCATION
PROGRAMMES

EMPOWERING | PROMOTING HEALTH, EDUCATION AND DEVELOPMENT | IMPROVING LIFESTYLES

ANNUAL REPORT 2023



Table of Contents

ABOUT US	3
VISION	3
MISSION	3
PROJECTS	3
LETTER FROM OUR CHAIRMAN	4
IMPACT	5
SUMMARY OF ACHIEVEMENTS IN 2023	5
CUMULATIVE ACHIEVEMENTS TO DATE:.....	6
HEALTH	8
ORTHOPAEDIC CAMPS	9
EYE CAMPS.....	13
INSTITUTIONAL SUPPORT	33
SUPPORT OF THE DISABLED.....	37
DENTAL HYGIENE CAMPAIGN.....	40
EDUCATION	41
SCHOOLS INFRASTRUCTURE SUPPORT	42
FURNITURE SUPPORT	45
BOOKS AND STATIONERY SUPPORT.....	47
ADVANCING LITERACY IN CHAKAMA.....	48
SCHOOL FEEDING PROGRAMME	49
CHAKAMA SCHOOL UNIFORM PROJECT	50
KEEPING THE GIRLS IN SCHOOL.....	51
STUDENTS SPONSORSHIP	52
WATER, SANITATION & HYGIENE (WASH)	53
WATER SUPPLY - QUENCHING THIRST, TRANSFORMING LIVES	54
WATER SUPPLY IN TANA RIVER COUNTY.....	54
CONSTRUCTION OF SHALLOW WELLS.....	55
RAIN HARVESTING	57
WATER SAFETY AND HYGIENE INITIATIVE	59
COMMUNITY-LED TOTAL SANITATION (CLTS) PROJECT	60
HUMANITARIAN	61
ENVIRONMENT CONSERVATION	64
TREE PLANTING INITIATIVE	65
RESEARCH, DEVELOPMENT AND ADVOCACY	66
TRAININGS	67
CONFERENCES.....	70
ADVOCACY	73

ABOUT US

The Centres for Health and Education Programmes (CHEPs) is a registered Non-Governmental Organisation (NGO) in Kenya. Its goal is to empower, promote access and improve quality of health and education for the benefit of under resourced individuals and communities.

VISION

CHEPs' envisions the underprivileged across Kenya empowered with equal access to quality health and education services, improved agriculture and environment for a dignified lifestyle.

MISSION

CHEPs' mission is to empower the underprivileged individuals and communities of Kenya, while instilling hope and dignity, by providing sustainable and quality health, education, agriculture, environment conservation, development and humanitarian projects through local initiatives, resources, and involvement of local volunteers willing to serve the community.

PROJECTS

Health care: Eye camps, orthopaedic camps, emergency medical treatment, limb prosthesis

Water, sanitation & Hygiene (WASH): Wells, trucking clean drinking water to villages and schools, installing water storage tanks in villages and schools, construction of latrines in schools, promoting toilets in every household, distribution of water chlorination solutions

Education: Student sponsorship, student mentorship centre, set up libraries, solar lights, books' distribution to students, classrooms, furniture for schools, distribution of bags and stationery for students

Agriculture: Farming support and training, irrigation projects, kitchen gardens, animal husbandry

Environment: Tree planting, organizing clean-up/hygiene projects in villages

Humanitarian: Emergency food relief during famine & drought, welfare of street children, feeding programmes

LETTER FROM OUR CHAIRMAN

Dear Supporters and Partners,

I extend my deepest gratitude to each of you for your unwavering support and dedication to the Centers for Health and Education Programmes (CHEPs) throughout the past year. Your commitment has been instrumental in enabling us to carry out a wide range of impactful projects aimed at improving the lives of individuals and communities in Kenya.

From highly specialized orthopedic and eye camps that have restored mobility and vision to those in need, to water and sanitation initiatives that have provided access to clean water and improved hygiene practices, your generosity has been the cornerstone of our success. Our education and development programs have empowered individuals with knowledge and skills, while our environmental and agricultural projects have promoted sustainable practices and safeguarded natural resources for future generations.

In times of crisis, your support has enabled us to respond swiftly and effectively, providing vital humanitarian assistance to those affected by natural disasters. Your unwavering dedication to our mission has made a tangible difference in the lives of countless individuals and communities, and for that, we are profoundly grateful.

As we reflect on the achievements of the past year, I am filled with gratitude for your partnership and belief in our work. Together, we have made significant strides towards our shared vision.

Thank you for your continued support and commitment to our mission. With your help, we will continue to empower communities and build a brighter future for generations to come.

With sincere appreciation,

Zishan Chagpar

Chairman, Executive Board.

IMPACT

SUMMARY OF ACHIEVEMENTS IN 2023

Programme Area	Activity Area	Indicator	Result
HEALTH	Eye camps	Number of eye camps held	19
		Number of people screened	7856
		Number of spectacles distributed	1896
		Number of eye drops dispensed	8096
		Number of eye surgeries performed	1,864
	Orthopaedic camps	Number of orthopaedic camps held	3
		Number of patients treated for orthopaedic conditions	164
		Number of complex orthopaedic surgeries performed	12
	Institutional Support	Number of health facilities supported	2
	Disability Support	Number of project to support persons with disability	4
Dental Hygiene	Number of Students supported with dental hygiene kits	3,842	
	Number of schools supported with dental hygiene kits	24	
EDUCATION	Infrastructure support	Number of classrooms renovated	4
		Number of schools sanitary facilities constructed	4
	Furniture	Number of furniture provided	190
	Stationery support	Number of students received stationery support	311
	Promoting literacy	Number of mobile libraries provided to schools	16
	School feeding	Number of schools supported with daily food	25
		Number of students supported through school feeding	1828
	Uniform support	Number of students provided brand new school uniform	445
	Menstrual hygiene	Number of girls given reusable menstrual hygiene kits	1481
	Student sponsorship	Number of students supported with school fees	96
WATER, SANITATION & HYGIENE (WASH)	Wells diggings	Number of wells constructed	36
	Rain harvesting	Number of water pans constructed	9
	Water safety	Number of households provided water purification chemicals and Oral rehydration salts to prevent and treat diarrhoea	3001
	Toilets	Number of toilets constructed in schools	3
	Community Led Total Sanitation (CLTS)	Number of domestic latrines constructed through CLTS	484
DEVELOPMENT	Women's skill building	Number of women trained on tailoring and given startup kits	8
ENVIRONMENT	Trees planting	Number of trees planted	3150
HUMANITARIAN	Food distribution	Amount of food distributed (tons)	63
Research, Development and Advocacy	Staff Training	Number of trainings attended by staff	2
	Conferences	Number of conference presentations made	4
	Team building	Number of team building events conducted	1

Cumulative achievements to date:

Serial No.	INDICATOR	PROGRESS
	HEALTH	
1	Number of eye camps organized	150
2	Number of people screened for eye conditions	62356
3	Number of people provided eye glasses for refractive errors	17396
4	Number of people provided with eyedrops for various eye conditions	47596
5	Number of cataract blind people operated to see again	8964
6	Number of orthopaedic camps	6
7	Number of orthopaedic patients treated medically	364
8	Number of major orthopaedic surgeries conducted	39
9	Number of individuals assisted for emergency medical treatment	87
10	Number of amputees provided with limb prosthesis	28
11	Number of individuals assisted with wheelchairs/ walking aids	33
12	Number of households educated on COVID-19	10000
13	Number of masks produced	OVER 42,000
14	Number of masks distributed	OVER 42,000
15	Number of thermo gun given to schools	6
	EDUCATION	
16	Number of classrooms constructed	20
17	Number of classrooms renovated	7
18	Number of students ever supported with fees	271
19	Number of students currently supported with fees	96
20	Number of university students ever supported with fees	90
21	Number of university students currently supported with fees	2
22	Number of disabled students ever supported with fees	16
23	Number of disabled students currently supported with fees	1
24	Number of boarding schools in rural areas supported in food for fees project	13
25	Number of students benefited from food for fees project	524
26	Amount of food distributed in food for fees project	OVER 40
27	Number of student mentorship centres set up	3
28	Number of books distributed	8169
29	Number of schools/institutions given books	40
30	Number of libraries set up for schools/communities	4
31	Number of desks given to schools	1248
32	Number of solar lights given to institutions	42
33	Number of sanitary pad kits produced	13,104
34	Number of sanitary pad kits distributed to school going girls and community women	11,258
35	Number of schools enrolled in feeding program	25
36	Number of students supported through school feeding programme	1828
37	Number of school laboratory constructed	2
38	Number of students given brand new school uniform	445
39	Number of schools covered with school uniform project	4
	WATER AND SANITATION	
40	Number of wells dug	573
41	Number of wells rehabilitated	557
42	Number of dried wells re-dug	50
43	Number of large water pans dug	9
44	Number of water storage tanks constructed	60
45	Number of sanitary facilities constructed	76

46	Number of latrines constructed by communities through CLTS programme	2500
47	Number of water filters distributed	200
48	Number of families received water purification chemical	9507
49	Number of families received water buckets for water storage	10577
	DEVELOPMENT	
50	Number of households received solar lights	494
51	Number of houses constructed for seniors	30
	AGRICULTURE AND ENVIROMENT	
52	Number of trees planted	20492
53	Number of kitchen gardens supported	329
54	Number of farmers supported	4931
55	Number of large irrigation (greenhouse)/farming projects	3
56	Number of goats distributed to poor families	90
	HUMANITARIAN	
57	Number of people provided with food support in emergencies	323838
58	Number of villages provided food support in emergencies	OVER 130
59	Amount of food distributed in emergencies: (tons)	1032.4
60	Number of clothes distributed	2800
61	Number of schools/institutions given clothes	10
	RESEARCH AND ADVOCACY	
62	Number of scientific journal publications	2
63	Number of official presentations made at scientific conferences:	10
64	Number of workshops, seminars & community presentations:	8
65	Number of conferences and workshops organized:	4
66	Number of health talks to schools/community	40



HEALTH

- ORTHOPAEDIC CAMPS
- EYE CAMPS
- HEALTH FACILITY SUPPORT
- SUPPORT OF THE DISABLED
- DENTAL HYGIENE PROJECT



ORTHOPAEDIC CAMPS

BACKGROUND

In the landscape of Low and Middle-Income Countries (LMICs), orthopaedic ailments, particularly fractures, impose a significant burden. Kenya, grappling with a high prevalence of road traffic accidents (RTAs), faces pronounced challenges, with 93% of global RTA deaths and disabilities occurring in such countries. These injuries, often affecting young breadwinners, create a cycle of poverty due to the inability to afford necessary surgeries.

Transforming Lives through Orthopaedic Care

Recognizing the burden of orthopaedic ailments in Kenya, CHEPs initiated an Orthopaedic Program to address the unmet needs in neglected areas. This year, we conducted **three successful outreaches**, held in Lamu and Isiolo. Our program provided free consultations and surgeries, focusing on complex trauma fixations and joint replacements. The aim is not just to treat orthopaedic conditions but to break the cycle of poverty by restoring functionality and empowering individuals to support their families.

The program has witnessed notable success, with patient follow-ups revealing substantial relief and recovery, enabling individuals to regain self-sufficiency. CHEPs' commitment to comprehensive care is evident in our aspirations to expand services to include spine surgeries and minimally invasive arthroscopic procedures in the future.

We extend heartfelt gratitude to partners such as the Turkish Cooperation and Coordination Agency, Beta Charitable Trust, H&J Visram Foundation, and the family of Late Basheerali A. Nasser Peera for their invaluable support. Their contributions have significantly strengthened our orthopaedic program, empowering destitute patients and making a lasting impact on the communities we serve. As we move forward, CHEPs remains dedicated to breaking the chains of poverty through transformative orthopaedic care.

CHEPs 4th Orthopaedic Camp – May 2023

In partnership with The County Government of Lamu and EKDA, CHEPs conducted this camp at King Fahad Hospital in Lamu County, where a total of 114 patients with various musculoskeletal conditions, including spine and joint diseases and neglected injuries, were attended to. Although initially focused on non-surgical interventions due to theatre availability constraints, an urgent surgical case was successfully addressed. Patients in need of surgeries were identified and scheduled for procedures during our next camp.



CHEPs Programmes Manager and Orthopaedic Surgeon Dr. Faraj Alkizim together with Lamu County Medical Officer Dr. Tariq Sharman running the clinic (left) and conducting surgery (right)



Dr. Faraj Alkizim briefing Lamu County Governor HE Issa Timamy together with his wife The First Lady of the County.

CHEPs 5th Orthopaedic Camp – October 2023

In collaboration with Riyadhha Health Group and the Lamu County Government, CHEPs, conducted a follow-up surgical camp in Lamu, building upon the success of the previous initiative. In a pioneering move, CHEPs took a significant stride in healthcare of the county by performing the **first-ever total knee replacement surgeries** in Lamu during this camp. The surgeries were skillfully carried out by CHEPs Programme Manager, Dr. Faraj Alkizim. The camp featured a total of **five specialized surgeries**, encompassing **three total knee replacements and two complex trauma** surgeries. This marked a crucial advancement in addressing musculoskeletal ailments within the community. We extend our sincere appreciation to the volunteer medical personnel whose dedicated efforts were instrumental in the success of this noble cause. Their commitment played a vital role in providing specialized care to the residents of Lamu.



CHEPs 6th Orthopaedic Camp – December 2023

In collaboration with the Muslim Students Association of the University of Nairobi and The County Government of Isiolo, CHEPs conducted this camp in Isiolo County of Kenya. During the camp, a total of seven complex surgeries were performed on orthopaedic trauma patients in dire need. Notably, most of these patients had endured injuries for many months due to barriers to accessing surgical interventions as a result of financial and geographical limitations. The surgeries were conducted free of charge, with the primary objective of restoring their functionality and facilitating a return to normalcy in their lives. In addition the camp involved the review and non-surgical treatment of nearly 50 other patients.





EYE CAMPS

BACKGROUND






In the face of staggering global statistics concerning vision impairment, CHEPs remains resolute in its mission to bring clarity and light to destitute communities across Kenya.

According to The World Health Organization, approximately 2.2 billion individuals worldwide suffer from vision impairment, with half of these cases considered preventable or correctable. In response to this urgent global health concern, CHEPs conducts free eye camps throughout Kenya, extending a lifeline to communities in need.






Our comprehensive approach involves thorough screenings and treatment for various eye ailments, incorporating the provision of essential medications. To correct visual impairment, CHEPs distributes spectacles, ensuring improved vision for those who require them. Crucially, our eye camps include free cataract surgeries, addressing this prevalent cause of blindness without imposing financial burdens on the recipients.

CHEPs' multi-faceted strategy not only treats existing vision impairments but also prevents and corrects conditions, contributing significantly to an improved quality of life for the communities we serve. As we reflect on our steadfast commitment to enhancing eyesight, we express gratitude to our dedicated team, partners, and supporters who make our vision for a brighter, clearer world a reality. CHEPs remains unwavering in its pursuit of providing Vision for All.

So Far:

-  150 free eye camps have been organized across the country.
-  Over 62,356 people screened for eye conditions
-  Over 17,396 pairs of spectacles given out to correct visual impairment
-  Over 47,596 eye drops of different types dispensed to treat eye diseases
-  Over 8,964 blind people operated for cataract to restore their vision

During the year 2023:

-  **19 camps were conducted**
-  **7,856 patients screened and treated**
-  **1,896 issued with spectacles**
-  **8,096 given eye drops**
-  **1,864 operated to restore vision following blindness**

We extend heartfelt appreciation to Beta Charitable Trust, Turkiye Diyanet Foundation, Charity Vision, EKDA, our volunteers, and all other organizations, agencies and individuals who contributed to the success of these camps.

CHEPs 132nd Eye Camp- January 2023

This camp was held in Gilgil Nakuru County, located 128 km North west of Nairobi. The following services were offered free of charge:

- 🌿 Total number of patients served –150
- 🌿 Eye drops dispensed to treat various eye diseases – 200
- 🌿 Cataract blindness diagnosed and operated– 45



CHEPs 133rd Eye Camp- January 2023

This camp was held in Mount Elgon, Bungoma county, located 500 km Northwest of Nairobi and 6 km from Kenya-Uganda border. The following services were offered free of charge:

- 🌿 Total number of patients served –500
- 🌿 Eye drops dispensed to treat various eye diseases – 600
- 🌿 Cataract blindness diagnosed and operated– 70



CHEPs 134th Eye Camp - February 2023

This camp was held at Kajuku Health Centre in Tharaka Nithi county, located 200 km Northeast of Nairobi. During the camp, the following services were offered free of charge:

- 🔄 Total number of patients served –500
- 🔄 Eye drops dispensed to treat various eye diseases – 300
- 🔄 Reading glasses dispensed- 50
- 🔄 Cataract blindness diagnosed and operated– 58



CHEPs 135th Eye Camp - March 2023

This camp was held in Garissa which is located 370 km from Nairobi and 200 km from Kenya's border with Somalia. Garissa has a total population of over 1,020,000 people, most of whom live nomadic lives. Patients came from very distant villages, many of them elderly, weak and malnourished.





The following services were offered free of charge:

- Total number of patients served –1000
- Eye drops dispensed to treat various eye diseases – 500
- Cataract blindness diagnosed and operated– 208



CHEPs 136th Eye Camp - January 2023

This camp was held in Mombasa which is located 470 km from Nairobi on the Kenyan coast line. The city has a total population of over 3,520,000 people. Patients came from very distant villages, many of them elderly, weak and malnourished. The following services were offered:

-  Total number of patients served –400
-  Eye drops to treat various eye diseases – 250
-  Readers dispensed-100
-  Cataract blindness diagnosed and operated– 31



CHEPs Project Officer Hamid Awadh and volunteer Hassan raising awareness on a local radio station



Measurement of eye pressure



Visual acuity testing







Retinoscopy examination



Surgeries in progress

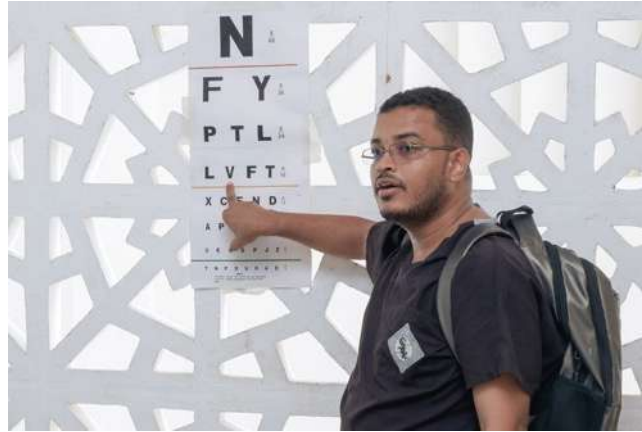
CHEPs 137th Eye Camp- 27th & 29th May 2023

This camp was held in Lamu Island, also known as “The Island of festivals” is a UNESCO world heritage site that attracts tourists from all over the world. It however also faces a range of medical challenges including prevalent eye diseases. The following services were offered by the team free of charge:

-  Total number of patients served –500
-  Eye drops to treat various eye diseases – 350
-  Readers dispensed-150
-  Cataract blind operated to restore vision– 53



Preoperative examination



Dr. Mbarak Bahhaj the Lamu County County Executive Committee Member of Health joins the camp



Surgeries in progress



Visit by HE The Governor of Lamu County, Hon Issa Timamy (center)

CHEPs 138th Eye Camp - 7th & 8th June 2023

This camp was held in Nairobi's Mama Lucy Kibaki Hospital. Nairobi is the capital city of Kenya having a population of 4.5million people, half of them reportedly living in slums. This was conducted in partnership with the County government targeting slum residents who are living in extreme poverty. The following services were offered free of charge:

- 🔄 Total number of patients served –1000
- 🔄 Eye drops dispensed to treat various eye diseases –500
- 🔄 Cataract blind diagnosed and operated– 171



CHEPs CEO Dr. Muhsin Sherif and Programmes Manager Dr. Faraj Alkizim meet senior Nairobi County Government officials



Delighted patients

CHEPs 139th Eye Camp - July 2023

This camp was held in Modogashe subcounty hospital in Garissa County which is located 570 km from Nairobi and 350 km from Kenya's border with Somalia. Garissa has a total population of over 1,020,000 people, most of whom live nomadic lives. The following services were offered free of charge:



Total number of patients served –1000

Eye drops dispensed to treat various eye diseases – 500

Cataract blindness diagnosed and operated– 133



CHEPs 140th Eye Camp - July 2023

This camp was held in Karatina subcounty hospital in Nyeri County which is located 130 km from Nairobi. Nyeri has a total population of over 750,000 people, most of whom practice farming. Patients came from very distant villages, many of them elderly, weak and malnourished. The following services were offered free of charge:

- 🌿 Total number of patients served –700
- 🌿 Eye drops dispensed to treat various eye diseases – 500
- 🌿 Cataract blindness diagnosed and operated– 48



CHEPs 141st Eye Camp - August 2023

This camp was held at Mutomo subcounty hospital in Kitui County which is located 240 km from Nairobi. Kitui has a total population of over 1,100,000 people, most of whom practice farming. Patients came from very distant villages, many of them elderly, weak and malnourished. The following services were offered by free of charge:



Total number of patients served –600

Eye drops dispensed to treat various eye diseases – 500

Cataract blindness diagnosed and operated– 191



CHEPs 142nd Eye Camp - August 2023

This camp was held at Naitiri subcounty hospital in Bungoma County which is located 400 km from Nairobi. Bungoma has a total population of over 1,700,000 people, most of whom practice farming. Patients came from very distant villages, many of them elderly, weak and malnourished.

The following services were offered free of charge:



Total number of patients served –600

Eye drops dispensed to treat various eye diseases – 500

Reading glasses dispensed- 200

Cataract blindness diagnosed and operated– 68



CHEPs 143rd Eye Camp - September 2023

This camp was held at Ololulunga subcounty hospital in Narok County which is located 180km from Nairobi. Narok has a total population of over 1,200,000 people, most of whom nomads.

The following services were offered free of charge:



Total number of patients served –700

Eye drops dispensed to treat various eye diseases – 500





Reading glasses dispensed- 200

Cataract blindness diagnosed and operated– 97



CHEPs 144th Eye Camp - September 2023





This camp was held at Segera Mission hospital in Nanyuki, Laikipia County which is located 250km from Nairobi. Narok has a total population of over 500,000 people. Patients came from very distant villages, many of them elderly. The following services were offered free of charge:

-  Total number of patients served –250
-  Eye drops dispensed to treat various eye diseases – 200
-  Reading glasses dispensed- 100
-  Cataract blindness diagnosed and operated– 25



CHEPs 145th Eye Camp - October 2023

This was held in Lamu Island an area that faces a range of medical challenges including prevalent eye diseases. The following services were offered free of charge:

-  Total number of patients served –400
-  Eye drops dispensed to treat various eye diseases – 400
-  Reading glasses dispensed- 200
-  Cataract blindness diagnosed and operated– 48



CHEPs 146th Eye Camp - October 2023

This camp was held at Mandera Referral hospital in Mandera County which is located 1050km North East of Nairobi at the border of Kenya-Ethiopia-Somalia. Mandera has a total population of over 1,200,000 people. Patients came from very distant villages, many of them elderly, weak and malnourished. The following services were offered free of charge:



Total number of patients served –500

Eye drops dispensed to treat various eye diseases – 400

Cataract blindness diagnosed and operated– 96



CHEPs 147th Eye Camp - October 2023

This eye camp was held in Elgeyo-Marakwet at Iten town, one of the 47 counties in Kenya, located 393km North west of Nairobi. It has a population estimated at 369,998 people with over 55.5% poverty rate. The following services were offered free of charge:



Total number of patients served –100

Eye drops dispensed to treat various eye diseases – 100

Cataract blindness diagnosed and operated– 43



CHEPs 148th Eye Camp - November 2023

This camp was held in Nairobi County's Mama Lucy Eye Hospital located within densely populated Eastlands area. The facility is surrounded by multiple informal settlements and plays a pivotal role in providing healthcare to thousands of individuals from low-income communities in Nairobi.

The following services were offered free of charge:



- Total number of patients served –2200
- Eye drops dispensed to treat various eye diseases –1500
- Reading glasses dispensed to correct vision-1000
- Cataract blindness diagnosed and operated– 204



CHEPs 149th Eye Camp - November 2023

This camp was held in Ifitin subcounty hospital in Garissa which is located 570 km from Nairobi and 350 km from Kenya's border with Somalia. Garissa has a total population of over 1,020,000 people, most of whom live nomadic lives. Patients came from very distant villages, many of them elderly, weak and malnourished. The following services were offered free of charge:



Total number of patients served –1000

Eye drops dispensed to treat various eye diseases – 500

Cataract blindness diagnosed and operated– 192



CHEPs 150th Eye Camp - November 2023

This camp took place within the captivating Maasai Mara National Park, renowned for hosting the annual wildebeest migration—one of the wonders of the world. Situated 250km from Nairobi, this iconic location posed unique challenges and opportunities, prompting the camp to be strategically held at two distinct sites, Sekanani and Oloolaimutia, which are 50km apart within the park. Maasai Mara, located in Narok County with an estimated population of 1,157,873 as per the 2019 Census, is characterized by the predominant Maasai ethnic group. This region, nestled in the southwest of Kenya, stands as one of Africa's most remarkable wildlife reserves, drawing tourists globally for game viewing experience. Despite this natural wealth, the local inhabitants grapple with poverty, facing challenges in accessing fundamental necessities, including healthcare.

The following services were offered free of charge:



- Total number of patients served –1000
- Eye drops dispensed to treat various eye diseases – 500
- Reading glasses dispensed to correct vision- 200
- Cataract blindness diagnosed and operated– 53



INSTITUTIONAL SUPPORT

TRANSFORMATIVE SUPPORT TO MALINDI SUB-COUNTY HOSPITAL

In the vibrant coastal town of Malindi, Kilifi County, is Malindi Sub-County Hospital which serves as a crucial healthcare hub for Kilifi, Tana River, and Lamu Counties. Despite its pivotal role, the hospital faced structural challenges, particularly in the maternity unit, reflecting the increasing demand for services.

With a bed capacity of 40, the maternity unit, witnessing 80 to 100 deliveries weekly, grappled with makeshift arrangements and limited safety features due to infrastructure limitations. Recognizing these challenges, CHEPs joined forces with the Lady Fatemah Trust to support the hospital's maternity ward through the University of Nairobi's E-MOTIVE project.

Implemented Enhancements:

1. **Solar Heated Hot Water System:** Addressing warm water access issues, CHEPs installed a solar-heated hot water system in the toilets, promoting improved hygiene.
2. **Toilet Restoration:** Dilapidated sanitary facilities underwent restoration, ensuring heightened hygiene standards and enhanced accessibility for women in the maternity and labor wards.
3. **Supply of Foldable Delivery Beds:** Four brand new foldable delivery beds were provided, not only optimizing space but significantly enhancing safety and comfort for mothers during childbirth.
4. **Shelving Installation:** To streamline storage, shelves were installed, facilitating organized storage of essential medical supplies.

This collaborative effort spearheaded by CHEPs and sponsored by Lady Fatemah Trust resulted in a remarkable transformation of the maternity unit, fostering a safer and more conducive environment for both patients and healthcare providers. This intervention not only addressed immediate infrastructural challenges but also underscored our commitment to improving maternal and child health outcomes in the region.

As we reflect on this impactful collaboration, CHEPs remains dedicated to enhancing healthcare infrastructure and services, fostering a healthier future for the communities we serve. The improvements at Malindi Sub-County Hospital stand as a testament to the positive change achievable through collaborative efforts in the pursuit of better healthcare.



Previously dirty toilets



Hot water solar system installed



Four (4) suitable delivery beds were supplied



Toilets restored



Shelves installed in labour room



CHEPs team inspecting the work done followed by official handing over to the hospital administration led by the Medical Superintendent Dr. David Mangonga (right)

ESTABLISHMENT OF MAMA LUCY EYE HOSPITAL



The new Mama Lucy Eye hospital

In our ongoing commitment to serving marginalized communities, CHEPs embarked on a transformative journey with Mama Lucy Hospital that culminated in the establishment of Mama Lucy Eye Hospital. This endeavor began with an eye camp at the main Mama Lucy Hospital in June 2023, driven by the vision and dedication of Dr. Fatma Abdulrahman, a longstanding CHEPs member and volunteer.

Overcoming our initial reservations about conducting eye camps in urban areas, and only focusing on marginalized communities in remote areas, our collaboration with Mama Lucy Hospital proved pivotal as the camp attracted thousands of patients from the Eastlands slums and beyond of whom 171 underwent microscopic surgery to restore their vision following protracted periods of living in a state of blindness. This starkly highlighted the unmet need for eye services in Nairobi City, prompting CHEPs to engage with senior Nairobi county leadership, including the then County Executive Committee member of Health.



CHEPs CEO, Programme Manager, County Ophthalmologist, the CEC for health, Chairlady of Hospital Management Board and Hospital Medical Superintendent (left to right)



CHEPs CEO Dr. Muhsin Sheriff (Left) exchanging views with then Nairobi County County Executive Committee Member for Health, Wellness and Nutrition Dr. Anastasia Nyalita

Our advocacy efforts bore fruit when, a few months later, we received the exciting news that the County government was establishing East and Central Africa's first public eye hospital. The fully-fledged Mama Lucy Eye Hospital, located 2km from the main hospital, now stands as a beacon of excellence in ophthalmology, offering specialized services, training, and soon research. Standing tall as a two-story building, it comprises consultation rooms for diagnosis and assessment, a minor theatre for emergency procedures, a pharmacy to ensure the availability of essential medications, and an optical shop to meet the eyecare needs of patients. In addition, the facility boasts a main theatre for more complex and intricate surgical interventions, and inpatient wards for both male and female patients.

Dr. Fatma's subsequent outreach to CHEPs led to a collaborative partnership for the hospital's launch. A free eye camp, supported by CHEPs and Beta Charitable Trust, once again saw thousands of patients examined and treated for eye conditions and the restoration of vision for 207 needy blind individuals, showcasing the immediate impact of our collective efforts. To expedite the hospital's service commencement, CHEPs lent crucial equipment for usage pending completion of the County procurement processes.



CHEPs CEO and Programme Manager being taken on a tour of the new eye hospital



CHEPs CEO joins Nairobi County Governor, his Deputy and Mama Lucy Hospital CEO in touring the facility

Our commitment extended to the opening ceremony, where various gestures, including tree plantings by His Excellency the Governor of Nairobi, symbolized the flourishing partnership between CHEPs and Mama Lucy Eye Hospital. Since its inception, our collaboration has deepened, with repeated supply donations, plans for subsequent eye camps and additional plans to enhance our support to the hospital for the benefit of the hospital's needy patients.



CHEPs joins senior Nairobi County leadership during the hospital's opening ceremony



CHEPs CEO (in white) meets HE The Governor of Nairobi County.



Nairobi Governor and his Deputy planting the first of trees donated by CHEPs at the new hospital

As we reflect on this remarkable journey, CHEPs takes pride in being a catalyst for positive change in eye healthcare. We pledge to continue working hand in hand with Mama Lucy Eye Hospital, fostering a future where sight is a gift accessible to all.



SUPPORT OF THE DISABLED

In the pursuit of equitable healthcare and social justice, CHEPs continues to champion the cause of the disabled, recognizing the interconnected challenges they face globally. The World Health Organization estimates that 15% of the world's population, approximately 1 billion people, experience some form of disability, with a staggering 80% residing in developing countries. This association between disability and poverty is a stark reality, as it not only heightens the likelihood of poverty but also increases the risk of disability among future generations.

In Kenya, where 2.2% of the population, equivalent to 1 million individuals, grapple with disabilities, the majority often overlooked and deprived of basic necessities. This includes essential services like healthcare, proper housing, and adequate care, compromising their dignity and contributing to adverse effects on mental health. Nowhere is this more evident than in Chakama, a remote area in Kilifi County, where, according to a CHEPs survey, over 260 disabled individuals face considerable poverty.

CHEPs has taken proactive measures to address the unique challenges faced by the disabled in Chakama. This ongoing commitment is not just about meeting immediate needs but also about breaking the cycle of poverty and contributing to the broader goal of inclusivity and social justice. As we reflect on our efforts in Chakama, CHEPs remains steadfast in its dedication to empowering lives and transforming the harsh realities faced by disabled individuals, creating a more inclusive and compassionate world for all.

REGISTRATION OF PERSONS WITH DISABLED – MARCH 2023

Kenyan has multiple initiatives to improve the well-being of disabled individuals. However, registration is a crucial prerequisite for accessing these designated services. Unfortunately, in Chakama, disabled residents have existed unrecognized for years, leading to the deprivation of essential government services and exacerbating their living conditions.

In response to this, CHEPs partnered with The Kenyan National Council of Persons With Disability (NCPWD) and the County Government of Kilifi to initiate the registration of disabled individuals in Chakama. Through a thorough assessment and registration process, 54 disabled people were identified. The remote nature of Chakama posed challenges, with a substantial number lacking essential documentation such as national identification cards and birth certificates, prerequisites for NCPWD registration. Ongoing efforts are underway to increase community awareness, aiming to facilitate the registration of remaining individuals with disabilities in the future.

Those successfully registered are poised to benefit from various government support programs, including academic sponsorship, access to assistive devices, financial assistance, job placement, and more, ultimately contributing to an improved quality of life.



PERSONS WITH DISABILITY FOOTBALL TOURNAMENT – NOVEMBER 2023

Aligned with CHEPs' dedication to supporting and empowering marginalized communities, including persons with disabilities, we recently sponsored a football tournament organized by the County Government of Kilifi for Persons With Disabilities (PWDs). We actively participated in a football tournament hosted by the County Government of Kilifi. The event took place at Karisa Maitha grounds and featured teams representing various forms of disabilities, including Visual Impairment and individuals with short stature. As part of our support, CHEPs provided special footballs tailored for those with Visual Impairments, contributing to the inclusivity of the tournament.



ASSESSMENT OF PERSONS OF DISABILITY – NOVEMBER 2023

In November 2023, CHEPs collaborated with the Association of Persons with Disabilities of Kenya to conduct a comprehensive assessment for some of the disabled individuals in Chakama. The primary objective was to identify those who could benefit from a range of interventions, including surgery, provision of prosthetic limbs, and rehabilitation, all aimed at empowering them to integrate into society. A total of 56 individuals, comprising 30 males and 26 females with disabilities, were identified as beneficiaries of these impactful programs. We extend our heartfelt gratitude to APDK for their invaluable partnership and for considering the welfare of the people of Chakama in their initiatives.



WORLD DISABILITY DAY – DECEMBER 2023

On December 4th, CHEPs actively participated, alongside various stakeholders, in commemorating the International Day for Persons with Disabilities at Bumtwani Waterfront in Malindi Sub-County. Notable attendees included the Deputy Governor of Kilifi County and the County Executive Committee member for Gender and Sports, along with other dignitaries. Beyond the symbolic walk, substantial discussions took place, focusing on the imperative for all stakeholders to adopt a unified mode of operation. This strategic approach aims to expand outreach efforts, facilitating the provision of enhanced services to a greater number of Persons with Disabilities (PWDs) for improved service delivery.



CHEPS Project Officer Joseph (center in navy blue cap) among chosen speakers to address the gathering



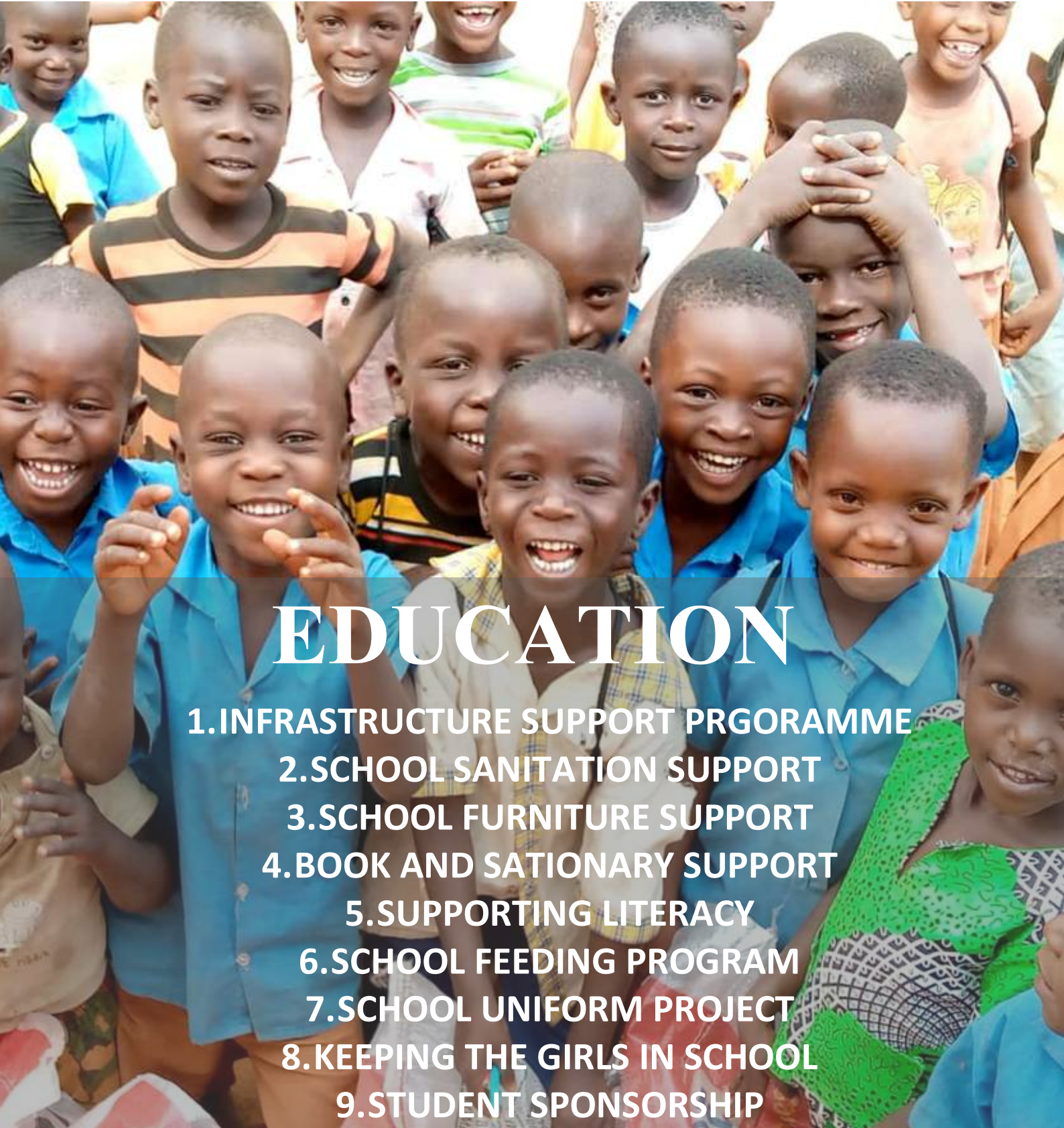


DENTAL HYGIENE CAMPAIGN

Recognizing the intrinsic link between oral health and overall well-being, CHEPs emphasizes the significance of oral health and hygiene. Research has underscored connections between oral diseases and major health conditions such as metabolic syndrome, strokes, and heart diseases. Unfortunately, oral health remains overlooked, particularly in rural communities. Surveys conducted by our team revealed a concerning lack of attention to oral health in Chakama, a region comprising 46 villages in remote Kilifi County. Shockingly, a majority of children in this area did not possess toothbrushes, and some had never experienced the practice of teeth brushing.

In collaboration with Kinga Africa and Colgate, CHEPs undertook a proactive initiative to address the oral health disparities in Chakama, we distributed to a total of 3,842 students in 24 schools toothbrushes and toothpaste, aiming to instill basic yet crucial oral hygiene practices. In tandem with the distribution, workshops were conducted to educate both students and their teachers on the importance of oral hygiene. These sessions served as a platform to impart knowledge and foster sustainable oral health practices within the community. Printed educational materials were also distributed to the schools, providing supplementary resources that reinforce the importance of oral health maintenance. This collaborative initiative not only addressed immediate oral health needs but also laid the foundation for sustained oral hygiene practices within the community, promoting a healthier and more informed generation. CHEPs, is committed to bridging oral health gaps in underserved communities. This intervention in Chakama reflects our dedication to improving the overall health and quality of life for vulnerable populations.





EDUCATION

1. INFRASTRUCTURE SUPPORT PROGRAMME
2. SCHOOL SANITATION SUPPORT
3. SCHOOL FURNITURE SUPPORT
4. BOOK AND STATIONERY SUPPORT
5. SUPPORTING LITERACY
6. SCHOOL FEEDING PROGRAM
7. SCHOOL UNIFORM PROJECT
8. KEEPING THE GIRLS IN SCHOOL
9. STUDENT SPONSORSHIP

BACKGROUND

In Kenya, it is reported that a staggering 46% of the population grapples with poverty, Consequently, children in extreme poverty find themselves excluded from educational opportunities. The intricate connection between poverty and education perpetuates a cycle of uneducated individuals who struggle to thrive in a competitive society, perpetuating a cycle of poverty for future generations. In response, CHEPs, is committed to breaking this cycle by fostering literacy in communities. Our multifaceted approach includes constructing classrooms, laboratories, and sanitation facilities, sponsoring students, providing essential resources like menstrual kits, donating educational materials, and supporting school feeding programs. These initiatives collectively aim to promote sustainable access to education and alleviate the pervasive impact of poverty in Kenyan communities. These strategic interventions represent CHEPs' commitment to addressing the varied challenges faced by Chakama's communities. By providing essential resources and fostering a nurturing educational environment, we aspire to empower individuals and contribute to the broader socio-economic development of the region.

BEFORE



SCHOOLS INFRASTRUCTURE

SUPPORT



AFTER

HAWEWANJE PRIMARY SCHOOL RENOVATED

Located in the Chakama region of Kenya's Kilifi County, Hawewanje is a community facing significant challenges, marked by difficult living conditions and a lack of fundamental necessities such as food, healthcare, water, electricity, and sanitation. The community's limited access to education facilities has resulted in low literacy levels among its members. The primary educational institution, Hawewanje Primary, caters to over 350 pupils, but encountered additional difficulties with a classroom damaged by strong winds in early 2022.

In response to these urgent needs, CHEPs, in collaboration with Humanity First Canada, restored the school's damaged classroom and renovated and furnished the entire block of four classrooms. Furthermore, we constructed for them 2 blocks of latrines: one for male students and another for female students (pg 44). Beyond enhancing the educational environment for students, these latrines play a pivotal role as protective measures, shielding both students and the wider community from potential waterborne and foodborne diseases. This initiative aligns with our overarching objective of poverty alleviation through the promotion of enhanced literacy within the region.

Before



After



SCHOOLS SANITATION SUPPORT

Global sanitation reports highlights:

- Approximately 2.5 billion people, accounting for 37% of the global population, currently lack access to adequate sanitation.
- Alarmingly, a child succumbs to the consequences of poor sanitation every 20 seconds.
- In developing countries, 80% of diseases stem from unsafe water and poor sanitation.
- Access to proper sanitation and safe water has the potential to save 1.5 million children annually.

In Kenya, the challenge of accessing safe sanitation poses a substantial impediment to achieving good health and well-being. Many remote areas, including the 47 villages in Chakama, Kilifi County, lack proper human waste disposal systems. This deficiency extends to schools, where students often resort to open defecation at the school perimeter or nearby bushes, exposing themselves and surrounding communities to health hazards and diarrheal diseases while compromising their dignity.

CHEPs is committed to addressing this critical issue and is on a mission to construct sanitary facilities for all schools in Chakama. This year, we successfully constructed blocks of latrines for both male and female students at three schools: Hawewanje, Binzaro, and Kararacha Primary Schools. This brings the total number of school sanitary facilities constructed by CHEPs to 20, with plans underway to construct more. Alongside infrastructure development, students are educated on the importance of safe sanitation, promoting a holistic approach to health and well-being within the communities we serve.





FURNITURE SUPPORT

In a remote part of Kilifi County, Chakama stands as a resilient community grappling with the challenges of extreme poverty. Within its 47 villages and 25 schools, the lack of adequate furniture is as a pressing issue, casting shadows over both education and community development. This deficiency manifests in discomfort and health issues, reduced learning engagement, lower academic performance, and negative effects on teacher-student interaction.

Responding to this critical challenge, CHEPs undertakes collaborative efforts with local schools with the aim to provide comfortable and functional furniture, mitigating challenges and fostering an environment conducive to learning.

This year, CHEPs donated 190 sets of school furniture to several remote schools in Chakama—Kathama Primary School (50 sets), Bofu Primary School (70 sets), Benzaro Primary School (40 sets), and Hawewanje Primary School (30 sets). The distribution was carefully tailored to each school's needs and student population, significantly improving the learning environment, enhancing concentration, comfort, and overall well-being.

As students now attend school more regularly, the program not only addresses immediate educational needs but also advances equitable access to quality education in Chakama. CHEPs remains committed to nurturing educational spaces, fostering growth, and unlocking the potential for a brighter future in these resilient communities.





Kathama Primary School



Bofu Primary school



Benzaro Primary school



Hawewanje Primary School



Kwamagandi Primary School



BOOKS AND STATIONERY SUPPORT

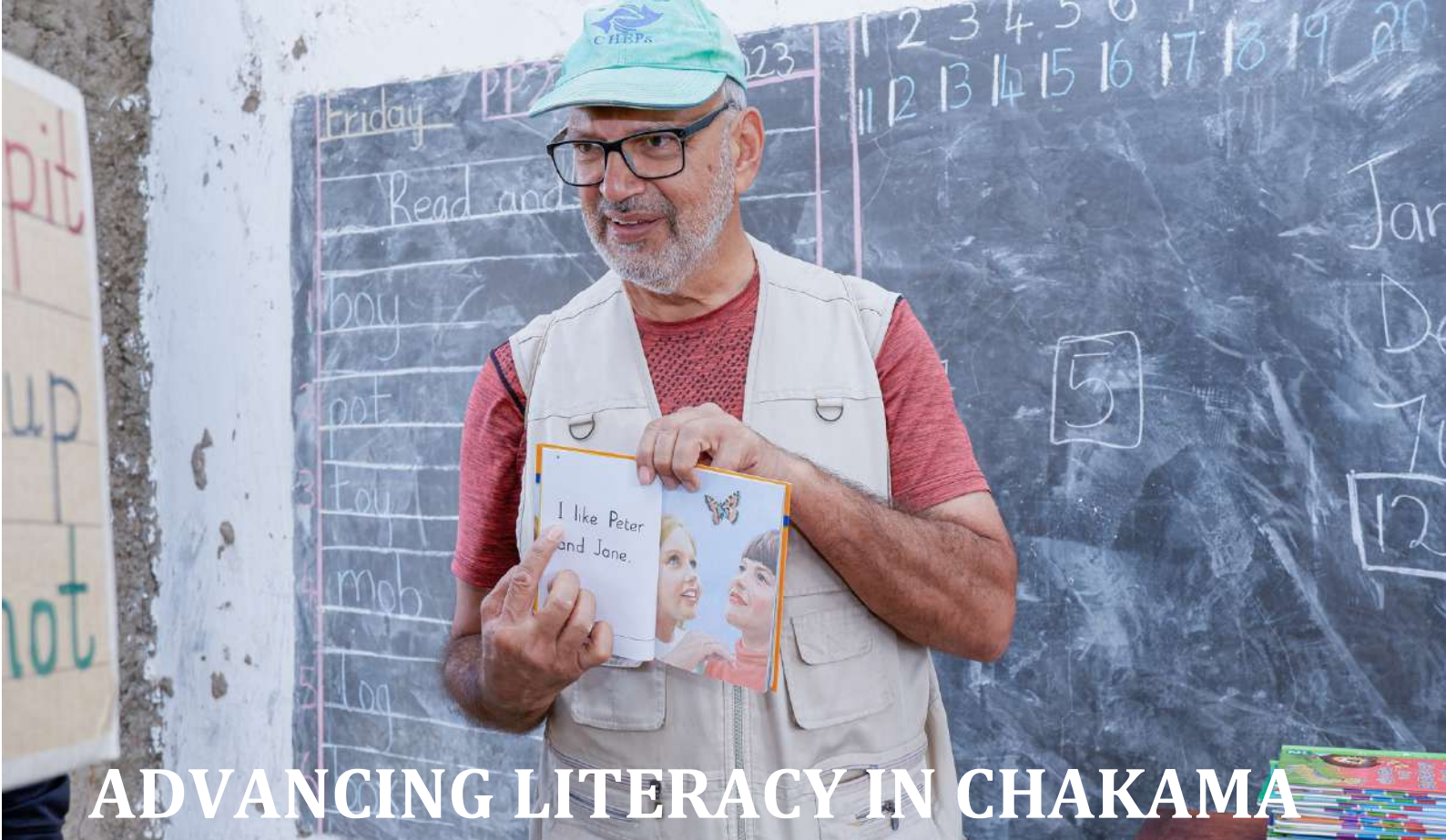
Chakama, situated in the remote reaches of Kenya's Kilifi County, grapples with acute challenges, where communities endure harsh conditions, face pressing needs, and lack essential resources. In line with our mission, CHEPs is committed to breaking the cycle of poverty in Chakama by focusing on education as a catalyst for positive change.

Amidst prevalent issues such as poor infrastructure and a dearth of basic learning materials, CHEPs has undertaken targeted initiatives to uplift educational standards in the region. This year, the following impactful interventions were executed:

1. **Art Material Distribution:** A total of 138 children studying in Majengo and Roka ECD Schools received a variety of art material aimed at fostering creativity, broaden perspectives, and encourage innovative thinking. By donating art materials, CHEPs aims to cultivate a conducive environment for holistic learning, nurturing the creative potential of students.
2. **Revision Book Donation:** A total of 35 grade 8 students received 35 revision books in Kibora Primary School to enhance their preparation for their final primary school examinations (KCPE). On follow up their performance was noted to have improved compared to last year's performance.
3. **Stationery Packs for Needy Students:** A total of 58 needy students in Majengo and 80 students in Roka Schools received stationery packs containing exercise books, drawing books, pencils, colour pencils, sharpener, and erasers. This was aimed at alleviating the lack of basic learning materials among students to facilitate a more conducive learning environment.

As we move forward, CHEPs remains dedicated to creating sustainable impact and fostering positive change in Chakama through education-focused initiatives.





ADVANCING LITERACY IN CHAKAMA

In the pursuit of knowledge and the transformative power of literacy, CHEPs has embarked on a mission to elevate educational landscapes in Chakama, a community grappling with the stark challenges of limited access to books and reading resources. The absence of libraries in rural schools has contributed to notably low literacy rates, hindering not only educational development but also economic empowerment within these communities.

Recognizing this critical need, CHEPs has championed literacy by establishing mobile libraries in Chakama's schools. These mobile libraries, equipped with strategically moveable bookshelves stocked with a diverse collection of storybooks, aim to bring the joy of reading directly to the students. This innovative, cost-effective approach circumvents the need for extensive infrastructural investments, making literacy initiatives more accessible and sustainable.

Currently, CHEPs has successfully implemented this initiative in 16 schools in Chakama, with plans for additional installations in the near future. The movable library project anticipates a significant improvement in literacy rates among Chakama students by ensuring regular access to books during dedicated library sessions. Beyond immediate literacy impact, the initiative is designed to cultivate a passion for reading, fostering lasting enthusiasm for books and knowledge.

This innovative approach goes beyond the immediate benefits of literacy. Improved reading skills equip students with the knowledge to excel in exams, providing essential tools to break free from the cycle of poverty. Additionally, for institutions, this strategy alleviates the financial burden of constructing traditional libraries, enabling more efficient resource allocation to meet pressing educational needs.

CHEPs remains steadfast in its commitment to transforming Chakama through the power of literacy. Recognizing its potential to empower individuals, strengthen communities, and break the chains of poverty, CHEPs remains dedicated to fostering a culture of reading that transcends the immediate benefits, creating a lasting impact on the lives of Chakama's residents.





SCHOOL FEEDING PROGRAMME

In the remote Kilifi County's Chakama location, where educational challenges intertwine with food insecurity, inadequate facilities, and heightened rates of malnutrition, CHEPs has been unwavering in its commitment to transforming the lives of school children over the past three years. Chakama, grappling with low enrollment and high dropout rates, faces compounded challenges exacerbated by prolonged droughts and, more recently, viscous floods, posing a severe risk of starvation for its residents.

CHEPs, recognizing the critical role nutrition plays in shaping a conducive learning environment, initiated a robust School Feeding Program that spans across 25 schools in the Chakama location. These include ECD schools like Bahati, Benzaro, Kwamagandi, Chambuu, Majengo, Zowerani, Kalongoni, Raukani, Kararacha, and Habura, as well as primary and secondary schools like Kalongoni, Galana Ranch, Kulalu, Mwanza, Shakahola, Bofu, Hawewanje, Chakama, Matolani, Paola Katsuhanzala, Kathama, Kibora, PCEA Bombi, Adimaye, Majengo, Balaga, and Chakama Secondary School.

The cornerstone of this initiative has been the monthly distribution of nearly 5 tons of food to these schools, providing daily meals for over 1800 students. This sustained effort has yielded positive outcomes, reflected in the notable increase in pupil enrollment and attendance across all supported schools.

CHEPs remains dedicated to addressing the multifaceted challenges faced by the educational landscape in Chakama. Through the ongoing School Feeding Program and collaborative efforts, we aim to not only nourish minds but also sustain futures, fostering a holistic approach to education that positively impacts the overall well-being of the community. As we reflect on the strides made, we renew our commitment to creating a brighter, healthier future for the resilient students of Chakama.





Chakama, situated in remote Kilifi County, grapples with extreme poverty, impacting 47 villages and 25 schools. The lack of proper school uniforms emerged as a significant challenge for students, affecting their learning and denying them the various benefits associated with school uniforms. Such benefits include promoting equality, fostering a sense of belonging, improving focus on learning, enhancing school safety, and preparing students for the future.

In a comprehensive approach, CHEPs spearheaded a collaborative effort involving local schools and marginalized women from the community. The project not only sought to address the immediate need for school uniforms but also aimed to empower local women by imparting tailoring skills, ensuring sustainability through local production.

- 🔄 Tailoring Training for Women: Needy local women were selected to undergo comprehensive training in tailoring. This covered basic sewing techniques and operation of sewing machines, providing hands-on experience and mentorship.
- 🔄 Uniform Production: Post-training the women were engaged in producing school uniforms under CHEPs' close monitoring to ensure high-quality standards.
- 🔄 Fair Wages: The women were compensated with fair wages upon fulfilling each uniform order.
- 🔄 Long term Capacity building: Having undergone training and having earned some wages to start a business, the women were each gifted with a sewing machine to facilitate the establishment of their own tailoring businesses, promoting sustainability and self-sufficiency.
- 🔄 Distribution of Free Uniforms: The uniforms that are produced are then distributed to needy students free of charge.



This year, CHEPs through support from Zaks uniforms produced and distributed uniforms to 445 needy students in Roka Primary, Benzaro Primary, Kwamagandi Primary Chakama Secondary schools. This initiative not only positively impacted the students by addressing a critical need but also empowered 8 local women with valuable skills and resources to uplift their socio-economic status. CHEPs remains committed to sustainable community development, recognizing the transformative potential of tailored interventions on both educational outcomes and economic empowerment within Chakama and its neighboring areas.



KEEPING THE GIRLS IN SCHOOL

In the often-overlooked realm of menstrual hygiene, CHEPs has been steadfastly breaking down barriers for girls growing up in poverty, addressing a critical issue that significantly impacts their education and overall well-being. The United Nations reports that 1 in 10 girls in Africa misses school due to menstruation, directly affecting the achievement of Sustainable Development Goal (SDG) number 4, emphasizing quality education for all.

Studies have indicated that girls from impoverished families in Kenya miss 20% of school days annually due to the lack of menstrual hygiene kits. Further surveys conducted by CHEPs revealed that these girls often resort to unhygienic methods during their menstrual periods, such as using dirty rags and leaves, exposing them to reproductive health diseases and long-term complications, even mortality risks.

In response to this critical need, CHEPs initiated a comprehensive Menstrual Hygiene Program that goes beyond providing hygiene kits. The program produces and distributes reusable menstrual hygiene kits, comprising essential items like a waterproof carrying bag, absorbent liners, waterproof shields, a towel, soap, underwear, a menstrual calendar, and a user manual. Importantly, this initiative also creates opportunities for needy women in beneficiary villages, who are trained in tailoring and employed to produce these kits, providing them with skills and fair wages.

This year alone, CHEPs successfully produced and distributed 1481 reusable kits, bringing the total to 7481 kits ever produced and distributed over the last 3 years. These kits are provided free of charge to school-going teenage girls during CHEPs' school visits. Volunteers conduct workshops to educate girls on various topics, including menstrual hygiene, teen pregnancies, gender-based violence, and sexually transmitted diseases. Practical demonstrations ensure proper usage of the kits.



CHEPs remains committed to addressing the menstrual hygiene challenges faced by girls in poverty. Through ongoing initiatives, the organization strives to empower girls, promote health, and contribute to the realization of sustainable development goals in Kilifi County and beyond. As we reflect on the impact of this program, we renew our commitment to fostering a future where no girl is held back by the limitations of menstrual hygiene.



STUDENTS SPONSORSHIP

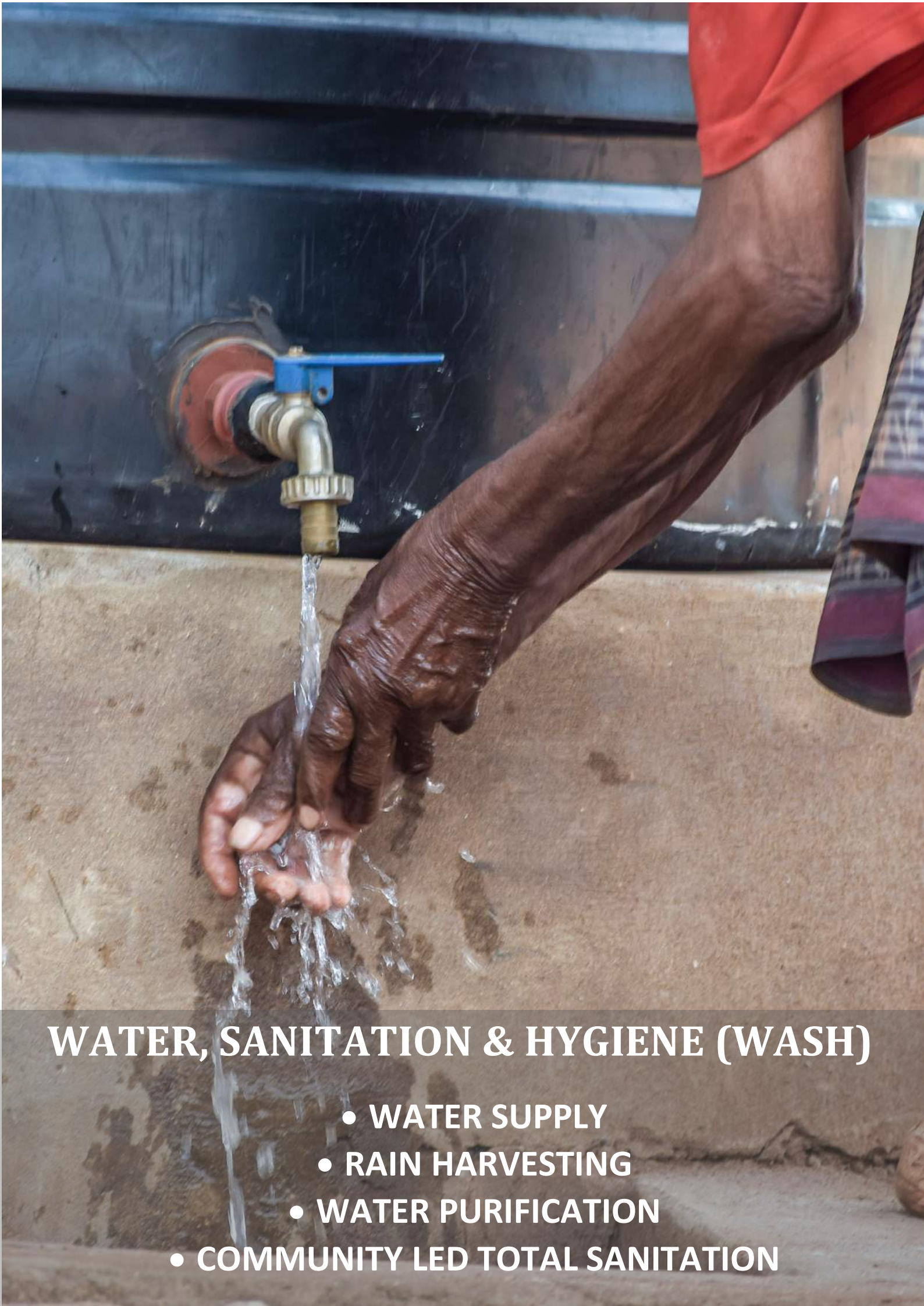
CHEPs is dedicated to empowering intelligent yet financially challenged students nationwide by sponsoring their secondary and tertiary education. With a track record of supporting over 300 students from diverse backgrounds and races, hailing from various regions of the country, our beneficiaries are engaged in primary, secondary, and tertiary education, including diploma, degree, and postgraduate studies. This year, CHEPs successfully covered the tuition fees for 91 students.

The CHEPs Student Sponsorship Programme is strategically designed to combat poverty by providing crucial support throughout the educational journey. College and university-level students participating in the programme are encouraged to undertake community service projects of their choice, closely monitored by CHEPs. This distinctive approach instills a passion for social work, empowers the students, and creates a ripple effect in the community, benefiting from the services rendered by these dedicated students.

Ultimately, as sponsored students are educated and empowered, the positive impact extends beyond the individual to benefit their families and communities. Many of our supported students have not only excelled in their academic pursuits but have also become esteemed members of society, contributing to various professions such as doctors, lawyers, engineers, technicians, managers, environmental and public health specialists, educationists, and teachers, as well as development officers.

Maintaining a continuous connection with this extended 'family,' CHEPs leverages their success stories to strengthen our diverse programmes in health, education, environment, and community development. The enduring impact of the Student Sponsorship Programme exemplifies our commitment to breaking barriers, fostering education, and creating positive, sustainable change in the lives of individuals and communities alike.





WATER, SANITATION & HYGIENE (WASH)









- **WATER SUPPLY**
- **RAIN HARVESTING**
- **WATER PURIFICATION**
- **COMMUNITY LED TOTAL SANITATION**

WATER SUPPLY - QUENCHING THIRST, TRANSFORMING LIVES

In the face of a global water crisis affecting over 1 billion people, CHEPs remains committed to addressing this fundamental need, focusing on marginalized communities where access to safe drinking water is a dire challenge. The water crisis extends beyond mere thirst, with inadequate sanitation posing severe health risks, especially in rural areas. In Kenya, recurrent droughts and poor water management exacerbate the situation, impacting 17 million people.

CHEPs has taken significant strides in alleviating the water crisis through strategic initiatives such as well-digging, borehole drilling, and sanitation facility construction. The aim is clear: to save lives and enhance the well-being of neglected communities.

Our achievements to date:

-  Dug 574 shallow wells
-  Rehabilitated and cupped 537 wells
-  Re-dug 50 dried wells
-  Drilled 3 boreholes
-  Dug 7 large volume water pans
-  Installed hand pumps for 2 institutions
-  Constructed 46 sanitary facilities
-  Constructed 60 water storage tanks

These endeavors have yielded substantial results, contributing to increased access to safe water and improved sanitation, leading to a reduction in waterborne diseases. The impact transcends health, reaching into education, as children attend school more regularly with improved water availability. Additionally, women have gained more time for socio-economic activities, contributing to household income.

Furthermore, the initiatives have fostered reforestation and environmental conservation, mitigating the impact of recurrent droughts. Beyond quenching thirst, these efforts have transformed lives by empowering communities, enhancing socio-economic opportunities, and fostering a sustainable approach to water management.

As we reflect on these achievements, CHEPs remains dedicated to navigating the complexities of the water crisis, ensuring neglected communities not only survive but thrive with access to this basic human right.

WATER SUPPLY IN TANA RIVER COUNTY

Nestled 582 km from Nairobi, Tana River County stands as a stark representation of hardship, with approximately 315,943 marginalized individuals facing severe deprivation in fundamental necessities like water, food, education, healthcare, electricity, and sanitation. Named after the Tana River, historically a lifeline through irrigation, altered course has left communities without water for agriculture and drinking.

These marginalized residents endure long journeys to fetch water, relying on a few shallow wells, adversely impacting farming and leading to widespread hunger. Poor sanitation triggers frequent outbreaks of diarrheal diseases, claiming lives. Children, burdened with daily water-fetching duties, sacrifice education, perpetuating a cycle of illiteracy and poverty. Men seek menial jobs in nearby towns, while women shoulder family care, water collection, and firewood gathering.

The situation necessitates urgent intervention to address these pressing needs and break the cycle of hardship. CHEPs has undertaken a transformative initiative to bring hope and sustainable change to Tana River County.



The course of River Tana passing near the village, some years ago, before it changed its course

CONSTRUCTION OF SHALLOW WELLS

In the current year, CHEPs has successfully executed the excavation and construction of 36 shallow wells equipped with hand-pumps, benefiting 14 villages within Tana River. This notable achievement contributes to the overall count of wells implemented by CHEPs in Tana River County, reaching a cumulative total of 222, and nationally, the organization has established 574 wells across the entire country. This progress underscores CHEPs' commitment to providing sustainable access to clean water and signifies a positive impact on the communities served.

WELLS DUG BY CHEPs IN THEY YEAR 2023





TANA RIVER WELLS EVALUATION

At CHEPs, our commitment to excellence extends beyond project initiation. It encompasses continuous monitoring and evaluation, crucial components ensuring projects' timely and comprehensive implementation. This rigorous approach is facilitated by our dedicated local Project Officers, complemented by independent periodic evaluations.

In the current year, CHEPs conducted two extensive evaluations of the wells in Tana River. These evaluations, conducted in February and December, involved the meticulous examination of over 200 wells. Utilizing detailed questionnaires, the assessment covered critical factors such as location, condition, functionality, and the wells' effectiveness in providing clean and safe drinking water. The questionnaire-based assessment revealed a significant enhancement in access to clean water, positively impacting the overall well-being of residents. However, it also underscored the critical challenge of sustainability that demands ongoing attention and support.

Identifying defective wells for necessary repairs and scrutinizing functional ones for their impact, the evaluation serves as a roadmap for the future. Implementing the recommended strategies is deemed essential for the continued positive impact of this project, ensuring long-term improvement in the lives of the communities we serve.

As we move forward, CHEPs remains steadfast in its commitment to nurturing impact and ensuring the sustained success of water supply projects, recognizing the vital role clean water plays in transforming communities and fostering enduring positive change





RAIN HARVESTING

Chakama, situated in Adu ward, Magarini Sub County, Kilifi County, comprises 46 villages and is located 65 kilometers from Malindi town, accommodating an estimated 5000 households. This remote region faces persistent dry and hot conditions with minimal rainfall for months. Unsuccessful attempts to drill boreholes resulted in highly saline water, and the distant river exacerbates the water scarcity. The majority of rainwater has gone to waste over the years as residents, living below the poverty line, cannot afford water storage tanks. Recognizing the periodic nature of rainfall in Chakama, the imperative is to harness rainwater efficiently.

This year, CHEP initiated the construction of nine strategically placed water pans for rain harvesting. In collaboration with Turkish Cooperation, we initially constructed three 144,000L water pans in Kathama, Kwamagandi, and Gaba villages, complete with liners, shade, and perimeter fences. However, these structures were insufficient to meet the escalating demand for water. Responding to this demand, we collaborated with donors including BCT, SAAJ, and Tronic to construct six additional large water pans, each with a capacity of 1.25 million litres. The exclusion of shade, liner, tank, and pump allowed us to maximize capacity, with the overarching goal of extending such large water pan construction to all 46 villages in Chakama. Our commitment remains steadfast in empowering destitute communities in Chakama through sustainable water solutions.

These water pans were strategically placed within schools in the villages, ensuring central accessibility for both educational institutions and neighboring communities. The project anticipates several impactful achievements:

1. **Accessibility:** Centralized locations of the water pans facilitate easy access for schools and nearby communities, reducing the time and effort required for obtaining clean water, especially for those navigating challenging terrain.
2. **Sustainability:** Designed for maximum rainwater collection, the water pans ensure a year-round water source, fostering long-term positive impacts on the communities.
3. **Impact on Education:** Bofu, Benzaro, Adimaye, Majengo, Kalongoni and Kwamagandi Primary Schools now offer a healthier learning environment. The water will be used to irrigate school farms which will be used to grow food that will contribute to the schools' feeding programs, to provide daily nutritious meals to the students. Access to clean water promotes student well-being, hygiene, and regular attendance. Additionally, the water will be utilized for cooking, promoting health and education.
4. **Health benefits:** Availability of clean water fosters better health practices, reducing the prevalence of waterborne diseases within the communities.
5. **Economic benefits:** Time saved from water-fetching activities can now be redirected toward income-generating endeavors, enhancing the economic prospects of the communities. We extend our gratitude to all partners for their support in achieving these transformative outcomes



Sample of the 144,000 Litres water pans constructed in 3 villages of Chakama



Samples of the 1.25million Litres capacity water pans dug in 6 village schools of Chakama



Four of the large water pans filled with water, expected to last the schools and communities several months



WATER SAFETY AND HYGIENE INITIATIVE

Kenya has grappled with recurring outbreaks of diarrheal diseases, particularly cholera, attributed to insufficient access to safe water and sanitation. Recognizing the urgency of this issue, CHEPs has been steadfast in its commitment to mitigating waterborne diseases by providing vulnerable communities with water purification chemicals and Oral Rehydration Salts (ORS).

This year, CHEPs made significant strides in addressing waterborne diseases, particularly in response to reported diarrhea outbreaks in various villages within Kilifi County's Chakama location. Our intervention included the distribution of water purification chemicals and ORS to 3001 households. These efforts aimed to enhance the quality and safety of the water consumed by vulnerable communities, preventing and treating dehydration in cases of diarrhea and cholera, ultimately reducing mortality rates.



In addition to distribution, CHEPs volunteers played a vital role in community sensitization, raising awareness about waterborne diseases and imparting preventive measures. This comprehensive approach reflects our commitment to not only providing immediate relief but also fostering sustainable changes in water safety, hygiene practices, and overall health outcomes. The positive impact of our initiative is evident in reports from local communities which have observed reduced illnesses, as well as dispensaries within the area, which have observed a reduction in cases of diarrheal diseases presenting to them. CHEPs remains dedicated to the well-being of vulnerable communities, continuously striving to improve water safety and health outcomes through impactful interventions.

Community-Led Total Sanitation (CLTS) Project

Transforming Sanitation Practices in Chakama

Access to safe sanitation is a pressing challenge in Kenya, particularly in remote areas where proper human waste disposal systems are scarce. In Chakama, a location with 46 villages in Kilifi County, the situation is dire, with a significant percentage lacking access to safe sanitation. Reports from a 2021 survey by CHEPs revealed that 93% of villagers in Chakama resorted to open defecation, reaching 100% in some villages, contributing to life-threatening diarrheal diseases.

CHEPs has undertaken a Community-Led Total Sanitation (CLTS) initiative to address this urgent need, focusing on empowering communities to analyze their sanitation practices and take corrective measures. The goal is to achieve open defecation-free status through the construction of low-cost latrines for daily use, promoting responsible waste disposal. Monitoring efforts indicate commendable progress, with over 2500 latrines constructed through this initiative.

Kanduru, a village in Chakama, stands out as a testament to the success of the CLTS program. All 140 households there now have latrines, and the village is undergoing the certification process by national authorities following successful verification by the County government, to officially designate it as open defecation-free. This achievement reflects the positive impact of the CLTS initiative on transforming sanitation practices and improving community health.

Beyond CLTS, CHEPs also constructs latrines for public schools in Chakama, mitigating health risks for school children by reducing open defecation (page 44). This holistic approach underscores CHEPs' commitment to transforming sanitation practices, promoting health, and creating sustainable, open defecation-free environments in Chakama.



Samples of low cost latrines constructed by community members through the CHEPs CLTS program



HUMANITARIAN

In recent years, Kenya has confronted severe environmental challenges, notably marked by a series of prolonged droughts, leaving more than 4 million people at risk of starvation. The persistence of drought at the onset of the current year inflicted significant suffering, only to be followed by heavy rainfall towards the end of the year, triggering floods and extensive property damage. Tragically, these floods displaced hundreds of thousands of households and resulted in nearly 200 fatalities.

Chakama, situated in remote Kilifi County, exemplifies a community grappling with the profound impacts of these natural calamities. Historically neglected, the villages in Chakama suffer from poor accessibility due to a lack of basic infrastructure such as roads, leading to minimal trade. The residents, predominantly uneducated and suffering in poverty, engage in limited economic activities, heavily relying on subsistence rain dependant farming for sustenance. However, harsh environmental and climatic conditions, compounded by the threats posed by free-roaming domestic and wild animals, pests, droughts, and floods, hinder their agricultural efforts.



Some homes that were destroyed by floods



CHEPs volunteer Joshua Chadi helping victims of floods

Recognizing the imminent threat to lives posed by drought and subsequent floods, in 2023, CHEPs took proactive measures by distributing 63 tons of emergency food supplies to desperate households in Chakama. Beneficiaries included destitute widows, orphans, the elderly, and disabled individuals. This intervention aimed to alleviate immediate suffering and enhance the community's resilience to future environmental challenges.



Truck loads of food were delivered to the villages



We are grateful to WF-AID, Beta Charitable Trust, Care Aid Africa and all other organizations and individuals that generously supported our food relief programs this year. Families at the brink of starvation were relieved of great suffering.



ENVIRONMENT CONSERVATION



TREE PLANTING INITIATIVE

The global deforestation rate is a matter of great concern. Current estimates suggest that the world exceeds sustainable forest resource usage by 25% annually. Human activities, including settlement, timber harvest, and energy production, are swiftly clearing forests, leading to the concerning trend of desertification.

This alarming situation is causing severe climate changes, manifested in recurring droughts in Kenya and destructive floods experienced towards the end of 2023 which cost nearly 200 people their lives, and displaced over half a million individuals. Given that a significant portion of the Kenyan population relies directly or indirectly on agriculture, adverse climatic conditions contribute to reduced food production, increased food security, and persistent hunger.

Aligned with United Nations Sustainable Development Goal no. 15, which centers on the protection, restoration, and promotion of ecosystems, as well as combatting desertification, CHEPs is dedicated to environmental preservation through strategic tree planting initiatives. To date, we have successfully planted more than 21,540 trees in rural areas of Kenya, with a particular emphasis on arid and semi-arid regions.

This year, CHEPs planted a total of 3,150 trees in Chakama, a remote area of Kenya's Kilifi County predominantly characterized as semi-arid. In addition, we conducted community awareness to promote environmental consciousness among the local population, in line with our commitment to sustainability and ecological well-being.



5th Kammup SCIENTIFIC CONFERENCE



"Screening Saves Life"

Take the Bold Step and Go for Screening

RESEARCH, DEVELOPMENT AND ADVOCACY

Research, development, and advocacy collectively form the backbone of any thriving non-governmental organization (NGO), contributing significantly to its effectiveness and societal impact.

- Research serves as the cornerstone for informed decision-making within CHEPs. It allows us to delve deep into issues, understand the underlying causes, and identify the most pressing needs of the communities we serve.
- Continuous development of programmes and initiatives is paramount to our relevance and success. This involves not only creating innovative solutions but also adapting existing ones based on feedback and evolving circumstances. Through development efforts, CHEPs can refine methodologies, incorporate technological advancements, and ensure that our interventions remain effective, scalable, and sustainable over time.
- Advocacy is the bridge that connects CHEPs with the broader community and stakeholders. It involves raising awareness about critical issues, influencing public opinion, and engaging with policymakers to bring about positive change.
- The symbiotic relationship between research, development, and advocacy is evident. CHEPs utilizes the trio to tackle complex challenges, adapt to changing circumstances, and drive meaningful, sustainable change in the communities we serve.

TRAININGS

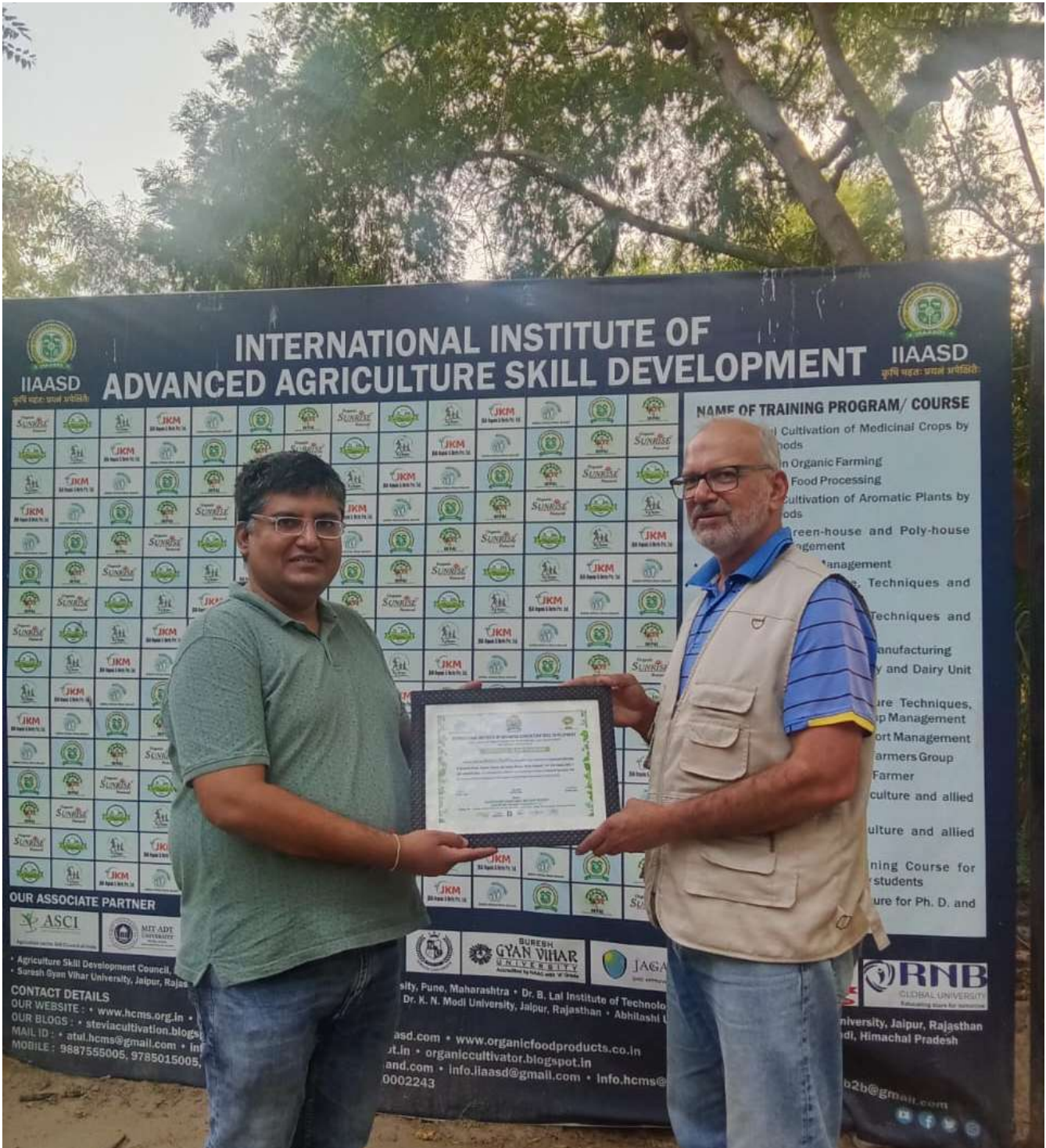
FUNDRAISING MANAGEMENT COURSE – JANUARY 2023

In January 2023, with the aim of enhancing our organization's effectiveness, CHEPs CEO Dr. Muhsin participated in a 5-day intensive fundraising management training. This program, conducted by Bloodlink Foundation in collaboration with Indiana University Lilly Family School of Philanthropy, equips participants with invaluable insights into donor relations, grant writing, and project planning. By investing in this training, CHEPs aims to develop strategic fundraising plans, ensuring the acquisition of vital resources to drive positive change aligned with our mission and vision. This initiative reflects our dedication to excellence and sustainability in advancing our philanthropic goals.



TRAINING IN COMMERCIAL CULTIVATION OF MEDICINAL PLANTS

In August 2023, Dr. Muhsin, CHEPs CEO, embarked on a transformative journey to India to undergo training in commercial cultivation of medicinal plants, organic farming, and organic manure production. The purpose of this training was to equip Dr. Muhsin with essential skills and knowledge that can be transferred to farmers in Chakama location, Kilifi County. The training was strategically aimed at empowering the farmers to produce high-demand medicinal and organic products and tap into their lucrative markets, enabling them to generate revenue and break-off the cycle of poverty. Introducing innovative organic farming techniques also envisions a sustainable agricultural ecosystem in Chakama by ensuring environmental preservation. Upon his return, he immediately set out to train farmers in medicinal and organic farming, a programme that is ongoing. The ultimate aim is to empower them to emerge as key players in the agricultural sector, contributing to their own prosperity and the overall development of the region.



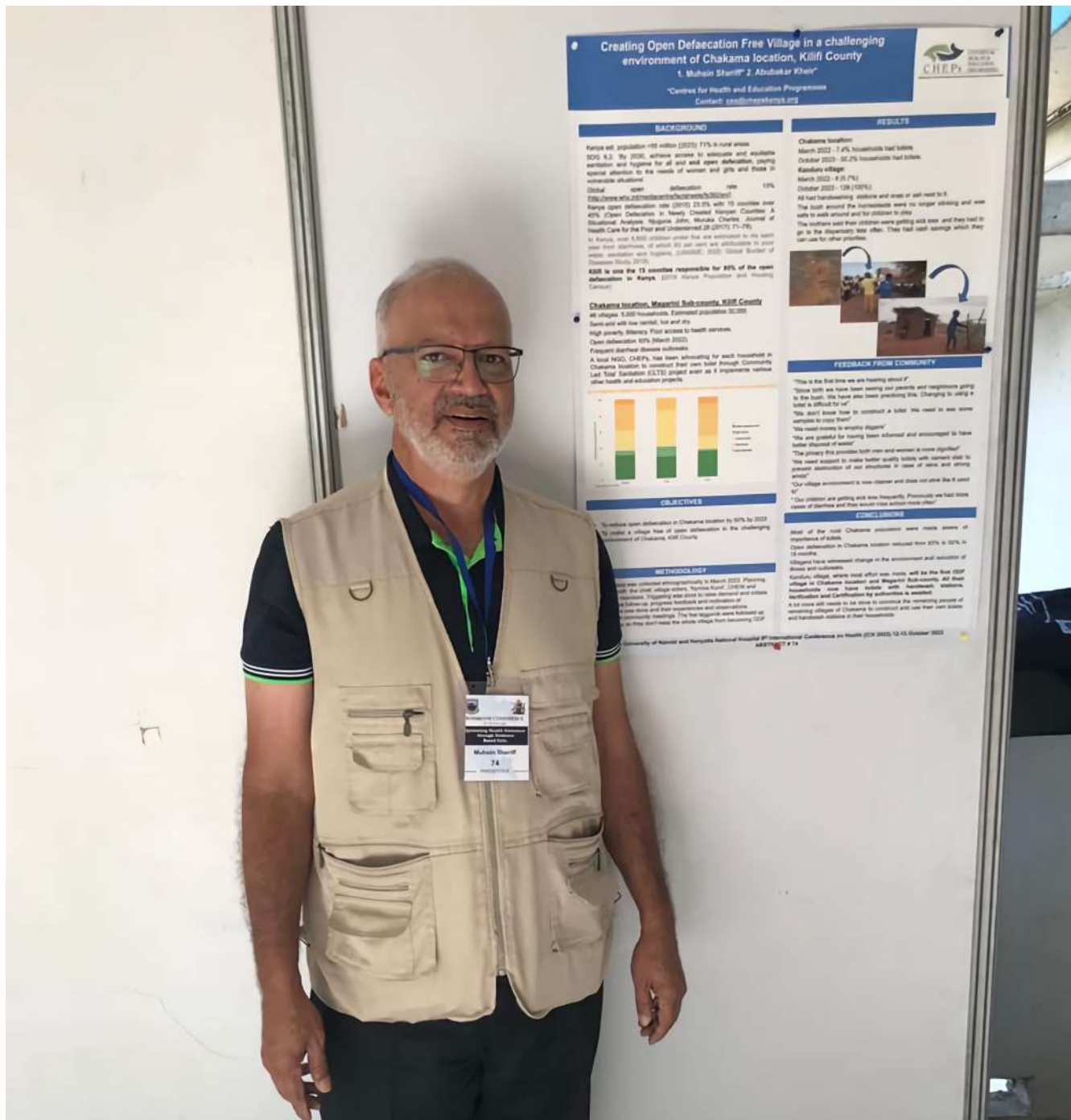
TRAINING IN MEDICINAL HERBAL PRODUCTS

In December 2023, CHEPs Project Officer Joseph Oloo Officer undertook a comprehensive 5-day training program in processing of medicinal plants, including Neem (*Marobaini*), Aloe vera, and Moringa, to create a range of beneficial products. The training delved into the intricacies of harvesting and extracting properties from these plants for the production of herbal items such as soaps, insect repellents, ointments, shower gels, and shampoos. By acquiring expertise in this domain, Joseph gained insights into sustainable practices and the utilization of natural resources to enhance community health and well-being. This comprehensive training, combining theoretical knowledge with practical applications, aimed to equip Joseph with the expertise necessary to train local communities in Chakama. The training strategically aimed at creating demand for medicinal plants (being produced through training by Dr. Muhsin as described in the previous page) and producing products that are in high demand for the lucrative herbal products market, thereby creating an avenue for income generation, fostering economic sustainability in Chakama.



CONFERENCES

Participating in conferences is crucial for CHEPs as it provides a platform to share knowledge, showcase projects, and network with like-minded organizations. These events offer a unique opportunity to learn from experts, stay updated on industry trends, and gain insights that can enhance the effectiveness of our initiatives. We also strive to make presentations during conferences so as to highlight our work, successes, and challenges, creating visibility and credibility. Furthermore, conferences facilitate networking, giving CHEPs an opportunity to connect with government officials, donors, and other NGOs. These connections can lead to collaborations, resource-sharing, and increased support for shared goals. This year CHEPs members participated in four conferences.

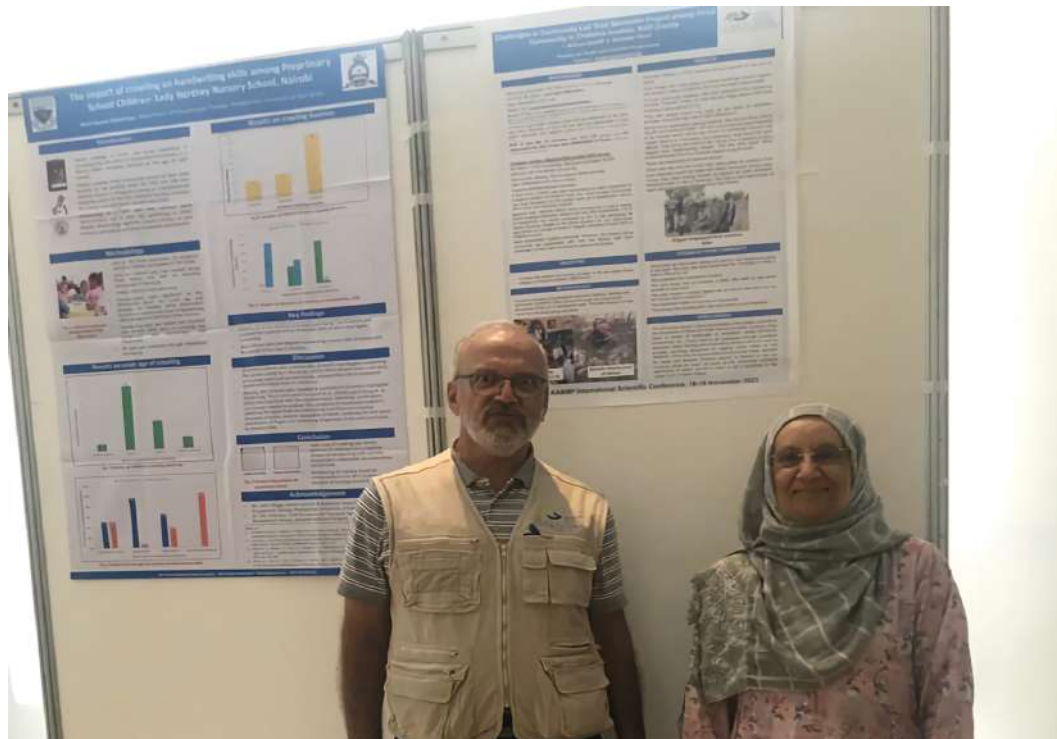


University of Nairobi health conference in October 2023. Dr. Muhsin participated in and delivered a presentation at the 6th International Conference on Health organized by the University of Nairobi. The title was ‘Creating Open Defaecation Free village in a challenging environment of Chakama location, Kilifi County’. Our CEO's presentation focused on illuminating the challenges faced in addressing open defecation within Chakama location in Kilifi County. This underscored CHEPs' commitment to improving sanitation in marginalized communities, emphasizing our dedication to addressing issues in neglected areas



AMREF 1st Primary Healthcare Congress- December 2023.

Dr. Muhsin Sheriff, CEO of CHEPs, delivered a comprehensive presentation titled ‘Improving primary healthcare in the face of climate change; maintaining health system resilience’. It discussed resilience building and healthcare initiatives undertaken in the semi-arid Chakama location in the face of climate change. The presentation took place during the AMREF congress on December 3rd. This engagement served as a pivotal component of CHEPs' advocacy program, showcasing our commitment to addressing environmental challenges and promoting sustainable practices in vulnerable areas like Chakama



KENYA ASSOCIATION OF MUSLIM MEDICAL PRACTITIONERS CONFERENCE – NOVEMBER 2023.

The Kenya Association of Muslim Medical Practitioners organized its 5th conference in November 2023, at the coastal city of Mombasa. Focusing on the theme “Transformation in Healthcare.” this event provided a unique platform for healthcare professionals to delve into innovative approaches, share insights, and explore advancements in the medical field. CHEPs CEO made a poster presentation ‘Challenges in Community Led Total Sanitation Project among Orma Community in Chakama location, Kilifi County’. There was opportunity to also engage in discussions on emerging technologies, patient-centered care, and the integration of Islamic principles into medical practices. Networking played a vital role, allowing participants to connect with like-minded professionals as seen on the above photo where the CEO met with renowned Professor of Obstetrics and Gynecology, Prof. Zahida Qureshi.



THE 5TH ANNUAL EDUCATION EVIDENCE FOR ACTION CONFERENCE

CHEPs volunteer Zainab Dorise, sponsored by CHEPs for Bachelors and Masters degree in Education, played a vital role as she represented CHEPs at the 5th Annual Education Evidence for Action conference in Homa Bay. This conference served as a significant platform bringing together key players in the education sector with the aim of generating evidence to shape informed policy and practices.

Zainab's noteworthy contribution came in the form of a paper presentation on the collaborative partnership within CHEPs education program in Chakama. The title of the paper was 'Fostering Educational Enhancement in Challenging Rural Contexts through Local Partnership'. By sharing insights and experiences from the Chakama program, Zainab effectively contributed to the broader dialogue on evidence-based strategies for improving education. The presentation served as an inspiration for attendees, emphasizing the impact that healthcare executives can have on educational initiatives through strategic partnerships and community.

ADVOCACY



JAMHURI DAY CELEBRATIONS – 12TH DECEMBER

CHEPs volunteer Joshua Chadi showcased exemplary community leadership by representing CHEPs during the Jamhuri Day celebrations led by the Deputy County Commissioner and other dignitaries in the area. In a moment that underscored community engagement, Chadi was granted the opportunity to address the audience.

During his speech, Chadi effectively highlighted the impactful projects initiated by CHEPs in the area, emphasizing the organization's commitment to community health and well-being. Furthermore, he seized the occasion to provide crucial insights to the community on staying safe during the then El Niño rains, demonstrating CHEPs' dedication to not only healthcare but also community safety and resilience.

Chadi's participation in the Jamhuri Day celebrations not only showcased CHEPs' active involvement in community affairs but also served as a platform to disseminate vital information for the well-being of the local residents. His engagement exemplified the collaborative spirit between CHEPs and the broader community, fostering a sense of shared responsibility for health and safety.



GLOBAL HANDWASHING DAY CELEBRATION – 15TH OCTOBER 2023

On the 15th of October 2023, CHEPs participated in the Global Handwashing Day celebration, held at Watala Primary School in Adu Ward. Representing our dedicated team was Project Officer Joseph Oloo, who played a pivotal role in raising awareness and promoting CHEP's Water, Sanitation, and Hygiene (WASH) programs. Joseph's presence and efforts during the event exemplified CHEP's commitment to improving community health and hygiene practices. With a passion for empowering communities, Joseph effectively engaged with attendees, to highlight the importance of proper handwashing and sanitation in preventing the spread of diseases and improving overall well-being. He showcased CHEP's ongoing initiatives to support communities in enhancing their WASH infrastructure and behaviors. Joseph's participation in the Global Handwashing Day celebration exemplified CHEP's unwavering dedication to promoting community health and environmental sustainability.

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